

COMMUNITY ORIENTATION HANDBOOK

Summer 2007

SERVICES	2
UNIVERSITY SERVICES.....	2
HELPFUL STANFORD PUBLICATIONS.....	4
BANKING AND BILL PAYING.....	4
LOCAL SOCIAL SECURITY OFFICE INFORMATION.....	5
STUDENT HEALTH CARE SERVICES.....	6
ACADEMIC SERVICES.....	7
CAMPUS COMPUTER RESOURCES.....	8
POSTAL SERVICE.....	9
TELEPHONE SERVICE.....	9
TRANSPORTATION AND TRAVEL.....	10
LOCAL HOTELS AND MOTELS.....	13
DRY CLEANING AND LAUNDROMATS.....	15
EATING OUT	15
ON CAMPUS.....	15
LOCAL RESTAURANTS, CAFES AND BAKERIES.....	16
FOR SOMETHING SWEET, LIGHT, QUICK, OR LATE.....	18
IN SAN FRANCISCO.....	19
TIPPING IN THE U.S.....	20
SHOPPING	21
GROCERY STORES CLOSE TO CAMPUS.....	21
DRUG STORES AND PHARMACIES.....	22
BOOKS, NEWSSTANDS AND STATIONERY.....	23
CLOTHING, SHOES, MUSIC AND OTHER NECESSITIES OF LIFE,.....	24
SPORTING GOODS (JUST A FEW).....	24
ENTERTAINMENT AND RECREATION	25
LOCAL MOVIE THEATERS.....	25
MUSEUMS.....	26
PARKS AND OPEN SPACE.....	26
LOCAL NIGHT SPOTS.....	27
RECREATION ON CAMPUS.....	27
BAY AREA/WRAP-UP.....	28

SERVICES

University Services

*All locations can be found at <http://www.stanford.edu/home/visitors/maps.html>

Visitor Information Services

723-2560

Fax: 725-6232

Location: Memorial Auditorium Lobby, just across the street from the very visible Hoover Tower.
Hours: Monday - Friday 8am-5pm, and Saturday - Sunday 9am-5pm. Free daily student guided campus tours at 11:00am and 3:15pm.

Website: <http://www.stanford.edu/home/visitors/index.html>

Summer Session Office

723-3109

Fax: 725-6080

Summer Visitor Program offers open admission to visiting students, primarily undergraduate and graduate students from other universities who wish to pursue their academic interests at Stanford in the summer. Application for admission is required.

Location: 482 Galvez Street in the Galvez modulars across from Crothers Hall.

Hours: Monday - Friday 9 am-5pm.

Website: <http://summersession.stanford.edu>

Bechtel International Center (I-Center)

723-1831

Fax: 725-0886

The I-Center is a meeting place for students, scholars and families from other countries and for internationally oriented U.S. students at Stanford. Students and staff members plan regularly scheduled gatherings and outings. The center offers assistance on matters of special concern to international students.

Location: 584 Capistrano Way, at the west end of the Tresidder parking lot.

Hours: The building is open 8am-10pm Monday - Friday, 5pm-10pm Saturday and Sunday. The offices are open from 10am-5pm, Monday - Friday.

Website: <http://www.stanford.edu/dept/icenter>

Registrar's Visa Information: <http://www.stanford.edu/dept/icenter/visas/faq/page.html>

Registrar's Office Information

723-2041

Registering at Stanford (ITSS program): 725-8181

The Registrar's Office holds a wealth of information from registering at Stanford, using AXESS for all student administrative tasks, student records, students' official transcripts.

Location: The modular unit known as "Harold" (at 630 Serra Street between Encina and the Toyon Eating Clubs). The offices for settling financial obligations and housing are across from the Registrar's Office in the Harold modulars (the Student Financial Services Information Office), and in the Galvez modulars (the University Housing and Dining Services Office), respectively.

Hours: Monday - Thursday 8am-5pm, and Friday 9am-5pm.

Website: <http://registrar.stanford.edu>

Student Financial Services Information Office

725-1600

Fax: 725-0310

The Cashier's office bills and collects for tuition, room, board, student telephone charges, and returned checks.

Location: 632 Serra Street, Suite 160 (in the Maude modular units next to Encina Hall and the Toyon Eating Clubs).

Hours: Monday - Friday, 8am-5pm.

Website: <http://co.stanford.edu/students>

Residential and Dining Enterprises

723-2287

Location: 482 Galvez Street in the Galvez modulars across from Crothers Hall.

