



More Than A Century of
Women Leaders

Cap and Gown News

Fall 2013

Spring Brunch



Winter Welcome



Graduation Tea

Tapping



From the Incoming President of the Alumnae Board



As I think back on my very first experiences with Cap and Gown, 11 years ago, I remember my initial amazement at how exquisite it all seemed. Every event drew fascinating speakers and appeared to run flawlessly, down to every last detail like the rose petals on the tables and the pins for each new member. I recall my surprise, at

those first few events, at how the Cap and Gown alumnae had gone out of their way to create something beautiful and thoughtful, just for my fellow inductees and me. This was an organization of accomplished women who I didn't even know yet, but who evidently cared deeply about *my* well-being and success. These women had extremely impressive backgrounds, yet were invested in changing the world for the better. These women joined Cap and Gown for life and continued to support it for decades on end. This organization was nearly 100 years old, had thousands of alumnae already, and even had its own logo. It was clear to me then that Cap and Gown women mean business; they are the Real Deal.

Today, I feel honored and humbled as I begin my first year as Cap and Gown Alumnae Board President. Building upon Cap and Gown's impressive legacy is no small responsibility, and one that I take very seriously. Like last year, we've outlined our plans for the year in terms of guiding principles and specific goals, with just a few small variations:

Guiding Principles

- We will focus on events/activities that are unique to Cap and Gown. We will focus on high quality events; less is more.
- We will focus on activities/events/communications that cross generations and create a sense of community.
- We will focus on reaching out to Cap and Gown alumnae globally.

Goals

- Strengthen our communication with alumnae and actives.
- Engage our remote alumnae: pilot a program with active Cap and Gown alumnae organizing one local event in the next year.
- Foster ongoing relationships with university officials to leverage university resources and increase recognition on campus.
- Continue to improve upon our 4 events -- Tapping Tea, Winter Welcome, Spring Brunch, Graduation Tea.
- Board development -- engage and develop our board members.
- Financial planning -- create systematic approach to gathering, analyzing and reporting information regarding dues, fundraising, and expenses.

This year, we are especially interested in engaging more of our long-distance alumnae who live in all corners of the globe and encouraging them to re-connect with Cap and Gown by organizing or attending local Cap and Gown events. If this might interest you, email me at capandgownpresident@gmail.com.

Finally -- I'm grateful that I am not embarking on this adventure alone. I have the good fortune of receiving wisdom and guidance from a number of inspiring women who have come before me. Michelle Galloway, Kathy Chou, and Ellen Petrill have been particularly encouraging and helpful, and a dozen more of you have already provided invaluable contributions that are helping us grow to be stronger and better than ever before. You are all my guideposts. Thank you.

With every event I attend and every project I work on, Cap and Gown women continue to amaze and inspire me. Here's to another next year of continuing to build upon our fantastic legacy and building an even greater organization for the generations of Stanford women to come.

Yours,
Samantha Quist, '03
capandgownpresident@gmail.com

From the Outgoing President of the Alumnae Board



As I complete my second and final year as President of the Stanford Cap and Gown Alumnae Board, I leave with only wonderful memories and a sense of accomplishment. When we started in the Fall of 2011, our focus was around bolstering our Stanford Cap and Gown Alumnae community and continuing to drive high quality events. We conducted a visioning session where we were able to refine

and update what makes Stanford Cap and Gown unique. We have strengthened our community and I am continually amazed at the passion and initiative our board members have for Cap and Gown.

I am excited to hand over the reins to Samantha Quist. She was instrumental in developing and executing our Communications strategy and is more than ready to step in and take Cap and Gown to the next level. I will remain on the Executive Committee to support Samantha in her new role!

Thanks again to all of you. You have made a difference in my life and I am forever grateful to have served as President from 2011-2013.

Best regards,
Kathy Chou '85, '86



Scholarship Recipients, 2013-2014

Rosamond Clarke Bacon Scholarship: For junior or senior women. Established 1993.

Recipient: Sheta Chatterjee, '14

Bettye Luhnow Bailey Scholarship: Established 2002.

Recipient: Krystal Le, '14

Krystal Le is a senior majoring in Product Design who hopes to use her design and engineering skills after college to transform everyday ordinary human experiences into extraordinary ones. She co-founded the Compass Fellowship Chapter at Stanford (a program that encourages 15 incoming students to start their own social ventures) and Power2ACT (a peer support program for students with disabilities). She was the recipient of a Haas Philanthropy Fellowship her sophomore year, and now is the Philanthropy Chair of AEPHI (her sorority).

Margaret C. Barr Scholarship: For women who participate in sports. Established 1985.

Recipients: Sarah Mace, '14; Aimee Trujillo, '15 (see page 17)

Sally Mace is a senior at Stanford University. She grew up in Newport Beach, California and attended Sage Hill School. Sally is a member of the Varsity Sailing Team at Stanford and is proud to represent the Cardinal on the water. She's studying International Relations and finishing a minor in Economics this year.

Cap and Gown Scholarship: For senior women. Established 1924

Recipients: Tracy Caroline Bank, '14; Samantha Carreon, '14; Jennifer Nguyen, '14

Tracy Caroline, originally from Philadelphia, is a senior majoring in East Asian Studies with a focus on contemporary Korean society. She will be starting medical school next fall. She started taking Korean in her freshman year and soon after, joined the Korean Students Association and SCOPE (Student Clinical Opportunities for Premedical Experience) a volunteering program in the Emergency Department at Santa Clara Valley Medical Center. Last summer, she participated in an internship at the Korea Institute for Health and Social Affairs, a health policy think tank in Seoul. She hopes to use her clinical experiences to investigate cultural differences in the doctor-patient interaction, combining her love of medicine with her love of languages and communication.

Samantha was born in Los Angeles but grew up in Palmdale, CA. She'll receive her Bachelor's degree in biomechanical engineering. This quarter, she was admitted into the Mechanical Engineering Coterminal program, and anticipates completing the Master's program by June 2015. While at Stanford, she's held four positions as a residential assistant: twice for high school students during the summer quarter and twice in an undergraduate dorm. In the future, she hopes to be involved in the medtech industry.

Jennifer is a senior majoring in Anthropology and minoring in Spanish. She hails from the tech-savvy city of Cupertino, CA and hopes to never leave this beautiful state. Some of her activities include staffing in Ujamaa, one of the ethnic theme dorms on campus, dancing on the step team, and going on foodie adventures.

Cap and Gown Centennial Scholarship: Established 2005

Recipient: Moya Mapps, '14

Moya is from Eugene, Oregon, and is majoring in Philosophy; She's especially interested in Ethics and Political Theory.

The Sandra Day O'Connor Scholarship Fund: For women from towns of less than 25,000 who "exhibit a sense of respect for, and love of, the land" and "who would bring diversity to the student body because of their race, religion, home town, aspirations, physical limitations, and outlooks." Established 1989.

Recipient: Amy Harris, '14

Amy Harris is a senior from Alliance, Nebraska studying International Relations and Education. During her time at Stanford, Amy has assumed leadership roles in student government, the Catholic Community at Stanford, and Stanford Circle K. She has also been active in the performing arts community, developing her dance skills through Stanford courses and the Chocolate Heads performance group. Last year, Amy's love of traveling and learning from different cultures propelled her to embark on a globetrotting journey during which she lived, studied, and volunteered in El Salvador, South Africa, and France. She is currently serving as a Resident Assistant in Larkin House, one of the Stanford freshmen residences. After graduating from Stanford in June, Amy plans to join the Jesuit Volunteer Corps for a year before pursuing a master's degree in Education.



From the Incoming Actives President

First I would like to congratulate the new Cap and Gown members! I had a great time celebrating with you at Tapping Tea and am looking forward to serving as your President and getting to know you better throughout the 2013-2014 school year. I am thrilled to have such a talented new group of actives who truly embody Cap and Gown's highest standards of academics, community service, and leadership.

Vice President of Mentorship, Andrea Hinton, Vice President of Finance, Veronica Polin, and I are excited to serve as this year's Cap and Gown Actives Executive Board! Our goals for the year are to continue to strengthen the Cap and Gown community on campus through expanding the Cap and Gown mentorship program within the actives group, amplifying the group's social media presence, and organizing both formal and informal events on campus.

I am looking forward to working with the Alumnae Board to make the 2013-2014 school year a fantastic experience for Cap and Gown! If you have any suggestions or questions, I can be reached via email at srglass@stanford.edu.

Best,
Stephanie Glass



From the Outgoing Actives President



It was an honor to serve as the Cap and Gown Actives President this past year. Looking back, I am thrilled that we were able to organize so many formal programs and events, including the Student Activities Fair, Tapping Tea, the Cap and Gown Mentorship Program, Winter Welcome, and Spring Brunch. Additionally, I enjoyed getting to know the Cap and Gown members through informal events we organized, such as the Fraiche Social. I know that the cross-generational and cross-cultural bonds that were formed throughout my Cap and Gown experience will continue to grow throughout my life.

