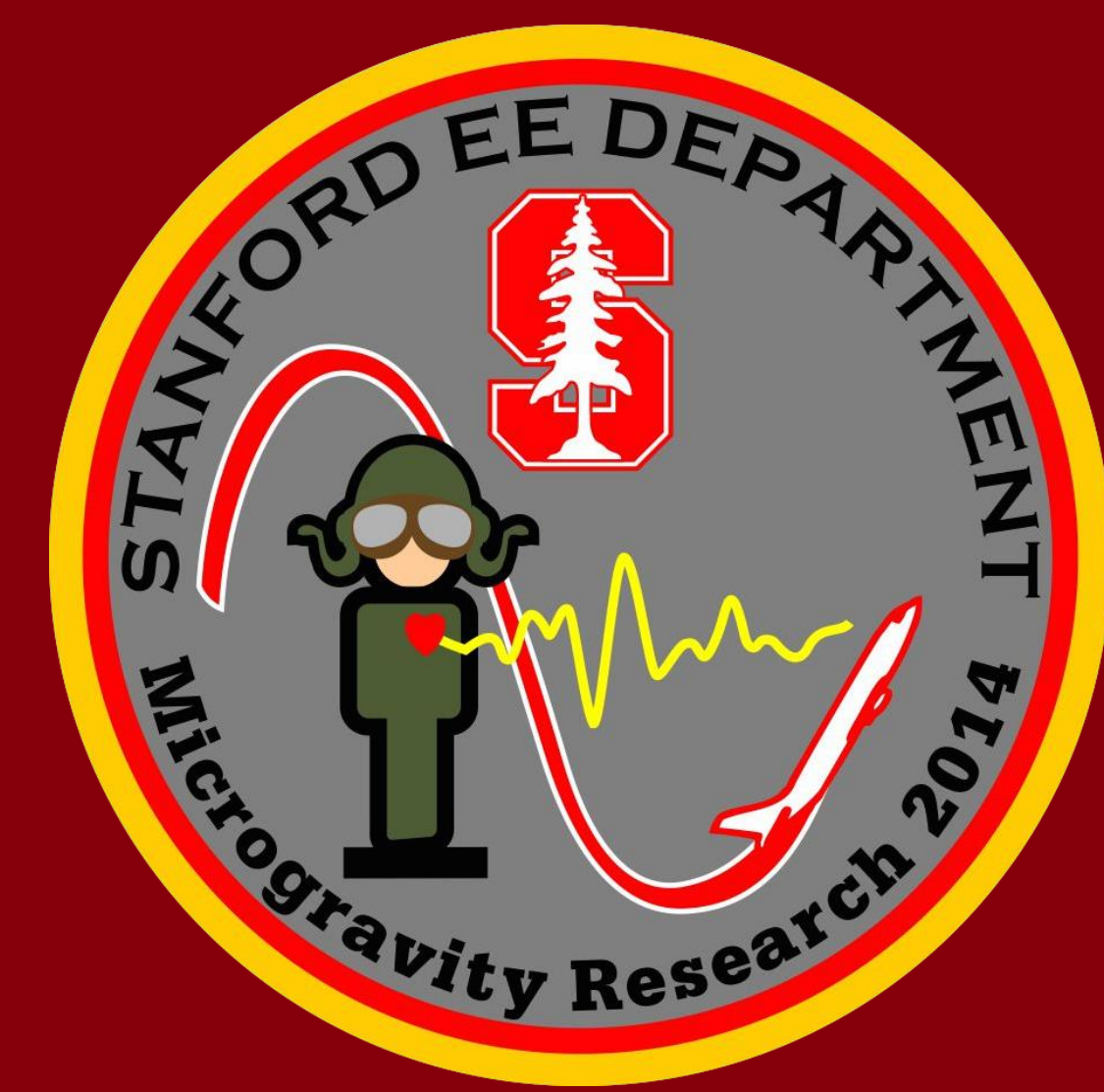




# NONINVASIVE PULSE TRANSIT TIME MEASUREMENT FOR ARTERIAL STIFFNESS MONITORING IN MICROGRAVITY

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## Abstract

The use of a noninvasive hemodynamic monitor to estimate arterial stiffness, by measurement of pulse transit time (PTT), was demonstrated in microgravity.