Hours: Monday – Friday, 8am-5pm.

Website: <http://rde.stanford.edu>

Campus Housing Assignment Services:

725-2810

Location: 630 Serra Street, Unit 110.

Hours: Monday - Friday, 9am-5pm.

Website: <http://www.stanford.edu/dept/hds/has/>

Stanford I.D. Cards

498-CARD

Location: 632 Serra Street, Cashier's Office.

Hours: Monday - Friday, 8am-5pm. Closed last Tuesday of each month.

Stanford I.D. cards are issued to faculty, staff and registered students. The I.D. card is your ticket into the dining halls, the athletic facilities, and the libraries.

Stanford Police Services

723-9633

Lost and Found: 723-9639

Police, fire, or ambulance response is obtained by dialing 9-911 from all University phones or 9-1-1 from all other phones. 911 is a free call from any pay phone. In addition, emergency phone towers are located along many main routes on campus.

Tresidder Memorial Student Union

Campus Events Ticket Office: **723-0336**

Location: 459 Lagunita Drive.

Tresidder Union is a center of community activity on the Stanford campus. It has two pleasant patios, a full range of food services, a small convenience store, meeting rooms, a ticket office, a travel agency, a recreation center, a hairstyling shop, banking and automated banking services, the Office of Student Activities, and the Associate Students of Stanford University (ASSU) offices.

Student Organizations

Website: <http://osa.stanford.edu/studentgroups/registered.shtml>

Stanford Legal Counseling:

723-3381

Location: 2nd Floor of Tresidder Union, ASSU Offices

Hours: By appointment, Tuesday and Thursday 12pm-4pm.

This is a free service for Stanford students who have legal problems or questions. Please note: In the U.S., you are legally entitled to a copy of anything you sign---leases, job applications, car repair orders, etc. If you have repair work done, you may demand an estimate, and the total cost cannot go more than 10% over that estimate.

Sports Events

Tickets and Game information: **723-1021**

Website: <http://www.gostanford.com>

Helpful Stanford Publications

Stanford Bulletin

Provides information on courses and degrees; available at the Registrar's Information Desk in the Modulares across from Encina, as well as at the Stanford Bookstore.

Website: <http://www.stanford.edu/dept/registrar/bulletin>

Time Schedule

Available each quarter at the Registrar's Information Windows located in the Maude Modulares, 630 Serra Street.

Website: <http://axess.stanford.edu> (click "Class Search")

The University Bill. How to Read it, How to Pay it

Website: <http://www.stanford.edu/dept/vpsa/billing/index.html>

Graduate Student Handbook

Available to graduate students through their departments or the Office of the Associate Dean for Graduate Policy.

Website: <http://www.stanford.edu/dept/DoR/GSH>

About Computing

An annual brochure listing Stanford's computing facilities and services; found at the computer clusters.

Website: <http://acomp.stanford.edu>

Banking and Bill Paying

Tresidder Union contains a variety of banking services, including automatic tellers, check cashing, loan applications, and checking and savings accounts. Visiting students who do not have an account with a U.S. bank may wish to set one up in advance. Other students may wish to explore inter-bank systems; automatic tellers at Tresidder Union connect to STAR, PLUS, CIRRUS, MC, and VISA systems.

Stanford Federal Credit Union

723-7328 or TOLL FREE 888.723-2509

Locations:

- 2nd floor of Tresidder Student Union (Monday - Friday 10am-2pm)
- 1530 Page Mill Road, Palo Alto (Monday - Thursday 9am-4pm; Friday 9am-5pm)
- 300 Pasteur Dr, HH013 in the Stanford Medical Center (Monday, Tuesday, Wednesday 9am-5:30pm; Thursday, Friday 7:30am-5:30pm)
- 694 Pampas Lane, Stanford (Monday - Thursday 9am-4pm; Friday 9am-5pm)

Website: <http://www.sfcu.org>

Wells Fargo Bank

(800) 869-3557

Locations:

- 2nd floor of Tresidder Union (289-1034) (Monday - Friday 9am-5pm)
- 600 Quarry Road, in the Old Red Barn near Nordstrom's department store (289-1011) (Monday - Saturday 9am-6pm)

Website: <http://www.wellsfargo.com>

Bank of America

324-4433

Locations:

- 2600 El Camino Real, Palo Alto (south of campus)

