

BEGINNING CLASS: SEVILLANAS

BASICS:

- **Intro:** When intro music plays, bring both arms up (via a circular motion to the sides) slowly. There are many variations to this, so do whatever you feel comfortable with.
- **Sevillanas Step:** Starting with both feet together, step forward (slightly to the left) with your left foot. Bring your right foot forward and touch your toe to the floor directly behind your left foot. Then step back with your right foot (i.e. return it to starting position) and touch your left toe to the floor in front of your right foot. Kick your left foot out in front of you slightly, and then bring it back to starting position (next to your right foot).
 - Tips:* The Sevillanas step always starts with the left foot, and is done at the beginning of every copla and after each pasada within the copla. Note that in the first copla you will have to do it five times, alternating feet.
 - Arms:* Start with both arms raised high in the air (shoulders down, elbows slightly bent and pulled back, hand's facing down in flamenco position). When you bring your left foot out, also bring your left arm down to the outside, and in a circular motion bring it down across your chest (leaving your arm extended and your hand at least 1.5 ft away from your body). Then move your hand up in front of your face and back up to starting position. This can be repeated with the right arm.
- **Pasada:** Stomp (aka a "golpe" or "flat" in English) with your right foot, then slide your left foot forward and up, with your entire left leg raised in the air (left foot pointed, about 1 ft off the ground, and turned in slightly). After holding this for a moment, bring your left foot forward and down, and take 3 more steps (right, left right) in a circular motion so that you end up facing the opposite direction.
 - Tips:* Since this dance is done with partners, the pasada provides a way for the partners to switch positions in an elegant way. The pasada is done twice in every copla except for the first, where it is done 6 times.
 - Arms:* There are two ways to do this. Traditionally, the first type is done when a man and woman are dancing together and the second type is reserved for when two women are dancing.
 - Type 1:* As soon as you make the "golpe," bring your right arm down in an outward circular motion to waist level. You may grab your partner's waist at this time. As you take your 3 circular steps, bring your arm back to starting position (high in the air).
 - Type 2:* Quickly bring both arms down in front of you, then turn slightly to your left and raise both arms in a circular motion to the sides, ending up in the air for the left foot "kick." As you make the 3 step turn, bring your arms down again
- **Fin:** Make a left-hand turn (either regular or "quebrada"), then pose with your right hand high in the air and your left hand at waist level away from your body (rounded arm), do a golpe with your right foot, and immediately slide your left foot forward, smile or make an intense facial expression of some kind: after all, you're done (at least for the moment)!

PRIMERA COPLA (1ST PART):

- *Intro*
- *Sevillanas Step* (5 times consecutively, starting left, right, left, right, left)
- *Pasada* (right arm down)
- *Sevillanas Step* (once with left)
- **NEW STEP:** After the left footed "kick" in the sevillanas step, bring your left foot behind your right foot, step to the side with your right, then step forward and slightly right with your left foot (Grapevine). Touch your right toe to the right side, pause a second, and then kick slightly to that side. Then repeat with the other side, bringing right foot back, moving left foot over, crossing right foot in front, and right foot kick. Step done **4x**, twice on each foot. The arms are just like the basic sevillanas step arms, except with a slight pause at waist level (when the corresponding foot pauses before kicking).
- *Pasada* (right arm down)
- *Sevillanas Step* (once with left)
- *4 consecutive Pasadas: alternating arms and feet*
- *Fin*