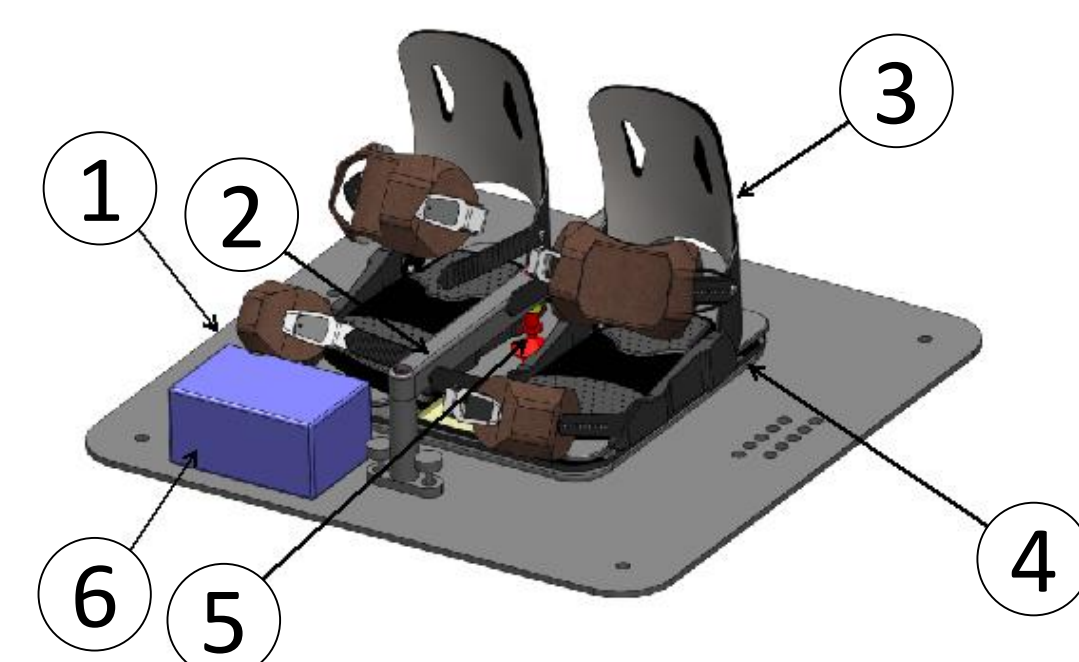
- PTT is calculated from features in the Ballistocardiogram (BCG) and photoplethysmogram (PPG) signal.
- 9 subjects were tested aboard a series of parabolic flights.
- An average of 60.2 ms PTT increase from ground to microgravity environments was shown (standard deviation = 32.9 ms).

