

Where is your Creativity?

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INTRODUCTION: *On the problem of schools killing creativity*

The YCISL program focuses on exposing, coaching and strengthening personal creativity. The fundamental eye-opener is that creativity is essential to our personal well-being and productivity, and we should not allow education and society to inform us otherwise. Activating our creativity is one of those “simple, but not easy” tasks, but will be extremely motivating and meaningful once we make it part of our discipline.

THE IDEA OF CREATIVE ENERGY

In YCISL, we characterize creativity as an energy that powers our problem-solving mindset, but as individuals we choose when and how to utilize it. Creative energy used as a fuel in our thinking allows us to discover better solutions and by-pass the swarm mentality that yields mediocrity. As an energy, we seek quantum bursts of creativity that help us leap across barriers and opposing forces.

IS YOUR CREATIVITY HIDING?

For most people, our creative energy is highly regulated (or should I say over-regulated?) and largely forgotten. Through YCISL activities, we explore where our creativity energy is built-up and provide an access system in which to drive innovative thinking with this renewable energy. Our workshop program is like a pilot facility to demonstrate that the creative energy is there and it can have beneficial uses. With personal confidence in having a creative energy resource, our creativity will no longer be in hiding.

PUT A TRACKER ON YOUR CREATIVITY

With the various creativity exploration activities in our YCISL program, it may be helpful to put a tracker on our creative energy usage. What conditions optimized the use of my creative energy? How much creative energy was I able to access? Was the use of my creative energy successful? Such recall questions are necessary to apply and apply again our creative energy.

THINK OF CREATIVITY IN TERMS OF PERSONAL FITNESS

Invest in training your creativity. Practice regularly using your creative energy in all kinds of situations and build up your creativity fitness for resilience and resistance strength.