In conclusion, I would like to extend my sincere thanks to everyone who helped make Cap and Gown such a fabulous experience for me this past year! First, I would like to thank Hannah Belitz and Jacquelyn Wong who tirelessly worked to revitalize the Cap and Gown application process and to make all of Cap and Gown's events possible this past year. Second, I would like to thank the Alumnae Board, which provided fantastic guidance throughout the entire year. Third, I would like to thank the Cap and Gown honorary members for participating in our events this year and passing on excellent advice to all of the Cap and Gown members. Finally, I would like to thank all of the active members of Cap and Gown and my graduating Cap and Gown class for being so inspirational. This past year was an amazing experience and I look forward to continuing to actively participate in Cap and Gown as a member of the Alumni Board!

Best,
Kristen Glass



Tapping: November 2013

Cap and Gown welcomes the following new members who were tapped in November, 2013

Class of 2014

Willa Brock
Chloe Edmondson
Alison Fauci
Sarah Hess
Patricia Ho
Anusha Kumar
Krystal Le
Aubrie Lee
Mary Ellen Luck
Monica Masiello
Devanshi Patel
Melanie Polin
Elle Stuart
Janelle Teng
Emily Tian

Class of 2015

Alisha Adam
Sarah Beller
Josephine Chen
Victoria Kalumbi
Jessica Lam
Megan Lu
Kelley Luyken
Lauren Miller
Alexandra Mullin
Stephanie Nevel
Michelle Okereke
Julia Purcell
Tatiana Rosenblatt

Laurie Rumker
Charlotte Sagan
Charlotte Schaffer
Garima Sharma
Lily Steyer
Jacqueline Tao
Aimee Trujillo
Stephanie Tsai
Adrienne von Schulthess
Eleanor Walker
Rachel Waltman
Rebeca Yanes

Returning Actives

Julia Barrero
Sirada Chayabunjonglerd
Valeria Fedyk
Maily Fidler
Stephanie Glass
Molly Hayes
Andrea Hinton
Jessica Holtzman
Ellora Israni
Madeleine McCartney
Veronica Polin
Janani Ramachandran
Kylie Rosenstock
Helena Scutt
Kira Seiger
Mary Ann Toman-Miller
Tara Trujillo
Isabella Uria
Stephanie Young
Laura Yuen

Congratulations!



Cap and Gown Actives Board 2013-2014

President, Stephanie Glass
Vice President of Mentorship, Andrea Hinton
Vice President of Finance, Veronica Polin

The Actives Board serves as the liaison between the Actives and the Alumnae Board. In addition to selecting each year's incoming Actives class, the Actives Board helps organize and host events and activities of interest and relevant to Actives.



Stephanie



Andrea



Veronica



Cap and Gown New Inductees, November 2013

Tapping Tea was wonderful! Many thanks to all those who worked hard to make the evening so delightful and welcoming! The room was beautifully decorated and there was plenty of food and drink for all!

We have 40 new Actives with diverse backgrounds who are extremely accomplished. Well done in the selection! A skit highlighting the creation of Cap and Gown in 1905 was especially entertaining and informative, and an updated history of Cap and Gown was a special treat. As well several local alumnae were present at Tresidder for the “tapping.”

Congratulations to everyone on this special event!





Photos from the tapping ceremony, November 2013





Meet the New Actives

Willa Brock • Class of 2014 • Majors: Art History, Archaeology



I have focused my studies on material culture, concentrating on Renaissance and classical art, and I am interested in museum work after graduation. I have participated in archaeological digs in England and Jordan, as well as completed several museum education internships. I started working at The Stanford Daily the first week of my freshman year and have held various leadership roles since then, managing the copy editing and Arts & Life sections as well as heading the staff development program for a volume. I am also currently a student curator with the Your Art Here program, which allows undergraduates to plan exhibitions of student artwork in campus gallery spaces.

Chloe Edmondson • Class of 2014 • Major: French Literature; Master's in Communication

I am a senior at Stanford pursuing a Bachelor's with Honors in French Literature and a Master's in Communication. My all-girls' school education instilled in me a passion for women's issues and the importance of a strong network amongst women who seek to make a difference. My research interests have allowed me to pursue research for my two theses on eighteenth century French women writers, and gendered practices of photography. I have also taken on leadership roles as former Director of Development of FACE AIDS, peer advisor to the French department, founding member of Alpha Phi and a facilitator of our annual philanthropy event for women's heart health, and research assistant for the digital humanities project "Mapping the Republic of Letters."



Alison Fauci • Class of 2014 • Major: Computer Science



Outside of classes, I am a team captain and four-year member of the varsity women's rowing team and the financial manager in Phi Sig House. I have been on house staff for two years, as both resident computer consultant and later financial manager at Roth House in the 2012-2013. Previous leadership positions include member of Junior Class Cabinet, and Student Athlete Welfare Co-chair for the Cardinal Council SAAC Executive Committee in the athletic department. Additionally, I have been a section leader for CS106A and done research with Professor Steve Cooper in teaching secure coding in introductory computer science classes. I'm originally from Washington, D.C., where I lived with my parents and two older sisters.

Sarah Hess • Class of 2014 • Major: Political Science

I'm a senior majoring in Political Science, having transferred from Duke University in September 2012. Politics and public policy are my passions--my past internships include the Office of U.S. Senator Dianne Feinstein, the Office of U.S. Congresswoman Anna Eshoo, the U.S. State Department, Apple Government Affairs, and the U.S. Department of Commerce. I recently completed an Overseas Study Program in Beijing, China, where I gained a first-hand look at a key player in international politics and policy. I am also an active participant in community service. At Duke University, I was the president of Duke PAWS (Promoting Animal Welfare through Service), a student volunteer organization. I have also volunteered for Habitat for Humanity, Pound Puppy Rescue, the Durham Animal Shelter, and United Way of South Mississippi.





Patricia Ho • Class of 2014 • Major: Political Science; Minor: Economics



I am currently writing my senior Honors thesis on the relationship between media and public opinion on climate change. As Vice President of Stanford Women in Business, I was responsible for the planning and management of a full-day conference featuring 25 inspiring business leaders from industries ranging from tech entrepreneurship to retail. I am currently the Associate Director of DreamCatchers, a youth education and health non-profit, in which I am overseeing the development of our fundraising campaign. As a Bay Area native, I have also gained experiences in the intersection of business and technology with internships in marketing and business development at several tech startups, and most recently at Google.

Anusha Kumar • Class of 2014 • Major: Biology; Minor: Philosophy

Since my freshman year, I have been a researcher in the Fernald Lab, investigating the neurobiology of social behaviors. Currently, I am also a Hume Center Writing Tutor. I have integrated aspects of both the above roles — critical thinking and skillful communication — into my position as Health Education Chair at Pacific Free Clinic. As chair, I lead and participate in a team of patient counselors. Together, we strive to provide personalized, lifestyle-directed health management advice. In my free time, I practice Bharatanatyam, a form of classical Indian dance. My 15+ years of training in Bharatanatyam guided me during my tenure as captain of Dil Se, Stanford's nationally competitive Bollywood dance team.



Krystal Le • Class of 2014 • Major: Engineering (Product Design)



I fell in love with the concept of human-centered design when I realized its potential to spark innovation, inspire creativity in others, and, most importantly, transform everyday ordinary human experiences into extraordinary ones. My passion for social entrepreneurship and philanthropy is reflected through my Stanford career, during which I co-founded the Compass Fellowship Chapter at Stanford (a program that encourages 15 incoming students to start their own social ventures) and Power2ACT (a peer support program for students with disabilities). I was also the recipient of a Haas Philanthropy Fellowship my sophomore year, and am now the Philanthropy Chair of Alpha Epsilon Phi. While I have many aspirations in life, my biggest one is simple: to be a person who tries hard, cares a lot, never gives up, and never stops loving.

Aubrie Lee • Class of 2014 • Major: Engineering (Product Design)

I'm a pre-med Product Design major; The pre-med is for the future, and the Product Design is for the fun. As president of Power to ACT: Abilities Coming Together, I've worked to provide a safe space for students with disabilities and their allies. I'm also co-president of the ASSU Community Action Board, as part of my effort to improve and institutionalize support for diversity at Stanford. Outside of Stanford, I've done a product marketing internship at Google [x]. I enjoy learning about the universe on levels both infinite and infinitesimal, but my passion lies in creating. While I've been called an engineer, I see myself as an artist. I love to apply my designer's eye and my poet's ear.





Mary Ellen Luck • Class of 2014 • Major: Human Biology; Minor: History



I am a Human Biology major at Stanford with a concentration in Disease Mechanisms and Prevention. This summer I completed an internship with Stanford GOALS (a division of the Stanford Medical School's Research Prevention Center) working on a research project focused on decreasing the prevalence of childhood obesity in low-income households. I also recently declared a minor in History, with a focus in European history before 1700. I am a captain of the varsity volleyball team at Stanford and have also served as a team representative for Cardinal Council and tutored with East Palo Alto Tennis and Tutoring.