- 395 Quarry Rd., Palo Alto
 - 530 Lytton St., Palo Alto (566-8331)
 - Versateller machine upstairs in Tresidder Union
- Hours:** Monday - Friday 9am-6pm; Saturday 9am-2pm
Website: <https://www.bankofamerica.com>

General Banking Information

Each bank offers savings, checking, Market Rate, and other types of accounts. To open a bank account you need to present your passport, university ID and, if possible, a social security card. The bank will also need a local address for printing on your checks and for mailing the account statement (do NOT use the EFS office address). Most banks will have student accounts that will match your needs as a student. Before opening the account, take time to examine different types available to find which one is best for your situation

Questions you may want to ask are:

1. Is there a fee for opening the account?
2. Is there a minimum balance, and what is the monthly service charge if it is not maintained?
3. Is interest credited to checking accounts?
4. Is there a per-check fee?

Most banks are now equipped with automatic teller machines (ATM's) so that you can make limited transactions at any time of day or night. Memorize your password or code so you will not have to carry it with you. Safety is an issue around teller machines, so be aware of people around you when making a withdrawal, especially at night.

Finances and University Bill Paying

All University fees must be paid in a form acceptable to the University, i.e., U.S. currency or by check payable through an American bank. Credit cards are not accepted.

For information on wire service transfer, see <http://co.stanford.edu/students/sar/wt.html>

Local Social Security Office Information

Social Security Administration

1-800-772-1213

The University student aid accounting system requires a social security number for each payee. If you are continuing your education in the U.S. and receiving any financial aid or if you will be doing any type of employment, you will need to file for such a number. If you need information on Social Security for any reason, contact one of the two offices listed below.

Website: <http://www.ssa.gov>

1. Redwood City Office: (800) 772-1213
 - Social Security Administration
601 Allerton Street 2nd Floor
Redwood City, CA 94063
 - Hours: Monday - Friday 9am-4pm
 - Directions: From highway 101, take Whipple Exit; go south on Veterans to Middlefield, turn right, go three blocks to Broadway. The building is near the courthouse, and the office is on the 2nd floor.
2. Sunnyvale Office: (408) 291-6479
 - Social Security Administration
438 So. Murphy Avenue
Sunnyvale, CA 94086

- Hours: Monday - Friday 9am-4:30pm
- Directions to Sunnyvale office: Located between Olive & Iowa, 1 block south of Sunnyvale Town Center, 2 blocks north of El Camino Real. Take Hwy 101 exit at Mathilda west to Iowa, turn left on Murphy, and turn right, the office is 1/2 block on the left.

Student Health Care Services

Vaden medical care and counseling services are free for enrolled students. However, the cost of hospitalization, surgery, physician fees and prescriptions is NOT covered (for information about medical insurance plans, ask at Vaden or at Bechtel International Center.) Vaden is the first place to go with illnesses or medical concerns (always remember to bring your student ID card and/or proof of insurance). If they cannot help you, they will refer you to other local services. In addition to physical health care, Vaden provides free counseling (up to 10 sessions) with professionals at Counseling and Psychological Services (CAPS), or with trained students ("Peer Counseling") at the Bridge. The Bridge operates a 24-hour phone line, or you can drop by, with or without an appointment. These services are here for your use. Their staff can help you with problems ranging from the flu to depression. They also provide group sessions for people dealing with alcoholism and other addictions and special concerns.

Stanford Medical Center Emergencies from university phones: dial 286
Fire/Police/Medical aid from university phones: dial 9-911

Vaden Health Center

498-2336

Location: 866 Campus Dr, across from Wilbur Field, 2nd Floor

Hours: Monday - Friday 8:30am-5:00pm

Website: <http://vaden.stanford.edu>

- **For an appointment: 498-2336 Ext. 1**
Hours: Monday - Friday 9am-12pm, 1:30pm-5pm
- **For routine medical advice: 498-2336**
Hours: Monday - Friday 9am-5pm

Counseling and Psychological Services (CAPS)

723-3785 (24 hours)

Location: Vaden Health Center, 2nd Floor

Hours: Monday - Friday 8:30am-5pm (Closed Wednesday, July 4)

Website: <http://vaden.stanford.edu/caps>

Vaden Pharmacy

498-2336 ext. 3

Location: Vaden Health Center, 1st Floor

Hours:

- June 18 - July 31: Monday - Friday 9:30am-12:30pm, 1:30pm-4:30pm

- August 1 - August 31: Monday - Thursday 9:30am-12:30pm, 1:30pm-4:30pm

Website: <http://vaden.stanford.edu/pharmacy>

The Bridge (Peer Counseling)

723-3392 (24 hours)

Location: 581 Capistrano Way

Website: <http://www.stanford.edu/group/bridge>

Medical Center Emergency Department
723-5111

Disability Resource Center (DRC)
723-1066 or 723-1067

The Disability Resource Center provides information, referral, and services for students with disabilities -- physical and learning.