## Experiment Overview

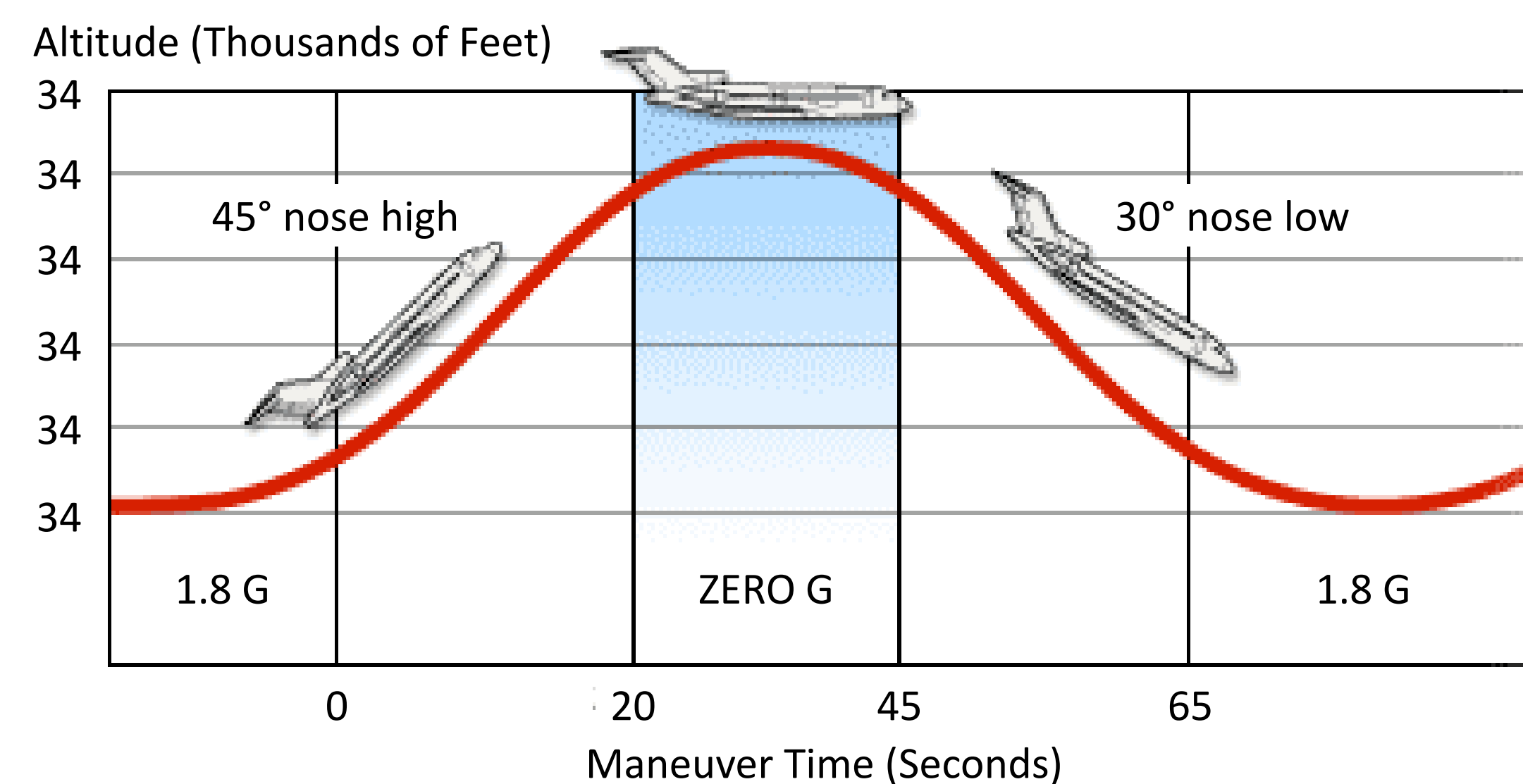


Microgravity testing of the arterial stiffness monitor.

- LEGEND
- 1/4-inch aluminum plate (24"x24")
  - Bolted stanchions with crossbar
  - Foot strap assembly with quick release
  - BCG scale (preloaded 10-20 lbs)
  - Threaded swivel leveling mount with nut
  - Electronics enclosure

