



A Sacred
Aging Event

Touch Awareness in Caregiving

Workshop with Irene Smith

Saturday, January 21st

1:00 - 3:00 pm

Beth Am Conference Room

Come early for a light Shabbat lunch at
12:00 noon, following services.

In 2001, Irene founded and currently directs
Everflowing, an educational outreach program
dedicated to teaching mindful touching, as an integral
component to caregiving.

For more information see <http://yadlyad.org> or contact
lisa.whitmore@stanfordalumni.org

Please send your form along with suggested donation of
\$15 per person to the Beth Am Office by January 8, 2012.

Name _____

Email _____

Please make checks payable to "Congregation Beth Am"
and mail to: Congregation Beth Am, Attn: *Yad l'Yad*
26790 Arastradero Road, Los Altos Hills, CA 94022