Monica Masiello • Class of 2014 • Majors: English, American Studies

I am a senior double majoring in English with a creative writing focus, and in American studies, in which I am currently working on an honors thesis on portrayals of the immigrant experience in contemporary fiction. In my sorority, Alpha Epsilon Phi, I have served as historian, public relations chair, alumnae relations chair, programming chair, and most recently, Vice President of Programming, organizing and managing most chapter events. I also serve on the Program of Writing and Rhetoric (PWR) Undergraduate Advisory Board, in which I discuss and work on implementing programs to help students succeed in writing and speaking, as well as generally reforming the PWR program to fit students' diverse needs.



Devanshi Patel • Class of 2014 • Major: International Relations;
Minor: Comparative Studies in Race and Ethnicity



My studies focus on the intersection of caste and gender rights in South Asia. I am also an Honors Candidate through the Center for Democracy, Development, and the Rule of Law, writing an Honors thesis on the reporting and prosecution of sexual assault in the United States military. Last year, I interned at the State Department, in the Office of Secretary of State Hillary Clinton, working on leveraging technology in U.S. diplomacy. I am involved in education reform advocacy and regularly speak at schools on promoting young women's leadership. I was featured in the 2011 documentary film *Miss Representation* and have spoken at TEDx in San Francisco.

Melanie Polin • Class of 2014 • Major: Biology

My time at Stanford has reflected my desire and leadership in serving the community through health. Working with Lucile Packard Children's Hospital, I helped make medical information more accessible to families through a new electronic system. I co-founded of Diabetes and Sports Health, Inc., a non-profit that organizes sports camps to teach children with type-1 diabetes how to live normal and active lives. I am a Bridge-to-Care Coordinator at Arbor Free Clinic, connecting underprivileged and uninsured members of the community to long-term care. In the Sweet-Cordero pediatric cancer laboratory, I have headed research and a publication on a potential genetic therapy for lung cancer. Finally, I serve on the leadership committee for Reformed University Fellowship (RUF), a Christian student group dedicated to serving our Stanford community and beyond.





Elle Stuart • Class of 2014 • Major: History



During sophomore year, I became involved with a nascent foreign policy group that originally had four members. The next year, I became co-president and worked to grow our core to fifteen members. These fifteen members and I worked on bringing different foreign policy speakers to campus, stirring debate in our weekly meetings, and incorporating ideas brought up in our classes with our understanding of world politics. Being in the leadership of this organization then led me to apply to the honors thesis program at the Center for International Security and Cooperation. My thesis focuses on the world of Arctic security, a typically male-dominated field. In the future, I hope to have a career in national security law, ideally working for either the Pentagon or the DOD.

Janelle Teng • Class of 2014 • Major: Human Biology

Moving alone across the world from Singapore to the US to pursue my college education, I have found the international student body at Stanford to be an integral part of my identity, as the community has truly been a home away from home for me. It was thus a great privilege to serve as President of the International Undergraduate Community, as this role afforded me a valuable opportunity to enhance the welfare of my fellow internationals and ensure that Stanford remained a vibrant community for international students to attain personal development, academic growth and happiness. As President, I spearheaded new social initiatives to foster cross-community solidarity and also worked closely with the school administration and other student bodies to increase financial aid for international students.



Emily Tian • Class of 2014 • Major: Economics;
Master's in Management Science and Engineering



Sophomore College not only inspired my academic and career interests but also propelled my leadership experiences at Stanford. Professor John Shoven's seminar, "A Random Walk Down Wall Street," introduced me to a plethora of financial market terminology and investment strategies that, together, weaved a new language for me. Filled with a deeper understanding of the 2008 Great Recession, Social Security, and other current events, I was curious for more. On campus, I joined Stanford Women in Business and organized a 10-week virtual stock exchange competition to encourage awareness of managing personal finance. I also joined Stanford Finance and Stanford Pre-Business Association as the alumni relations coordinator to encourage more dialogue on financial education among students and graduates. The following year,

I was fortunate to serve as a teaching assistant in the Economics Department, particularly for Professor Shoven's Sophomore College, "Economic Policies of the 2012 Presidential Candidates," in which we had the opportunity to travel to Washington, D.C. to meet policymakers and regulators. Though I plan to work in the private sector after graduation, I hope to ultimately work for the government in either monetary or fiscal policy.





Alisha Adam • Class of 2015 • Major: International Relations; Minor: Computer Science



I am a junior majoring in international relations – specialization in world economy – and minoring in computer science. I hope to use this background to pursue my passion in the increasingly globalized, technological world of business. I am currently the President of Stanford Coaching Corps, an organization that empowers college students to coach youth sports teams in low-income communities. I also run a national mentorship program that connects high-achieving high school students with graduates of top U.S. universities. As Project Director for Stanford Consulting, I lead a team of students in solving business problems for two Fortune 500 companies. Finally, I am a captain of the Women’s Club Basketball Team, President of the Ismaili Students Association, and section leader in the Stanford Computer Science department.

Sarah Beller • Class of 2015 • Major: Classics; Minor: Computer Science

I grew up in London and moved to San Francisco at age sixteen. This year I am Co-Director of Stanford’s chapter of Challah for Hunger. Our organization works to build community by baking bread and working on social justice issues. I am also a SLE writing tutor, and I play tenor saxophone in the Leland Stanford Junior University Marching Band. When I’m not making collages, coding, or baking, I love trying cooking experiments while watching the West Wing and doing the New York Times crossword. My ultimate goal is to be White House Chief of Staff, but in the meantime I plan on joining the Foreign Service or becoming a high school teacher.



Josephine Chen • Class of 2015 • Major: Biomedical Computation



I am studying a combination of biology and computer science in hopes of applying innovations in both technology and health to solve global issues. While at Stanford, I have had the amazing opportunity to be involved in a variety of different activities, including being an officer of Stanford’s Society of Women Engineers and managing the ophthalmology clinic at Pacific Free Clinic. In addition to my interest in medtech innovation, I am passionate about social entrepreneurship. I am currently involved in several social-e projects on campus, from helping to launch Stanford Tech4Good and the Commonwealth Challenge to leading a Haas Center public service trip on social innovation in the Bay Area.

Victoria Kalumbi • Class of 2015 • Major: Human Biology

From pre-med to pre-business, I have gone through many academic plans in my time at Stanford. I will be majoring in Human Biology and focusing on child and adolescent development. As a research assistant in the Graduate School of Education and a classroom aide at Bing Nursery School, I have gained tremendous knowledge of education and social development across different contexts. Outside the classroom, I have seen how a school can be a foundation for academic and personal growth. My experiences as a Panelist for the Office of Community Standards, Associate Director for the Stanford Undergraduate Psychology Conference, and a member of Nominations Commission, selecting people to work on various university committees, have showed me the power education can have in shaping and fostering development and identity.





Jessica Lam • Class of 2015 • Major: Bioengineering



I am currently conducting research in the Fan Yang Stem Cell and Biomaterials Engineering Laboratory, where I am studying chondrogenesis of adipose-derived stem cells using a micro-ribbon scaffold. I am the Vice President of the Society of Asian Scientists and Engineers (SASE), a new organization on campus that prepares STEM students of Asian heritage for the workforce. I am also one of the Opportunity Job Fair Representatives for the Society of Women Engineers (SWE), through which I work with other Diversity Societies to put on OJF in January. Lastly, I am a member of Alpha Phi Omega, the national co-ed service fraternity.

Megan Lu • Class of 2015 • Major: Economics

I live in Roble as an RA and financial officer, where I take care of seventeen freshmen, seven upperclassmen, and a house budget of \$60,000. I also belong to two co-ed fraternities: Alpha Delta Phi, a literary society (last week I was named a national winner of the Alpha Delta Phi annual competition in both photography and poetry), and Alpha Phi Omega, the national service fraternity. As a freshman I participated in the Haas Center's Service Leadership Retreat. Since then I've also been a board member of Kids with Dreams, the only Haas-affiliated group serving special needs children. This is my third year spending my Saturdays volunteering as a figure skating instructor for special needs kids in at a rink Redwood City. In addition to volunteer, dorm, and social commitments, I also hold three part-time jobs (four including being an RA) and am committed to learning self-reliance.



Kelley Luyken • Class of 2015 • Majors: Management Science & Engineering,
German Studies



I am double majoring in Management Science & Engineering and German Studies. I chose this combination because I hope to harness qualitative and quantitative analytical skills to pursue social enterprise in Germany. I strive to have a positive social impact by leading Stanford's human rights journal, Six Degrees, as President and co-Editor-in-Chief. In addition, I write Stanford's responsible investment policy as Research Analyst at the Stanford Management Company. Most recently I wrote Stanford's Sudan divestment policy. In more direct pursuit of my career goals in social enterprise, I am currently serving as officer of the BASES social entrepreneurship challenge, which includes organizing a series of workshops to aid students in creating sustainable business models.