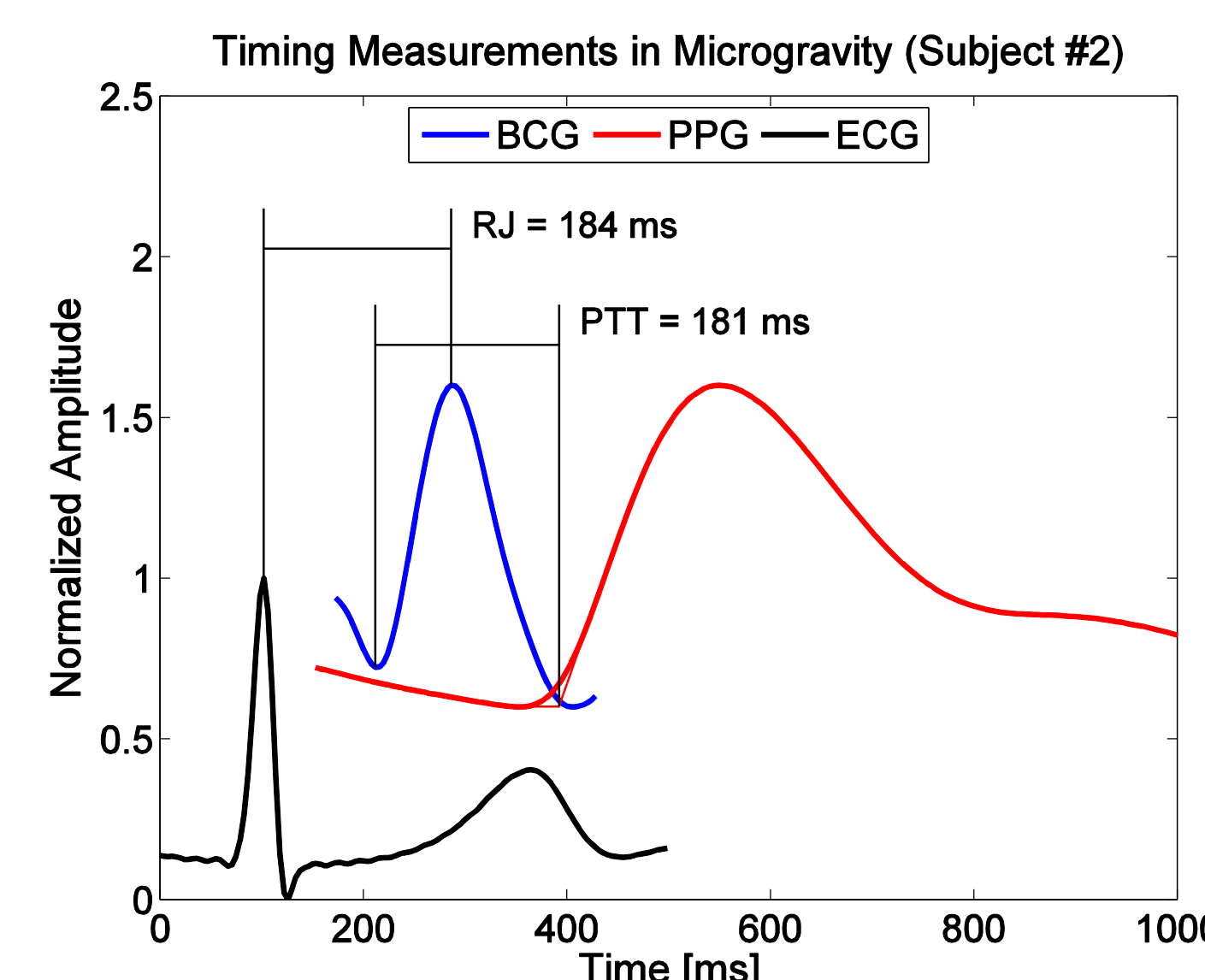
