

YOUR PERSONAL STORY

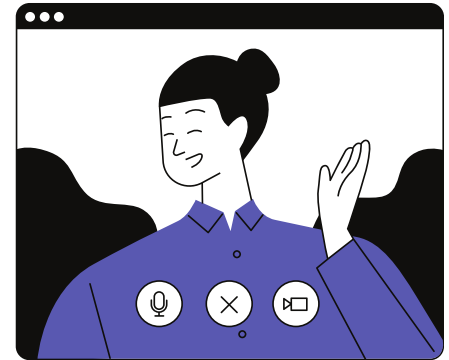
Building EQ through Better Self-Awareness & Self-Management



A Message to My Past Self



Who am I?



A Message to My Future Self