Lauren Miller • Class of 2015 • Majors: History, Political Science

I first became involved with leadership at Stanford by joining the Executive Board of the Pre-Law Society. As the board's only freshman, I established a social media presence for the group's hundreds of members – a responsibility I still hold today. I then successfully campaigned for a position as an ASSU Senator after participating in the ASSU Leadership Development program my freshman year. As a senator, I upheld the university's governing documents as Chair of the Administration & Rules Committee. I am pursuing my interest in political science with the White House's Public Service Leadership Internship Program this fall, and I plan to continue my academic interest in the law by completing a thesis on income inequality in the U.S. county court system.





**Alexandra Mullin • Class of 2015 • Major: Human Biology;
Minors: International Relations and East Asian Studies**



Born in Canada and raised in Dallas within a multicultural community, I am deeply concerned with issues of human health and well-being on a worldwide scale, along with global cultural interactions and social developments. As a result, I am pursuing a B.A. in Human Biology with minors in International Relations and East Asian Studies. My dedication to social justice has led to participation in Girl Scouts of America, National Honor Society, and Alpha Phi Omega, a national co-ed service fraternity. Additionally, I served on the student leadership team for my high school band and as a Pledge Educator for APhiO. I hope to further develop leadership skills and positively impact my surrounding community alongside inspiring women as a dedicated member of Cap and Gown.

Stephanie Nevel • Class of 2015 • Majors: International Relations, Spanish Language

I am an International Relations major with a concentration in World Economy. This past summer I worked for a global consulting firm in Tel Aviv, and thanks to an award from Stanford's Taube Center, I conducted a research project on Israel's policies regarding African refugees. This year, I am studying in both Barcelona and Madrid and hope to learn about migration patterns here as well. Back on campus, I am an active member of Stanford Women in Business's Leadership Team and led the planning of our conference for high school women last year. I have also enjoyed being involved with Project Motivation, the Stanford Association for International Development, and Branner Public Service Scholars, and was a founding member of Stanford's Cuban American Student Association.



**Michelle Okereke • Class of 2015 • Major: Mathematical and Computational Science
Minors: Film Studies, Psychology**



On campus, I have held positions in a wide range of organizations: Executive Director of the 2013 Stanford Undergraduate Psychology Conference (SUPC), Public Relations Chair of Stanford NAACP, Financial Officer of Stanford's Black Psychology Student Association, and Research Assistant in the Mind, Culture, and Society Lab. Currently, I serve as Vice President for FLICKS, Entertainment Groups Liaison for Stanford Students in Entertainment (SSIE), and as a Campus Ambassador for NBCUniversal's internship program — where I worked this past summer. I plan to use these diverse experiences to pursue a career on the business side of the film industry.

Julia Purcell • Class of 2015 • Major: History; Minor: Economics

I intend to complete an honors thesis in feminist studies and currently am a member of Stanford Women's Coalition and a consultant for Stanford Healthcare Consulting Group. I have also been leading my own research project about voting behavior of elected officials with guidance from Professor Jon Krosnick for the past year with an expected publication of my results in the coming months. Last year I was nominated for the Lunsford award that recognizes excellence in multimedia research presentations. I will be a course assistant for the seminar "Deviance in Literature," in Winter 2014, working with current freshmen to improve their writing. In the future, I am interested in pursuing business or law.





Tatiana Rosenblatt • Class of 2015 • Major: Human Biology
 Minor: Modern Languages and Literatures



I am a premed junior in Human Biology with a concentration in child and adolescent development. I am minoring in Modern Languages/Literatures and am fluent in Russian, French, and Spanish. I have pioneered my own research project in the Hanawalt Lab, studying effects of DNA damage on DNA repair and the implications for cancer/genetic diseases. I am committed to serving our community, through volunteering at the Arbor Free Medical Clinic and serving as peer counselor at The Bridge. I teach nutrition at an East Palo Alto school and am an active leader in Pi Beta Phi, serving as Policy Board Chair, New Member Coordinator, and VP of Event Planning. After graduation, I plan on pursuing a career in medicine, continuing to serve others through health care.

Laurie Rumker • Class of 2015 • Major: Human Biology; Minor: Computer Science

My passion for science led to nine years of independent research projects, culminating in my current work on stability and recovery dynamics in the human gut microbiome. I was an editor for the Stanford Undergraduate Research Journal for two years and am now one of the publication's two Editors-In-Chief. Beyond the realm of academia, I am a Resident Assistant in Burbank, I am a member of and Teaching Assistant for the University Singers chorus, and I have played on the Stanford Women's Club Lacrosse team for two years. I have been supporting victims of the conflict in Congo for seven years through leadership teams for Run for Congo Women and Friends of Minzoto School.



Charlotte Sagan • Class of 2015 • Major: Human Biology



I am a human biology major with a concentration in global health, policy and development. I am fascinated by the factors that affect human health around the globe, including human rights, civilian security, medical environments, and gender roles. I am part of a Stanford student research group called Health Beyond Barriers; this summer we conducted research on maternal health in Uganda. I am also the Director of Community Service for Alpha Phi. I play center midfield for the Stanford Women's Club Soccer team, which I also captained last year. And most of all, I am a learning enthusiast; I am grateful to be at Stanford where I am constantly exposed to new ideas and surrounded by passionate people.

Charlotte Schaffer • Class of 2015 • Major: Economics; Minor: Spanish

I am currently pursuing a B.A. degree in Economics as well as a minor in Spanish. My interest in Economics originated from a Sophomore College class I took titled "The Economic Policies of the Presidential Candidates," which opened my eyes to the enormous role economics plays in politics and decisions around the world. On campus, I currently serve as the Vice President of Business Development for Stanford Women in Business, an organization I have been involved in since freshman year. I also have served as the Vice President of Risk Management for Alpha Phi, the Historian Officer of Freshman Council, a Head House Host for Admit Weekend, and an associate of Stanford's 85 Broads chapter.





Garima Sharma • Class of 2015 • Major: Economics



As a native of New Delhi, India, I care deeply about women's role in policy, governance, and community empowerment in developing contexts. I currently serve as President of the Stanford Women's Coalition and as Executive Vice President of Seneca International's National Board (striving to push women's rights to the forefront of the international agenda.) In the past, I have served as Co-Chair of the 2013 Stanford Women's Leadership Conference and organized Stanford's first Speaker Series on Violence Against Women. I spent last summer working in Bihar, India, to develop a community-wide anti-trafficking strategy with girls and women of a trafficking-prone tribe. At Stanford, I have served as Deputy Chair of the ASSU Senate, where I reviewed and recommended changes to the Dean's Alternate Review Process. I continue to represent students' interests and opinions as a representative to the Stanford Board of Trustees and on the Haas Center's National Advisory Board.

Lily Steyer • Class of 2015 • Major: Human Biology

Born and raised in San Francisco, I became passionate about global poverty after working in a free clinic as an HIV/AIDS counselor throughout high school. As an undergraduate at Stanford, I am majoring in Human Biology with a concentration in "design for global health and equality," applying aspects of design thinking to solve some of the world's most pervasive inequities. I am the co-leader of Seneca International, a student group that organizes campaigns around international women's rights. I love to travel and have spent my past two summers in Uganda, Guatemala, and the Caribbean, working for public health and education NGOs.



Jacqueline Tao • Class of 2015 • Major: Bioengineering



I chose the discipline of bioengineering because I was particularly interested in the department's focus on both continuing to make discoveries in the field as well as tackling the many issues that demand their application. I got involved in research in protein engineering, and am currently working on a new project in tissue engineering. When I came to Stanford I was interested in continuing my leadership in the areas of education and public service, so I served as Outreach Director and Fellow with DreamCatchers, an organization that provides tutoring and mentorship to underserved students. I was also the middle school outreach director for SWE, and hosted engineering workshops for young girls in order to expose them to engineering and encourage them to pursue it.





Aimee Trujillo • Class of 2015 • Major: Political Science; Minor: Spanish

I discovered my passion for politics during my sophomore year. My multiracial Latina and White background has inspired my current research in multiracial politics and my hopes for a career in minority rights legislation or academia. Along with a major in Political Science with Honors, I am pursuing a minor in Spanish to better qualify me to work in Latino politics, specifically. Currently, I am on staff in a freshman dorm (Larkin Love!) as a Resident Writing Tutor, hoping to instill the class of 2017 with an appreciation and respect for the Humanities and Social Sciences here at Stanford. I am also a proud member of the Stanford Cross Country and Track and Field teams.



Stephanie Tsai • Class of 2015 • Majors: Mathematical and Computational Science, Music



I am a junior double-majoring in Mathematical and Computational Science and Music. I am the historian of Alpha Phi Omega, a co-ed national service fraternity. I am also involved in several musical groups; I am the principal cellist of the Stanford Philharmonia Orchestra and play in two piano trios. In high school, I started the after-school program Gunn Music @ Costaño. The program brings together Gunn High School music students with students at Costaño Elementary School in East Palo Alto and provides the Costaño students with private music lessons given by the high school students. I have a strong passion for both music and service, and hope to become even more involved with both in the future.