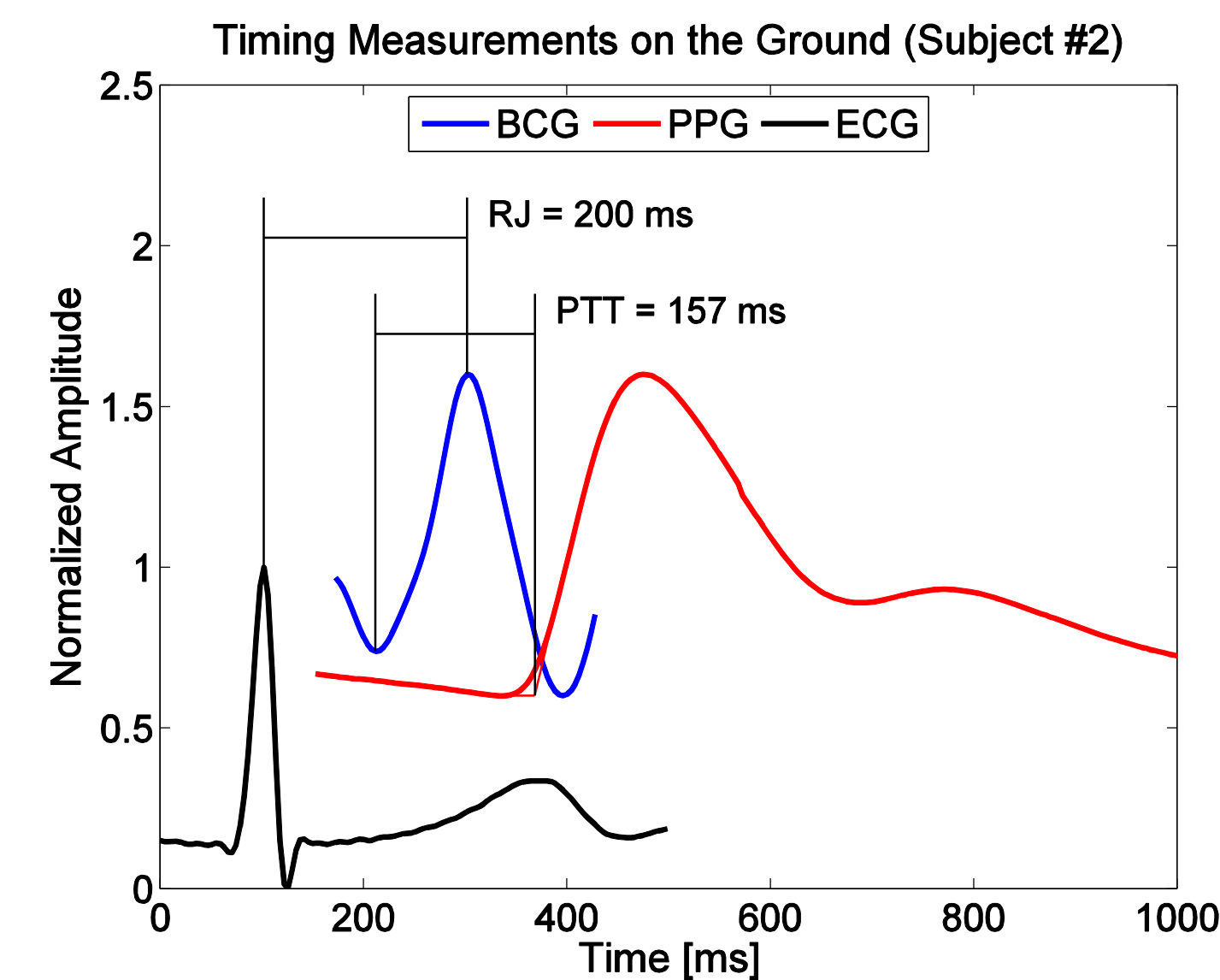