Location: Office of Accessible Education, 563 Salvatierra Walk, Stanford

Hours: Monday - Friday 9am-noon, 1pm-5pm

Website: <http://www.stanford.edu/group/DRC>

Academic Services

Libraries

The Stanford Library system is immense and comprehensive. Each department has its own library, as do many of Stanford's research centers. There are two main libraries, Green Library for reference and graduate research, and Meyer library, whose 24-hour study hall, room 160, is a popular hangout. Meyer includes the Media Center and the Language Labs. You can search any of the on-line catalogs using Socrates, a database found in Folio, and can even find information about the availability of a book.

Summer Schedule, (June 23- August 19, 2007)

Website: http://www.sul.stanford.edu/libraries_collections/hours_locations.html#summer

Green Library 725-9108

Location: 557 Escondido Mall (behind Hoover Tower, near the red ring fountain)

Hours:

Mon-Thurs	Friday	Saturday	Sunday
8am-9pm	8am-6pm	9am-5pm	1pm-9pm

Visit <http://library.stanford.edu/cgi-bin/tellus.cgi> for more information on borrowing privileges

Meyer Library 724-5600

Location: 560 Escondido Mall (between Green Library and the Law School). This library features computer clusters and the language lab on the second floor. You can also check out portable iBooks from the circulation desk on the second floor.

Hours:

Mon-Thurs	Friday	Saturday	Sunday
8am-9pm	8am-6pm	1pm-5pm	1pm-9pm

Green library requires a Stanford Identification Card for entrance. There are many smaller libraries on campus, including Cubberley Education Library, Braun Music Library, Cummings Art Library, Varian Physics Library, and other departmental libraries. Each operates on its own hours, and most do not require a Stanford University I.D. (SUID) for entrance. However, all libraries require an I.D. in order to check out materials.

Stanford University Libraries and Academic Information Resources (SUL/AIR)

Website: <http://www-sul.stanford.edu>

Center for Teaching and Learning (CTL)

723-1326

CTL is the place to go for help in improving study skills, time management, and reading proficiency. The Center provides workshops and counseling on various academic concerns.

Location: Sweet Hall, 590 Escondido Mall, 4th Floor

Hours: Sunday - Thursday, 6pm-midnight

Website: <http://ctl.stanford.edu>

Campus Computer Resources

Computer and Network Assistance

725-HELP (24 hours)

Website: <http://remedy-prod.stanford.edu/cgi-bin/helpsu2>

Information Technology Systems & Services

725-8465

Website: <http://www.stanford.edu/group/itss>

Public Computer Clusters

Meyer Library:

- **First Floor Lobby Cluster Group Study Area**

Hours: 24 hours a day, 7 days a week

- **Second Floor Cluster**

Hours: Monday - Thursday 8am-midnight; Friday 8am - 6pm; Saturday 1pm - 9pm; Sunday noon-midnight

723-9407

Tresidder Union:

LAIR Computer Cluster (Second Floor)

Hours: 24 hours a day, 7 days a week

723-9407 reaches Meyer 2nd Floor help desk

Terman Engineering Building:

- **TECC, Terman Engineering Computer Cluster (Room 104)**

Hours: Monday - Friday 9am-6pm (unlocked); Saturday - Sunday can be accessed with Stanford ID Card

723-0523

- **Engineering Library Microcomputer Cluster (Second Floor)**

Hours: Monday - Thursday 8am-midnight; Friday 8am-6pm; Saturday 9am-5pm; Sunday 10am - midnight

723-0001

Sweet Hall:

- **Second Floor Cluster**

Hours: 24 hours a day, 7 days a week (Consulting: Monday - Friday 10am-5 pm)

725-4357 (5-HELP)

- Sweet Hall Graphics Labs (Basement Rooms 019 and 029)

Hours: 24 hours a day, 7 days a week

725-2096

Residence Clusters:

For information contact:

Office of Residential Computing

Meyer Library, Second Floor

723-4800

Postal Service

Stanford Post Office

(800) 275-8777

Location: White Plaza, next to the Bookstore.