Adrienne von Schulthess • Class of 2015 • Major: Political Science

This past month I have written press releases for the White House and stood on the South Lawn with President Obama. I know that I would never be here in Washington, D.C., much less at Stanford, without the inspiration that Mayor Newsom provided when he let my moms along with other same-sex couples get married. Ever since the day I watched my family be recognized as equal I have known that I want to participate in government. I have worked on same-sex rights over the last eight years through journalism, activism and speeches. More broadly I am majoring in political science and have written for the *Stanford Daily* on issues such as the Iraq War. As Campus Awareness Director for Stanford in Government I planned events such as documentary screenings, campus-wide showings of the presidential debates, and weekly lunches between professors and students.





Eleanor Walker • Class of 2015 • Majors: Classics, Linguistics



My studies at Stanford revolve around gender relations in both the Classical World and today. I enjoy reading the Ancient Greek playwrights in their original, and believe we can learn much from the questions they posed about the relationship between state, family, and social order. Through my linguistic coursework I also study our modern discourse around gender, and the way contemporary societies think and talk about gender relations. Both these fields lay the theoretical foundation for what I hope will be a successful career advocating for social change and social justice through the law. Outside of gender, my current interests revolve around the state of our criminal justice, sentencing, and prison systems, and particularly on the question of the legality and humanity of solitary confinement.

Rachel Waltman • Class of 2015 • Majors: History, Spanish; Minor: Portuguese

While at Stanford, I have enjoyed participating in a variety of service and leadership activities. Since freshman year, I have been actively involved in the Stanford chapter of Challah for Hunger, an organization that raises money and awareness for social justice causes through the production and sale of challah bread. Last year, I was the organization's Financial Manager, and this year, I am the Volunteer Coordinator. As a Stanford Nonprofit Board Fellow, I also have served on the board of Sunday Friends, a local nonprofit that empowers families in need to break the cycle of poverty. Currently, I am the Student Representative to the Bing Overseas Studies Program Faculty Oversight Committee and also was appointed to serve as a Judicial Counselor and Panelist for the Stanford Judicial Panel Pool.



Rebecca Yanes • Class of 2015 • Major: Mathematical and Computational Science



I live my life by two mantras: to fill my time doing something I am passionate about and to be a leader in it. Majoring in Mathematical and Computational Science, I partly devote my time to my studies. The rest of my time is dedicated to aspects of campus I love, the Hispanic community and dorm life. I was Frosh Liaison for El Centro Chicano and Program Coordinator as a sophomore. Additionally, I was Community Coordinator for the Chicano/Latino Orientation Committee during NSO 2012. Currently, I am the undergraduate representative for Guiding Concilio, Centro's advisory board. Last year I helped create Stanford's Venezuelan Student Association and am currently its Vice President. Finally, I was Head House Host for Soto and am now Larkin's Resident Tutor.

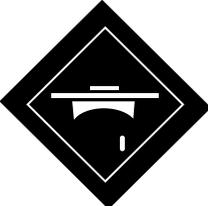


Congratulations!



 Cap and Gown Scholarships Approximate value as of September 30, 2013		
	Market Value	Book Value
Rosamond Clarke Bacon	\$445,097	\$258,979
Bettye Luhn Bailey	\$508,036	\$393,992
Margaret C. Barr	\$886,502	\$188,609
Cap and Gown	\$2,089,722	\$728,064
Cap and Gown Centennial	\$575,970	\$449,839
Sandra Day O'Connor	\$614,836	\$232,996

All recipients of the Cap and Gown Scholarships share one common trait — an excellent academic record in keeping with Cap and Gown’s purposes. However, the descriptions on page 3 show that this year’s recipients also represent Stanford’s women by not being alike in almost every other way, as evidenced by their diversity of backgrounds and their widely varied goals for the future. Cap and Gown scholarship funds help these students to take full advantage of the wide range of opportunities at Stanford . . . Thank you for helping today’s students become tomorrow’s leaders.



.....

Support Cap and Gown Scholarships-

Thank you all for your continued and generous support of Stanford Cap and Gown, our active leaders on campus, and the young women we support through our scholarship fund. As the oldest continuous student group at Stanford, it means so much to our actives and scholarship awardees to know that those coming before still care and invest in their futures.

We rely on your gifts to the Cap and Gown Scholarships – now you can contribute through our new online payment system! Please visit <http://capandgown.stanford.edu> and click on the “Donate” tab at the top. Under this same tab you can also contribute your “dues.” (See article on page 30 and mail-in form on page 31.)

Of course, you can still mail a check (attaching the donor form in this newsletter) to us at P.O. Box 19005, Stanford, CA 94309.

We are grateful for your stewardship and commitment to Stanford Cap and Gown. We look forward to hearing from you – both through direct correspondence and depositing your checks!

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Cap and Gown Spring Leadership Brunch 2013

American Media's Influence on Women and American Culture

Our spring event returned this year as a brunch featuring Jennifer Siebel Newsom as the keynote speaker and an all-star panel of two Stanford faculty members and two media professionals. Held on May 4 at the Stanford Faculty Club, the event focused on the under-representation of women in the media and positions of power.

Jennifer Siebel Newsom delivered a thought-provoking presentation on the influence of the American media on women and American culture. She spoke candidly about the different experiences that her son and daughter have had. While her daughter has received several invitations to her friends' birthday parties where all of the girls wear tiaras, her son received a letter from the White House when he was born and a T-shirt with "Future President" on it. Jennifer stressed that gender parity is not about the achievements of individuals, but rather the experiences of the broader population. She concluded by encouraging all of us to demand a culture that does not bifurcate personal values from the business imperatives to drive revenue, that pursues true equality in wages and representation, and that embraces diversity, which yields innovations that fuels the economy.



Her thoughtful words were followed by a panel with Dr. Andrea Rees Davies, Kate Kelly, Beth Ashley, and Dr. Christine Min Wotipka (see short biographies on page 21). Dr. Davies spoke about the work of the Clayman Institute to educate girls and teach them in eighth grade how to negotiate for themselves. Kate Kelly, reporter with CBS 5, spoke about the shift over time toward interviewing women, but also needing more women behind the scenes in the newsroom to shape the stories that are told in the news. Beth Ashley spoke about her experience as one of the few female journalists in the 1950s and described a culture where women hid behind the names of their husbands. Dr. Wotipka spoke of her research on the achievements on women in science and shared that a long science tradition is actually inversely correlated with the number of women in a country who pursue science. She concluded, "When given opportunities, say yes." This is exactly what she did when she accepted the position of Interim Director of the Program in Feminist Studies and recently became the permanent Director.

The Spring Brunch concluded with an old-fashioned tapping ceremony to welcome our newest Honorary members to Cap and Gown. Narrated by Alumnae Board Vice President Michelle Galloway, the ceremony included the Actives Board officers—Kristen Glass, Hannah Belitz and Jacquelyn Wong—donning gowns and meandering through the dining room before coming to a stop behind the panel still at the front of the room.

While membership in Cap and Gown is awarded only to Stanford undergraduate women through leadership, community service, and academic achievement, Honorary membership can be conferred upon women faculty, faculty wives, and women actively involved in the Stanford community making valuable contributions to our organization. Our Active members choose honorary Cap and Gown members.

Two of our panelists, Beth Ashley, '47, and Kate Kelly, '79, were tapped while they were students at Stanford. We were delighted to initiate keynote speaker, Jennifer Siebel Newsom, as well as our two other panelists, Dr. Andrea Davies and Dr. Christine Min Wotipka as honorary members.

Thank you to Kathryn Kilner, Shari Kuchenbecker, Susan Phillips and Carmen Sebro for chairing this event.





Spring Leadership Brunch 2013

Jennifer Siebel Newsom, an honors alumna of both Stanford University and Stanford Graduate School of Business, is the writer, director and producer of the documentary *Miss Representation* as well as the founder and CEO of the non-profit social action organization *MissRepresentation.org*.

Andrea Davies holds a Ph.D. in History and M.A. in Religious Studies from Stanford and a B.A. in Women's Studies and Comparative Religion from Harvard. She is currently serving as the Director of Research and Programs for the Clayman Institute for Gender Research at Stanford.

Christine Min Wotipka is the Director of Stanford's Program in Feminist Studies as well as an Associate Professor of Education and Sociology. Professor Wotipka earned her graduate degrees from Stanford – a PhD in International Comparative Education and a master's in Sociology. Her research interests include gender and higher education, and globalization and citizenship education.

Kate Kelly is a featured reporter on CBS 5. After graduating from Stanford in 1979, she became a reporter with KPIX and has held a number of anchor and reporter roles at CBS ever since. Kate is about to become a Stanford parent. Her son is starting in September as a member of the Class of 2017.