Subject's feet were equipped with a PPG sensor, then strapped into the monitor using boot bindings.



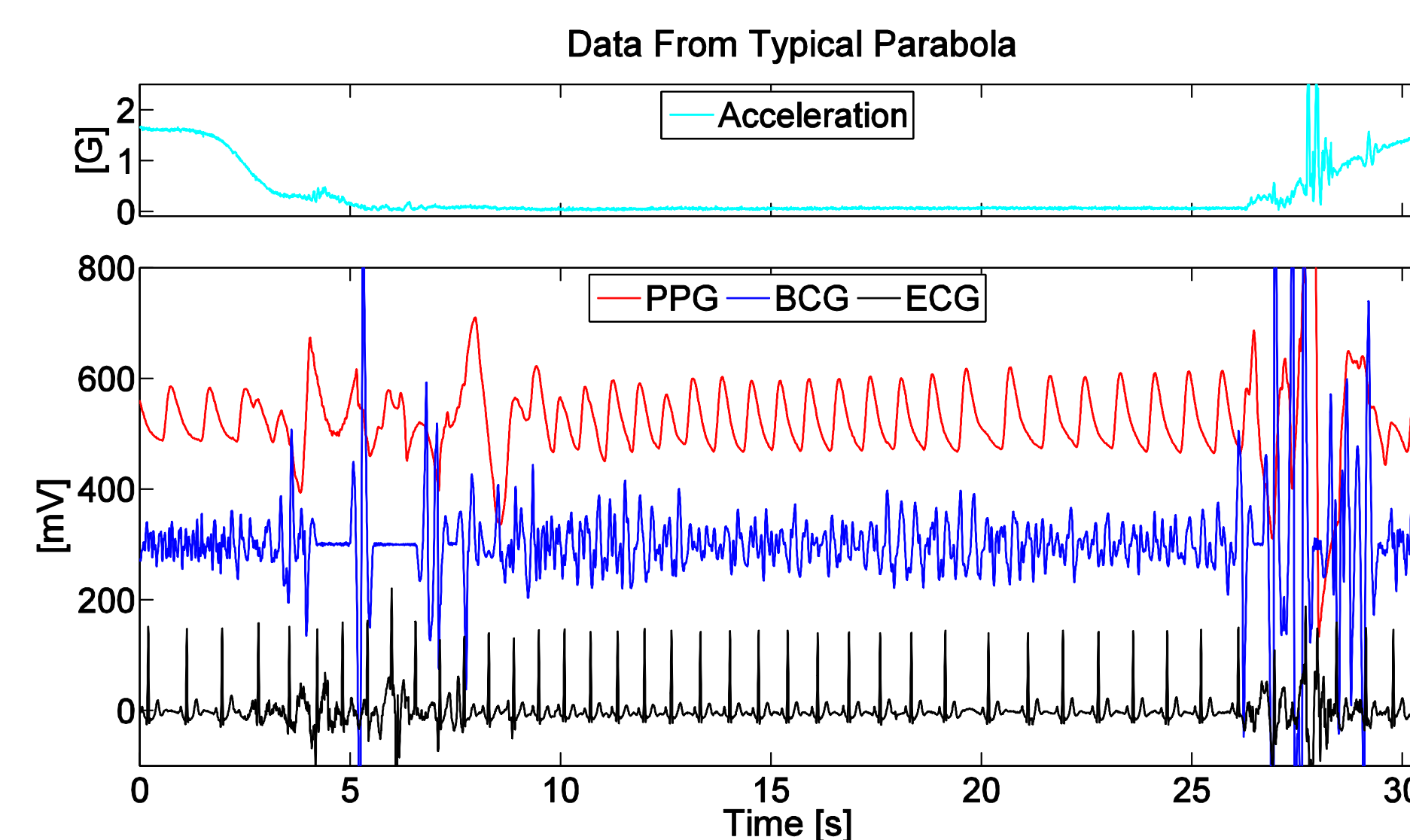
Parabolic maneuver performed during experiments.

