

## ***Common Courage Press***

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### **FOR IMMEDIATE RELEASE**

Announcing the publication of  
***From Outrage to Courage: Women Taking Action for Health and Justice***  
by **Anne Firth Murray**

Being born female is dangerous to your health. In fact, the dangers start before birth with the persistence of son preference, resulting in sex-selective abortions, neglect, and differential health care that lead to more than sixty million missing girls worldwide. This is only the tip of the iceberg, as Anne Firth Murray, in her new book, documents the impact of structural inequality, discrimination, and unequal access on women's health throughout the stages of their lives. The result is the first comprehensive chronicle of health and human rights issues unique to women that are exacerbated by gross inequalities in different societies around the world.

But this is a book ultimately of courage and action. Based upon solid research, case studies, examples and statistics, alongside the personal voices of women whose experiences provoke thought and dismay, are more than one hundred examples of "Women's Courage," stories of grassroots women's groups worldwide who have organized to alleviate these problems, groups that Anne came to know as the founding president of the Global Fund for Women.

With the Foreword by Paul Farmer, this book is at once an eye-opening reference guide to women's global health issues, a formative text for a new generation of scholars and activists, a call to action for justice, and indirectly, a personal narrative from a woman whose own life has been a story of social action.

**Anne Firth Murray** is the author of *Paradigm Found: Leading and Managing for Positive Change*, founding president of the Global Fund for Women, and consulting professor in Human Biology at Stanford University. For the past eight years, she has been teaching one of the most popular courses on international health at Stanford. She is on the boards of several international organizations and has received many awards. In 2005, Anne was nominated for the Nobel Peace Prize with 998 women across the globe who have made undeniable contributions to peace. She lives in Menlo Park, California.

#### **Praise for *From Outrage to Courage***

"Anne Firth Murray's new book is three things at once: a catalogue of abuses, an analysis of their causes and consequences, and a chronicle of courage under fire.... *From Outrage to Courage* [is] a tremendous contribution to all those who wish to understand how poverty and gender inequality conspire to make life miserable and short for so many, and at the same time, a roadmap for those who wish do something about it."

**Paul Farmer**, in the Foreword to *From Outrage to Courage*

"*From Outrage to Courage* shows how the abrogation of women's rights around the world persists as a central issue for everyone concerned with human rights. Panoramic in scope, this book illuminates the details of women's lives.... A rare combination of clear analysis and inspiration."

**Mary Robinson**, Former President of Ireland and UN High Commissioner for Human Rights, 1997-2002.

For further information, see: [www.outragetocourage.org](http://www.outragetocourage.org)