Beth Ashley got her start in journalism as the editor of the *Stanford Daily* in 1946-7. She went on to be a writer-reporter-editor for the U.S. State Department in Germany and was later a journalist in Moscow and Beijing. She has spent many years at the *Marin Independent Journal*.





8th Annual Stanford Women Winter Welcome January 23, 2013

Condoleezza Rice Welcomes Freshman and Sophomore Women



Cap and Gown honorary Dr. Condoleezza Rice honored the community of Stanford women with a “fireside chat” on Wednesday, January 23, 2013. Our 8th annual Stanford Women Winter Welcome at the Faculty Club was the best attended (over 300 people), most anticipated, and most exciting yet. If this event was not yet a tradition at Stanford before the 2013 event, this year’s Winter Welcome surely fixed the event in the tradition book for years to come.

Honorary Cap and Gown member Dr. Pat Jones, professor of biology, gave a warm welcome to the event. Pat has attended Winter Welcomes since our first in 2006 when she was our keynote speaker. She told us that the evening is not just about networking for education and career, but to learn from each other and hear about our fears and challenges, goals and aspirations.

She encouraged us to network and to recognize that networking is multidirectional; learning goes both ways from more experienced to newer Stanford women and from younger to older.

How to become a leader? You need to prepare yourself, with passion, skills, and people to support you. First, you must find your passion. It’s what makes you want to get up every day. You may have to change your passion – her first was to become a concert pianist, to play in Carnegie Hall. She realized at age 17 that she was going to be able to play at piano bars or Nordstorm but not Carnegie Hall. There were students at age 12 doing pieces in one summer she had taken a year to learn. Your passion may find you and it won’t say, “You’re not the right person for this passion (a black woman can’t be a Soviet specialist!)”

You will need to find a mentor, people to help you and promote you in your career. Your mentor may not look like you – that’s ok as long as she or he cares about you and will advocate for you. You must force yourself outside of your comfort zone. If you are math and science oriented, you need to write and read more. If you read and write, you need to do more math. You’ll get more satisfaction in mastering and achieving what is really difficult than what is easy. Here at Stanford is a good time to try it – this is a safe environment. Stretch – it will reward you. Be around people with different views. If you don’t, you won’t be able to defend your views. And, you might be wrong. You’ll find out from your friends and colleagues.

If you want to be a leader, do the details. It is not just for leaders to have the grand vision and for managers to do the details. Good leaders do the details too. Don’t coast at the higher level and delegate the work to others. Be sure you’re willing to both inspire and do the behind the scenes, hard work. Nobody wants to follow a sourpuss. Be optimistic and people will follow your lead. If you are optimistic, you will not give in to grievance or entitlement. If you blame others, then you lose control of your life. Optimism comes from overcoming obstacles, the ability to step back, view the long road ahead and think about impacting the world, toward the world as it *should* be. This is what is fulfilling.

If you want to be confident, then convey confidence. You can bet that others are feeling as doubtful as you after a difficult test, for example. Show your doubts only in your own room. Keep talking to yourself about your abilities. If you keep doubting yourself, you won’t go far.

Be qualified but stretch. For example, I became provost, but I’d never been a department head. I had managed Soviet relations in the United States. Gorbachov didn’t have tenure. I realized after that experience, I could be a provost. Don’t let anyone tell you what to do because you are a (fill in the blank.... too young, a woman, a black woman...) Be tough enough to back people off.





Questions asked:

When were you last wrong? After 9/11, there was no precedent for responding to the attack. It was right to go after Saddam Hussein but I would rebuild Iraq differently. Also, I did not follow up on closing the Israeli/Palestinian agreement. We were so close to reaching agreement. However, the timing was not right; it was the November 2008 lame duck time frame and I thought it would be taken up again right where it had been left off. But it has never reached that level again.

How do you keep up your piano passion? I am engaged in children's concerts. I make time to work at it. Brahms is not relaxing but focuses. I was invited by Yo Yo Ma to play together in a concert at Constitution Hall. I recognized I was invited not because I was the best pianist but because I was the National Security Advisor who could play. I'd like to be invited one day because I am good.

Talk about your passion for Stanford. I keep coming back because of the diversity of life here – ranging from attending a concert at the new Bing Concert Hall, to the Rose Bowl, and to the women's Final Four if the women make it. The intellectual atmosphere is strong but also light, not oppressive. The connection with Silicon Valley goes both ways. There is a phenomenal breadth of exchange from 18-year-olds to Nobel Prize winners.

Talk about your new role in CBS commentary. This is a role that will allow 9 to 11 opportunities per year to provide commentary on shows like Face the Nation about topics that are important to me such as education at the K-12 level and immigration.

How to balance policy and principle? There is a balance between being too fickle and too stubborn. Policy is a way to achieve something. Sometimes policy disagreements are seen as disagreements of principle. Policy may have to bridge principles.

You talked about giving back. How do you do it? Dad was a Presbyterian minister, community service was a way of life. Both parents are deceased. While I believe I said and did everything to tell them I appreciated them, it was probably not enough. Tell those who sacrificed for you that you appreciate them.

What next? I have three things to do: Write a book on democracy. Complete a project with David Kennedy on "Who Are the Americans" – possibly a film. Nail the Schumann Piano Concerto in A Minor with an orchestra.

After Condoleezza Rice's talk, over 100 participants engaged in discussions about her inspiring talk and challenges they faced and opportunities to overcome them.

The event is hosted by Cap and Gown, and sponsored and funded by the Schools of Humanities and Sciences and Earth Sciences, Undergraduate Advising/Dean of Freshmen, and the Women's Community Center. Thank you to the committee: Michelle Galloway, Naomi Waltman, Susie Philips, Ellen Cerf, Jacquelyn Wong, Kristen Glass, and Jessica Mahler. Special thanks to active Molly Welch who secured Condoleezza Rice to speak, to Kathryn Kilner for communications and tweeting during the event, and to Shari Kuchenbecker and Ellie Mansfield for taking photos. We look forward to the ninth Winter Welcome in 2014. Join us! In the meantime, you'll find Condoleezza's book engaging and even more personal than the stories she told: *Extraordinary, Ordinary People: A Memoir of Family* by Condoleezza Rice.

by Ellen Petrill, '77, '78





Cap and Gown Alumnae Board for 2013-2014

Executive Committee

Samantha Quist Crow '03, *President*
 Kathy Chou '85, '86, *Co-Vice President*
 Ellen Cerf '11, *Co-Vice President*
 Michelle Galloway '86, '89, *Co-Vice President*
 Ellen Petrill '77, '78, *Co-Vice President*
 Julia Gregory '10, *Treasurer*
 Susan Beth Phillips '70, '72

Other Board members:

Carol Benz '85
 Beppie Weintz Cerf '79
 Karen Chan '01
 Jean Coblenz '47
 Ruth Cronkite '71

Leslie Georgatos '09, '13
 Madison Gilbertson '11
 Kristen Glass '13
 Kathryn Kilner '08
 Shari Kuchenbecker '70
 Samantha Lasarow '11
 Jean McCarter Leonard '57, '60
 Melissa Luu-Van '06
 Jessica Mahler '04, '05
 Ellie Mansfield '58, '60
 Robin Murphy '77
 Kimi Narita '07, '11
 Carmen Vice Sebro '09
 Reagan Thompson '12
 Naomi Waltman '85, '88

Come Join the Board

Would you like a chance to reconnect with Cap and Gown alumnae and current students? When you join the board, you have an instant set of friends spanning eight decades! You have the opportunity to practice and grow leadership skills.

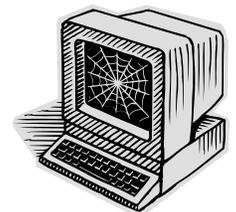
As a board member, you commit to attend four board meetings per year. Events (Tapping Tea, Spring Luncheon and Graduation Tea among others) are held throughout the academic year.

If you are interested in learning more about serving on the board or helping on a special program, please contact us through our website or email Samantha Quist at capandgownpresident@gmail.com.

Cap and Gown Website

<http://capandgown.stanford.edu>

Are you looking to see what is going on with Cap and Gown? Our newly designed website is a wonderful way to see all the many things the actives and the Alumnae Board are doing. There are helpful links to pay dues or make scholarship donations and applications for Stanford undergraduates as well as a section on the history of Cap and Gown. Check it out!





Cap and Gown Graduation Tea – June 2013

The Graduation Tea is a tradition that began in the 1990s as a way to honor Cap and Gown graduating Actives. The Tea is an opportunity for the families and guests of our graduating Actives to learn more about their graduate's experience in Cap and Gown. And, it is a time of leisure and respite from the bustle of the campus during Graduation weekend. In addition, our graduates were recognized with red and black honor cords to wear during the Graduation ceremonies and we celebrated their accomplishments with an ad in the Stanford Daily. We welcome our newest alumnae!





Scholarship Donors

The following donations were made to Cap and Gown-sponsored scholarship funds from October 1, 2012 to September 30, 2013. Every donation, regardless of size, contributes to the success of our scholarship program. Thank you for your generosity and support.