## Noninvasive Arterial Stiffness Monitoring in Microgravity



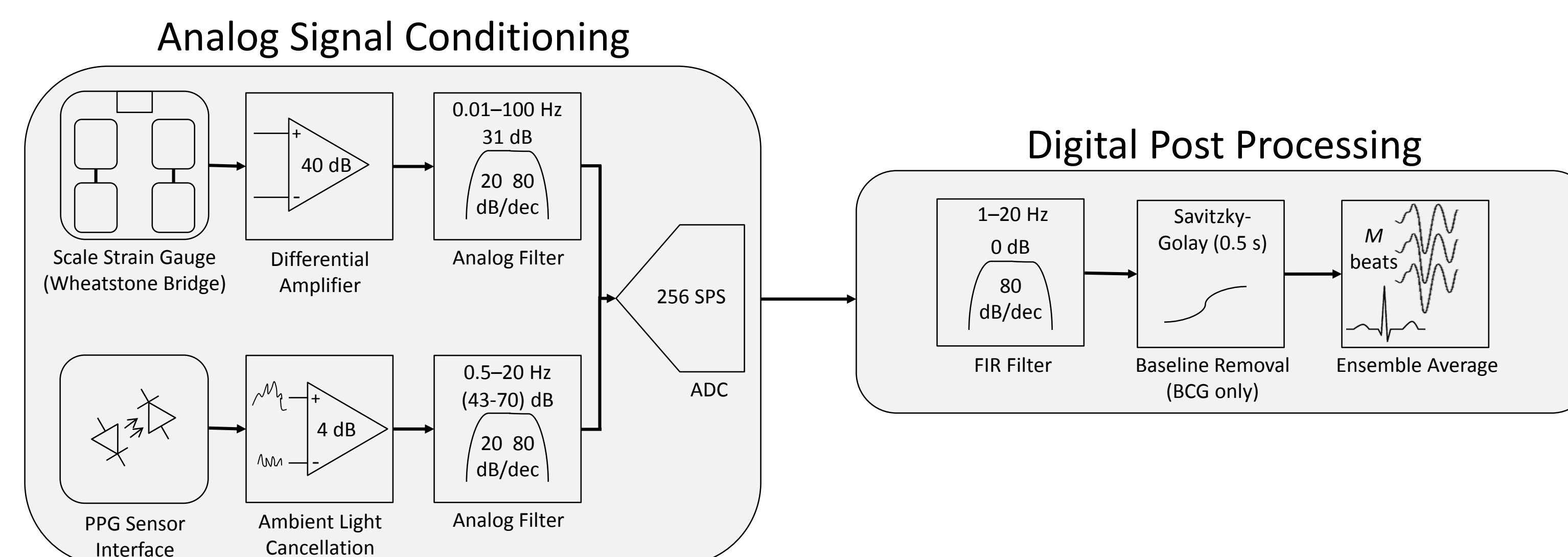
PTT and RJ Interval timings marked on the ground (left) and in microgravity (right).

## Parabolic Dataset



Typical recording of PPG, BCG, and ECG signals (bottom) during a full parabolic microgravity maneuver from hypergravity to microgravity, and finally back to hypergravity again (top).

