

# Directions to NMBL in the James H. Clark Center

Neuromuscular Biomechanics Lab, Stanford University

The Neuromuscular Biomechanics Lab is located in the James. H. Clark Center on the Stanford University campus. We are on the 3rd Floor, South Wing right next to Peet's Coffee.

## Directions from 280 North or South

- Exit Sand Hill Rd. East. Follow this road for several miles.
- Take a right on Stockfarm Rd.
- Take a left onto Campus Drive.
- The Clark Center is on the left just past Panama Street.

## Directions from Bayshore US Highway 101 North or South

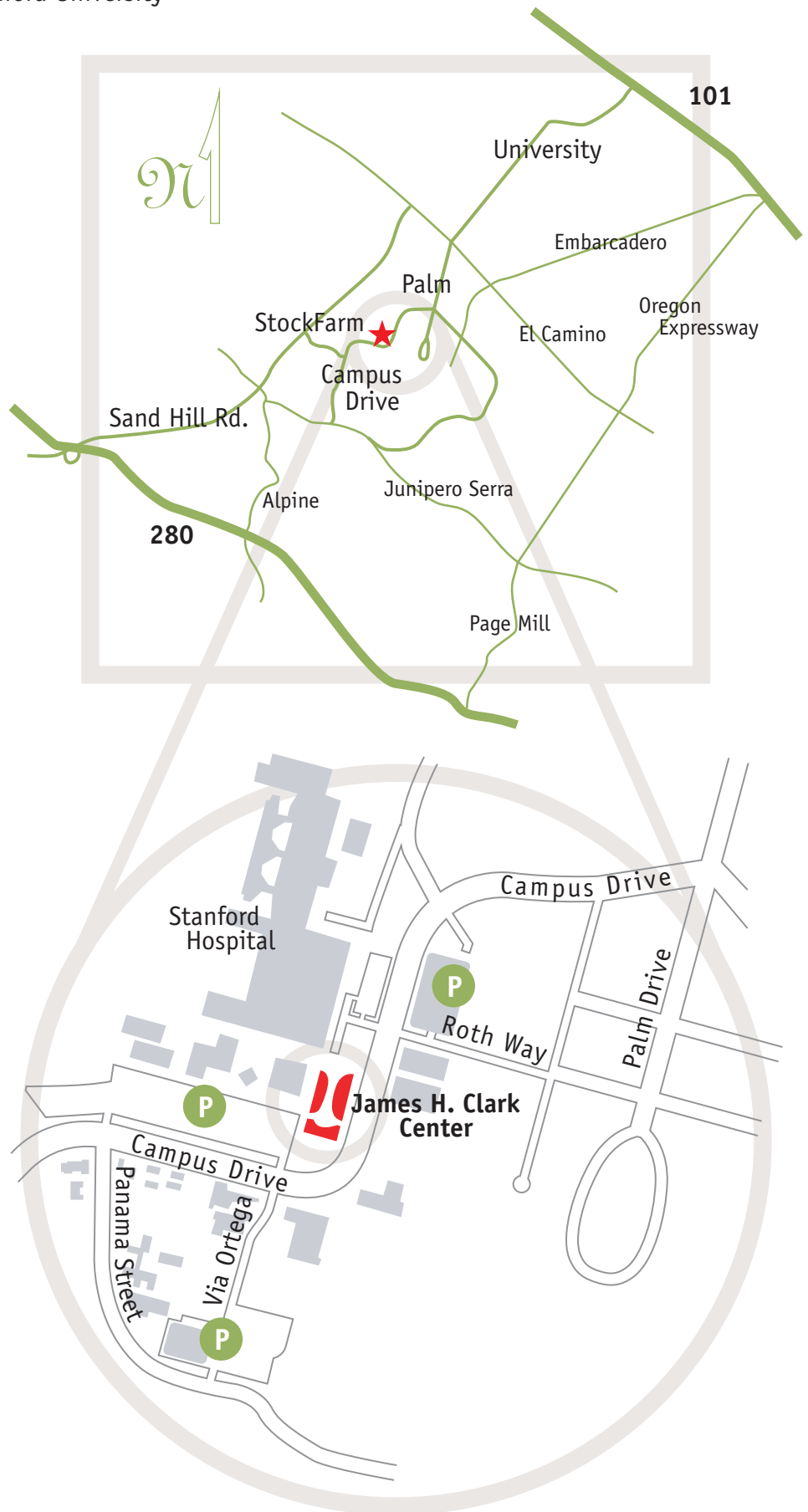
- Exit 101 at Embarcadero Rd. West.
- Cross El Camino
- Turn right on Campus Drive and follow the road directly to the Clark Center.

## P Parking

Parking is free after 4pm on the west side of the Clark Center. Also in this lot are meters and A permit parking.

There are parking structures with meters and spaces for A or C permits at the corner of Campus Drive and Roth Way and at the corner of Via Ortega and Panama Street.

All parking on the Stanford campus is by permit (annual fee) or meter (bring quarters – 6 quarters per hour. Enforcement is from 8:00 AM–4:00 PM M-F.



**For information call Carolyn Mazenko (650)725-4009**