1940s

Virginia Sterry Hislop
Margaret Schilling Strong
Irma Jean Crouch
Carol Davis Trapp
Barbara Perren
Jean G. Coblentz
Helen Dietz Pickering
Joseph F. Pickering, M.B.A.
Peggy Jane Martin
Alison Dice Wells
Betty White Andrews
Jess Porter Cooley

1950s

Elizabeth S. Kjeldgaard
Diane Porter Cooley
Joyce Graybiel Temby
Donaldine Stewart Finegold
Prof. Emerita Ynez Viole O'Neill
Nancy Clark Sharp
Alice Kwong-Bolocan
Barbara Hetherington
Ruth Delanis Lycette
Elizabeth Stone Coggin
Ellie Weiss Mansfield
Professor Karlene Ann Roberts
Marcia Rider

1960s

Deborah M. Dexter, Ph.D.
Sue Ewing York
Nancy F. Jackson
Professor Margo Halsted
Georgia Lee Sutherland

Martha Collins
Henrietta Bartizal Pons
Mary Clapp Miller
Janice E. Steele
Susan Peters Couch
Antonette Wood Zeiss, Ph.D.
Marcia Cohn Growdon, Ph.D.
Alice Anne Martineau
David G. Harnden, M.D.
Mimi Winslow
Barbara Anne Payne
Pamela Ann Lawrence Horowitz, M.D.
Arunima Sharon Orr
Patricia C. Spaght
Lynn T. Touton

1970s

Susan Bailey Harnden, M.D.
Esther Ball Hewlett
Karen L. Loomis
Ruth C. Cronkite, Ph.D.
Shari Young Kuchenbecker, Ph.D.
Nanette K. Gartrell, M.D.
Sarah Gemma Flanagan
Melinda D. Johnson

1980s

Margaret Colter Donovan

2000s

Samantha R. Quist
Rebecca Ann Johnson

And thanks also to
Blair N. Ratcliff, Ph.D.
Donald E. Cooley

In Memoriam 2012-13



Iris Jean Forsyth Rodgers '39
Virginia Valentine Ingersoll '40
Mary Etta Farrell Segerstorm '41
Alison J. Aitken Holtby '49
Genevieve McDuffy Jacobson '50
M. Joan Lyon, Ph.D. '51
Barbara McKean Wyman '51
Clotean Helm Brayfield '53
Dorothy Dodge '53
Nancy Moller Jacobus '53
Katharyn Leitzell Clyde '58
Jone Camden Kirk Schoeffel '59
Margaret Pierson Cost '59
Joan Gustafson Haworth '60
Ruth Sutherlin Hayward '61
Suzan Behrman Stewart '62
Ann Marie Stark DeFraga '65
Linden Barnett Press '67
Jill H. David '83
Laudan Nabizadeh Fariborz '98

Online Dues Paying and Scholarship Donations



Alumnae dues and scholarship donations allow Cap and Gown to continue to support and recognize talented women of Stanford University. Save hassle and time by paying dues and donating to scholarships online. Visit our website: <http://capandgown.stanford.edu> and click on "Donate" at the top menu bar for instructions. Membership with the Stanford Alumni Association is required to donate online.



Cap and Gown – Getting Together Away from The Farm

We always look forward to seeing our members on campus. However, we have members all over the United States and around the world. This year, we have alumnae who are going to try to have “remote events” – a chance for local Cap and Gown alumnae to meet one another. We will be piloting such an effort in Chicago and one in the Seattle area. If you are interested in meeting other Cap and Gown members in your area, please let us know by emailing mgalloway@stanfordalumni.org or “contact us” at the Cap and Gown website. We can help provide a list of Cap and Gown members in your area and some suggestions to get started!



“Remote Event” in Seattle

Our first Cap and Gown Seattle event last week was well attended and well received! About 12 of us gathered at my home for a cozy fall evening to screen the documentary film, “Miss Representation.” Many of you may remember viewing the film a few years ago at Stanford, when it first came out (it was directed by a Stanford alum). The event began with socializing and a potluck dinner, then progressed to the film viewing, and ended with a spirited discussion. Since it was a weeknight, the discussion had to be cut short, but many of the participants found the film eye-opening and enjoyed networking with other members in the region.



The oldest member in attendance was from Class of 1964 and the newest member from Class of 2012. It was a fun night and there is definitely interest in future get togethers.

Karen Chan

Stanford Cap and Gown Communications Initiatives

Communication is at the core of any organization. Last year, we had a specific focus on strengthening our communication with alumnae and actives as one of the key goals laid out by then-president Kathy Chou at the start of the year.

A new task force was born to determine how we could best utilize multiple communication vehicles including social media. You may have seen the conversations unfolding in our Facebook group, the tweets posted on Twitter during our events using a specific hashtag or the announcements sent to our LinkedIn group. If you haven’t already, we’d like to invite you to follow us on Twitter, join our Facebook group and connect with us on LinkedIn. This is a great way to stay connected and up to date.

Our latest initiative is to update our website and make Cap and Gown more digital with a blog. The blog will include articles from Cap and Gown women about their experiences and updates on Cap and Gown events and initiatives like those found in the newsletter, which will remain a cornerstone of our communications. Stay tuned for the more information. We’re excited to roll this out in the next year and look forward to connecting with you.



Are you on Facebook? Join our group! Search “Cap and Gown Actives and Alums” or enter <https://www.facebook.com/groups/2212859585/> and request to join. We post information on upcoming events, and it’s a great way to keep in touch.



Spotlight on a Cap and Gowner

Pathways to Firsts: Toni Zeiss' Way



American Psychological Association, the largest organization of researchers, consultants, students, and clinical psychologists in the United States, awarded **Antonette Marie Wood Zeiss**, Stanford Class 1970, the Outstanding Lifetime Contribution to Psychology Award at its annual meeting in Honolulu, Hawaii this August, 2013. Chosen for Cap and Gown, Dr. Zeiss became the first woman, first non-physician, and first psychologist to lead the US Department of Veterans Affairs (VA) mental health policy office.

The pathway to so many future trail blazing firsts for Dr. Zeiss, Toni as she prefers to be called, may have had an early window opened in Eleanor Maccoby's Introduction to Psychology course in the spring quarter of Toni's freshman year. "I saw this amazing psychologist elegantly balancing work and family, and I knew I'd found a new exciting role model."

But Toni was primed for this moment. She credits her mother and maternal grandmother for helping her appreciate that context matters. "I learned to find what you love to do from my maternal grandmother, Clara Crosby Wood,

Stanford class of 1913. She was a Cap and Gown woman, biology major, and started graduate school, but circumstances – societal constraints and more altered her path. Social context matters and we stand on the shoulders of those who came before us." Toni grew up knowing her grandmother had regrets about not completing grad school, but circumstances make a difference. Toni's family guided her to learn that "There should be no limits based on gender. When you ask yourself "What do I love to do? Try to not worry about 'can I do this as a woman.'" Her mother came to UC Santa Cruz when it first opened. Starting in the cafeteria, her mom rapidly moved on into education and particularly an important role in the UCSC Extension courses program.

Grit and willingness to tackle new challenges gave her wonderful freedom, Toni explains. "Don't be afraid to make mistakes. There will be people there to help you learn what's important when needed. I have made several missteps... and then asked myself, 'How do I put the pieces together now?' I try to make the best I can out of my failures. In fact, it was in one of my major missteps that led me to meet Bob, my husband. I had stayed at Stanford after graduation, for the wrong reasons, but because of that, he and I worked together in Walter Mischel's research lab. The person you pick to marry is so important. From the beginning, Bob Zeiss saw us as a team. His view created a wide-open forum for me as a person. Of course the system that stifles women's opportunities has to change as well, but we would ask 'How can we do this?' It became 'How do we create a partnership – a pathway – that lets us both progress - together? How do we rear our daughter together? How do we grow as people...and as a couple?' It really was and is a great partnership."

Toni and Bob headed together to University of Oregon graduate school, to psychology internship in Louisiana, an academic career at Arizona State University, and a return to Stanford where Toni was a Visiting Assistant Professor in 1981-82. Bob began working at the VA Palo Alto Health Care System, and Toni followed when her visiting year ended.

At the VA Toni worked for several months at the Center for Study of Psychotherapy and Aging, and became leader of the Interdisciplinary Team Training in Geriatrics program. Her community team spirit and positive can-do attitude brought nurses, MD, psychologists, pharmacists, physical therapists and social workers together for comprehensive, coordinated patient care. Toni later became the Training Director and Assistant Director of Psychology Service at VA Palo Alto. While in those roles, she was asked by VA Central Office in Washington DC to help adapt the 2003 "President's New Freedom Commission on Mental Health Report" to address VA needs in mental health care, with her role especially focusing on care for geriatric veterans. "I loved what the VA was doing." Based on her excitement about the plan, she applied for and was selected as the VA Deputy Chief Consultant in the Office of Mental Health Services in 2005, developing VA policies and coordinating with offices across the nation. In particular, she had a major leadership role in instrumentally expanding VA strategic mental health services. Guided by a strong evidence based practice foundation, Toni supported all levels in the VA caregiving team to ensure quality training, fidelity procedure implementation, and monitoring progress for post-traumatic stress, depression, drug and alcohol, and schizophrenia.

