



לִיד יֵי

SELECTED READINGS

* Denotes available in Beth Am Library

Berrin, Susan. *Heart of Wisdom*. About aging. Anecdotal, biblical studies on how to treat the elderly. How to invent ceremonies for transitions such as entering a nursing home.

Bloom, Jack H. *The Rabbi as Symbolic Exemplar. By the Power Vested in Me*. The Haworth Press. 2002. This is a collection of Bloom's lectures and papers, one of which is on visits.

Bloom, Jack H., ed. *Jewish Relational Care A-Z. We Are Our Other's Keeper*. The Haworth Press. 2006. An anthology of essays, mostly by rabbis, on how clergy should take care of themselves while counseling others. There are several articles relating to visiting the sick.

Bockelman, Wilfred. *Finding the Right Words*. Suggestions for what to say in specific situations.

Epstein, Sharon Selib. *Visiting the Sick: The Mitzvah of Bikur Cholim*. Northvale New Jersey: Jason Aronson, 1999. A how-to book on bikur cholim, focusing on Jewish tradition and organizational steps.

*Frankl Viktor. *Man's Search for Meaning*. About coping with severe conditions.

Feldbaum, Rebecca Bram. *If There's Anything I Can Do? A Bookful of Personal Experiences and Good Ideas on How to Help Those Who Have Suffered Loss*. Feldheim Publishers . 2003. This book is written by a woman from an orthodox community who was widowed at a young age. It is a practical, insightful guide for navigating the sensitive complexities of helping somebody who is ill or mourning.

Freeman, David L. and Judith Z. Abrams. *Illness and Health in the Jewish Tradition*. Philadelphia: Jewish Publication Society, 1999. Discussions of 127 texts from the Bible to modern writings defining illness and health in the Jewish tradition.

Friedman, Dayle A. ed. *Jewish Pastoral Care. A Practical Handbook from Traditional and Contemporary Sources*. Jewish Lights 2005. This book, written for rabbis, contains essays, grounded in Torah and Talmud on the theology of visiting the sick. 2005 edition includes an article by Rabbi Shelly Marder.

*Ganzfried, Solomon. *Code of Jewish Law*. Hebrew Publishing Company. 1963. Chapter 193 is a summary of laws relating to visiting the sick.

Geffen, Rela, M. ed. *Celebration & Renewal. Rites of Passage in Judaism*. Jewish Publication Society. 1993. Essays on various life cycle events, including "Bikur Holim: Sickness in Jewish Law" by Nahum M. Wildman, pages 167-201.

Glatt, Aaron. *Visiting the Sick. ביקור חולים. A halachic and medical guide with down-to-earth advice*. Mesorah Publications. 2006. Resource book with practical tips on visiting the sick and discussion of the talumdic origins of bikur kholim.

Halpern, Susan P. *The Etiquette of Illness: What to Say When You Can't Find the Words*.



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Handler, Jane, and Hetherington, Kim, with Kelman, Rabbi Stuart L. *Give Me Your Hand: Traditional and Practical Guidance on Visiting the Sick*. Second Edition. Berkley, CA: Congregation Netivot Shalom, 1997. Practical guide on visiting the sick with religious and practical perspectives. Different needs for different illnesses. Prayers, do's and don'ts for visitors, quotes on bikur cholim. Available online
<http://www.netivotshalom.org/drashot/rkelman/Bikkur.pdf>

*Jaffe, Rabbi Hirschel, James Rudin, Marcia Rudin. *Why Me? Why Anyone?* About trials that Rabbi Jaffe endures as he is diagnosed with leukemia. Perspectives of the patient and his friends. Challenges of bikur cholim.

Levitz, Yisrael N. and Abraham J. Twersky, eds. *A Practical Guide to Rabbinic Counseling*. Feldheim Publishers. 2005. An anthology of essays, mostly by medical professionals, psychologists, and social workers. Chapter 6 is on visiting the hospitalized patient.

Lukeman, Brenda Shoshana. *Journey Through Illness and Beyond*. New York: Steppingstones Press, 1994. Written by a psychologist who works with people suffering serious illness. The author probes how illness affects a person spiritually and discusses how one can gain spiritual health even in the midst of physical illness.

*Shavit Artson, Bradley. *It's a Mitzvah! Step-By-Step to Jewish Living*. Chap 6 on reasons to perform bikur cholim, discussion about overcoming hurdles

*Telushkin, Joseph. *Jewish Literacy. The Most Important Things to Know About the Jewish Religion, Its People, and its History*. William Morrow. 1991. Pages 584-586 are a concise two-page summary of the topic of visiting the sick.

*Weintraub, Rabbi Simkha. *Healing of Soul, Healing of Body*. Woodstock: Jewish Lights Publishing, 1994. This book contains discussions of 10 Psalms identified by one of the sages as Psalms of healing. Each Psalm is discussed by a different rabbi.

Others from website <http://www.bikurcholimcc.org/books.html>:

Dass, Ram and Paul Gorman. *How Can I Help?* Alfred A. Knopf, 1985

Lamm, Rabbi Maurice. *The Power of Hope*. NY Simon and Schuster, 1995

Ozarowski, Rabbi Joseph S. *To Walk in God's Ways: Jewish Pastoral Perspectives on Illness and Bereavement*. Northvale, New Jersey: Jason Aronson, 1995

Stern, Rabbi Sholom. *When Words Fail, A Religious Response to Undeserved Hurt*. Northvale, New Jersey: Jason Aronson, 1999.