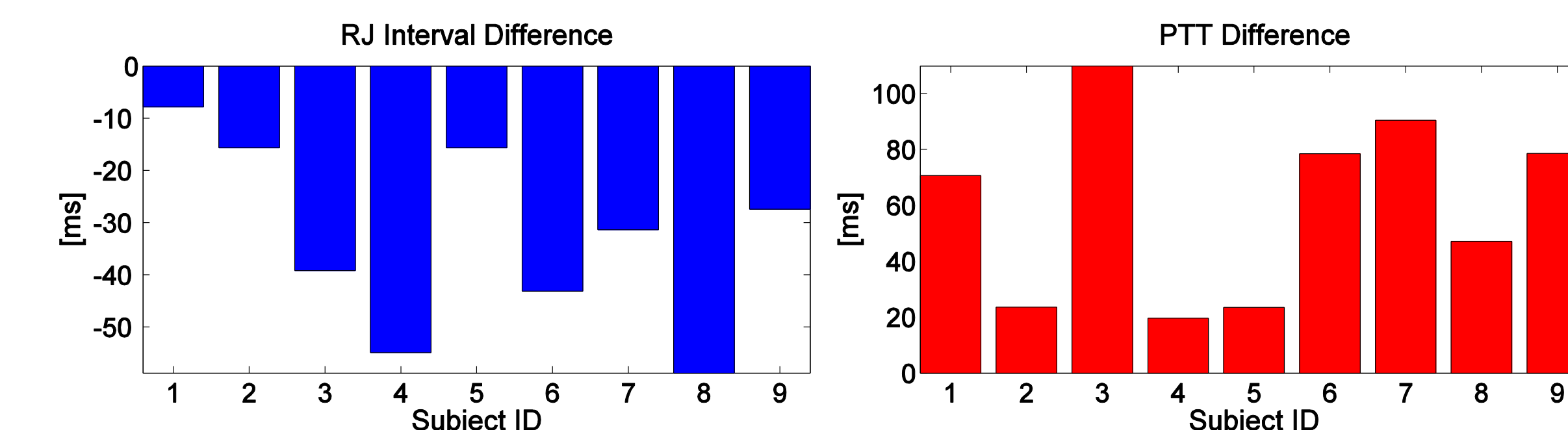
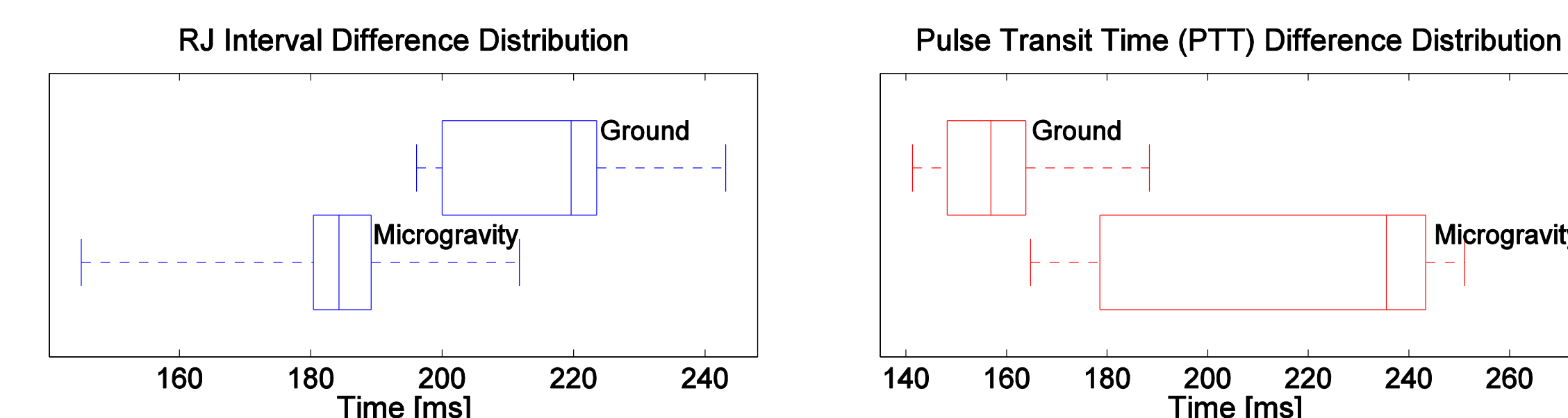
## System Architecture



The analog signal chain (left) for BCG (top) and PPG (bottom) is contained in a custom-built wireless data logger worn on the subject and streamed to an onboard laptop. Post processing (right) was done with MATLAB.

## Results

- PTT was increased from ground to microgravity by an average of 60.2 ms (Std. Dev. = 32.9 ms).
- The RJ interval was decreased from ground to microgravity by an average of 31.4 ms (Std. Dev. = 18.6 ms).



RJ Interval (left) and PTT (right) results comparing ground to microgravity measurements for all subjects.

## Conclusion

These experiments validate the utility of the noninvasive hemodynamic monitor to estimate arterial stiffness in microgravity.

**Key finding:** consistent increase in PTT after transitioning from ground to microgravity ( $P < 0.001$ ).

Possible explanations:

- Elimination of hydrostatic pressure
- Reduction of intrathoracic pressure
- Reduction of mean arterial pressure induced by vasodilation

## Acknowledgements

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