Toni's lifelong personal trajectory both reflects and perpetuates our Cap and Gown 1905 mission to: a) increase communication and contact, b) undertake projects and sponsor events which support and enhance opportunities, c) create, mentor, and support (others), d) cooperate to achieve common goals. When asked how she did it, Toni humbly defers that serendipity opened many doors for her and she just went on through, because "I found ways to do what I love."

Shari Kuchenbecker



News From Classmates

Peggy Jane Martin, '48: When I think of the Ros Bacon Scholarship, it reminds me of our wonderful freshman year at Roble with Ros Clark (later Ros Bacon) as our leader. I'm living at Morningside of Fullerton, a retirement community, and enjoying all of the services as well as the great people including some Stanford alumns. I still spend time at Newport Beach and with the Orange County Stanford Alumni Association. I really enjoy the Cap and Gown Newsletter. Thank you for all of your efforts.

Dorothy H. Forshee, '49: I stay in touch with fellow Cap and Gown classmates Lynn Cox Titas, Betty White Andrews, Barbara Cooper Prince.

Joyce Graybiel Temby, '51: I am truly in awe of the wonderful young women who are members of Cap and Gown. It is a joy to read their histories.

Sally Hufbauer, '59: Karl and I continue to enjoy retirement in Seattle, though slowing down. He still carves stone, I still play in quartets and trios. I have also enjoyed occasional lunches with women in the area from the class of '59. We delight in grown children and growing grandchildren. Visions of peace and justice and an earth restored still seem distant. I'm grateful for the life I've had and not ready to leave yet.

Barbara Bowman Carey, '60, '62: Recently my husband Roy and I went on our first ever cruise to three Mediterranean countries: Italy, France, Spain. We celebrated my 75th and his 84th birthday while moving from Nice, to Elba, to St. Tropez, to Marseille, to Mahon, to Palma, to Valencia and Barcelona. We had never seen any of these cities before, and were interested to travel from small to large, non-commercial to highly commercial, and to see many historical sites in every place.

While home, I continue to teach voice and piano lessons in my home to twenty students weekly, ranging in age from five to seventy. Next month I'll take time out to have long-postponed back surgery which I hope will increase my mobility and decrease my discomfort. Like most of my contemporaries I'm sure!!, we enjoy our three grandchildren, two of whom live here in Carlsbad - a lucky indulgence. I'm back going to soccer matches and ballet recitals again! My Amazon.com book wish list is many pages long, and my Kindle, has eleven new ones stored for future pleasure. I find I'm filling in gaps in my reading history, recently laughing my way through my very first Evelyn Waugh ("Scoop") - uncannily relevant yet today.

Stanford seems very near in memory, but very far when I see how campus looks today compared to the Farm of old. The contrast between the new, modern buildings, and the rural feel of stables and the inviting diving platform out from the shore of Lake Lag couldn't be more stark. I wonder what contrasts today's Cap and Gowners will find in their memory books 53 years from now.

Georgia Sutherland, '61: Life is exciting and satisfying. I'm still singing with the Sweet Adelines, and still teaching music to second and third graders as a volunteer in the Music for Minors program here in Cupertino, California. I've also done a lot of travel recently, including a trip (as a competitor) to the 7th annual World Choir Games, held in Cincinnati, Ohio in July 2012. This was an amazing festival of 30,000 singers from over 600 countries (sic), the first time to be held in America, and the first time that Barbershop Harmony was included as a category in the competitions. Enjoying musical performance from groups of all ages from many countries and cultures was the experience of a lifetime! Where are all the rest of you from '61? There was no news from our class in the 2012 newsletter!

Anita Nooger Nichols, '64: Recently (5 years), I have been commuting to Scottsdale, AZ to manage the care of my father, 96 1/2 as of January 2013. I go once a month, sometimes, twice. He's in his own home with caregivers during the day. I help our daughter about every six weeks (though she wants me every day!) with her Spanish 1 students at Cosumnes Oaks High School in Elk Grove, CA. The rest of the time I take short trips with my husband Les Nichols '63, tend house, garden, and see friends.

Janice Steele, '64: After 30 years, I retired from working in the Athletic Department at Stanford. I began in 1983 as Office Manager for Head Football Coach Jack Elway. Through many other assignments - academic advising, aquatic sports, medical insurance, sports medicine, membership coordinator at the golf course - I met many extraordinary student-athletes with whom I have remained friends over the years. Now I am focusing on grandchildren, traveling, and bridge - all great rewards.

Barbara Anne Payne, '68 says hi to Jean Coblentz

Susan Cabrera, '71, '72: I'm heading up a "Trivia Challenge" fundraiser to benefit the Helping Hands Program of Santa Cruz County which provides free minor home repairs (plumbing, carpentry, electrical) and safety inspections for senior homeowners. This event takes place at the Santa Cruz Civic Auditorium on Friday, February 21, 2014 starting at 6:00 p.m. with live music, small bites, dessert and a no-host wine & beer bar. The trivia contest begins at 7:00. Spectator tickets are only \$5 in advance. For more info, please visit www.sctriviachallenge.org.

Paige Arnof-Fenn, '87: Still in Cambridge, MA & running a global marketing firm www.MavensAndMoguls.com Love practicing tai chi in my free time. Still doing a lot of writing and public speaking. Life is good! Hope y'all are well too.

Cindy Muchnick, '92: Cindy Clumeck Muchnick lives in Southern California and has been busy as a mother of four, writer, and parent/student speaker since graduation. She just published her eighth book, [The Everything College Checklist Book](#) which came out in June, 2013, preceded by [Straight-A Study Skills](#) which she co-authored with her 15-year-old son (that was released in March, 2013). She is now working on [Write Your Way In: How to Succeed in College Application Writing](#) which will hit stores in December, 2014. Feel free to send her your college essays for consideration in her upcoming book! cynthiamuchnick1@gmail.com.



Class News continued

Allison Campfield Taten, '93: I am practicing three days a week as a radiologist. Last year I served as the President of the Alumnae Association of the Hockaday School in Dallas where my daughters Laura (age 9) and Jane (age 6) attend. My son Matt is 11. I am looking forward to my 20th Stanford reunion in October 2013.

Ernestine Fu, '13: Cap and Gown member Fu coauthored the book "Civic Work, Civic Lessons: Two Generations Reflect on Public Service" with Stanford professor Thomas Ehrlich. Thomas Ehrlich has worked in the administrations of four presidents starting with President Kennedy and including responsibility for foreign-aid policy, reporting directly to President Carter. Ernestine Fu founded a nonprofit organization to bring music to those in need and is an active supporter of social entrepreneurs. Drawing on the experiences of the co-authors, the book tells why and how young people and their advisors should engage in public service. The website for the book is www.civicbook.org.



Help Wanted!

Would you enjoy coordinating teams, writing about women leaders, and designing our future print newsletters? We need help with production of the annual newsletter. Contact Ellie Mansfield (elliem36@comcast.net) to learn more about opportunities to serve on the Cap and Gown Board.

Experience with InDesign, Illustrator or Photoshop appreciated.

Cap and Gown History Booklet

A Cap and Gown history booklet is available. The booklet follows the history of Cap and Gown and contains some never-seen-before as well as familiar campus photographs.

Georgia Sutherland, researcher and editor, has compiled the history booklet. It's available for \$10 (see page 31 to order).

Your Dues Are Important

Dear Alumnae,

Thank you all for your continued and generous support of Stanford Cap and Gown, our active leaders on campus, and the young women we support through our scholarship fund. As the oldest continuous student group at Stanford, it means so much to our actives and scholarship awardees to know that those coming before still care and invest in their futures.

We rely on your membership dues and gifts to fund events and activities around the year – now you can contribute through our brand new online payment system! Please visit <http://capandgown.stanford.edu> and click on the "Dues" tab at the top.

Of course, you can still mail a check (attaching the donor form in this newsletter) to us at P.O. Box 19005, Stanford, CA 94309.

We are grateful for your stewardship and commitment to Stanford Cap and Gown. I look forward to hearing from you – both through direct correspondence and depositing your checks!

Julia Gregory
Treasurer, Stanford Cap and Gown



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More than A Century of Women Leaders

Cap and Gown News
Cap and Gown News is an annual publication of, by and for the Cap and Gown Society of Stanford University. Published and mailed to all members each year, the Cap and Gown News serves as a vehicle for disseminating information, receiving news from members and collecting operating funds and scholarship donations. Photos in this issue (unless otherwise attributed) are by Shari Kuchenbecker, Melissa Luu-Van, Jessica Mahler and Ellie Mansfield.
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