Hours: Monday - Friday 9am-5pm (except holidays)

Website: <http://www.usps.com> or <http://ircalc.usps.gov> to calculate postage rates

Many services are offered here, including U.S. passport processing, and all types of mail services such as registered, insured, express, certified, etc. Stamps and mailing supplies are also available.

- Letters cost 41¢ within the U.S., 69¢ to mail to Canada and Mexico, and 90¢ to mail to other countries. This information applies to letters not exceeding 1/2 oz.

- Regular size postcards cost 26¢ within the U.S.; large size postcards cost 41¢ within the U.S.

- The cost of sending a package varies depending on its weight and how it is sent. For example, 1st class mail travels faster and costs more than 2nd or 3rd class mail. Express Mail is a service which delivers overnight, and costs more than 1st class.

- Stamps are available at the counter or in the machines located both inside and outside the post office.

Mail addressed to you during the 6-week program can be received at the EFS office in the Language Center. However, this is only for the duration of the program and we must have your forwarding address for mail that might come after the program. Students who will be staying at Stanford for six months or longer are advised to rent a post office box. Applications are available at the post office; there may be a waitlist for boxes.

Telephone Service

Stanford Operator

723-2300

The Stanford operator can provide up-to-date phone listing information for all Stanford students, University and Medical Center departments and staff.

University Communication Services

497-HELP

Location: Forsythe Hall, 275 Panama Street

Hours: Monday - Friday 8:30am-5:00pm

Website: http://www.stanford.edu/home/computing/phone_tv.shtml

Communication Services handles telephone and cable service in on-campus residences, as well as in University and Medical Center departments. Call for service details, dialing procedures, long distance authorization, or feature instructions. For long-distance authorization, call the office. They will need the following information:

1. Your name and address (dorm and room number)
2. Your mailing address
3. The type of service you would like:
 - a) Touch-tone or dial tone (depending on what kind of phone you have: push-button or dial)

- b) Flat rate service (unlimited local calls) or measured rate service (60 calls per month)
 - c) Regular or Universal Lifeline Service
 - d) Optional services such as Call Waiting, Three-Way Calling, etc. (at an additional fee)
You may disregard these optional services.
4. Which long-distance company you prefer (AT&T, Sprint, MCI, for example)
 5. If and how you would like your directory listing to appear
 6. Credit information, such as credit cards or bank accounts. If you do not have these, you may have to pay a deposit of about \$80.00, which will be returned to you when you cancel your service.

For information on getting local phone service, long-distance calling, and other services the phone company offers off campus, see the front of the local phone book or call 1-800-21-GUIDE. By the way, local calls from a pay phone typically cost 50¢.

Cellular Phones

Many people on campus have found cell phones more useful than in-room phone connections.

Stores in Downtown Palo Alto:

ATT/Cingular Wireless	2805 El Camino Real	617-8931
PCS Smartmart	476 University Avenue	324-2300
Sprint PCS	499 University Avenue	614-9140
Verizon	435 University Avenue	323-6127

Transportation and Travel

Campus Location and Travel

Website: <http://www.stanford.edu/home/visitors/maps.html>

Stanford University is located adjacent to Palo Alto, a major transportation hub on the San Francisco Peninsula. Palo Alto is connected by CalTrain commuter rail to San Francisco, 35 miles northwest of Stanford, and to San Jose, 25 miles southeast of Stanford, along with cities in between. Santa Clara County Transit provides public bus transportation to the University, with stops at the front of the Main Quad, the Medical Center and the Stanford Shopping Center. Transportation to and from the airports by van is provided by a number of companies. The English for Foreign Students Office is in building 30, in the interior of the Main Quad. Our offices are in suite 106 on the ground floor.

Stanford Parking and Transportation Services

723-9362

Location: 340 Bonair Siding

Hours: Monday - Friday 7:30am-5:00pm

Website: <http://transportation.stanford.edu>

This office provides campus parking permits as well as information about shuttle and other transportation systems on campus and around the San Francisco Bay Area.

Public Transportation

Website: <http://www.transitinfo.org>

The Bay Area's public transportation system leaves much to be desired, but it is usually sufficient if you get all the information you need beforehand about transportation from the Tresidder Information Window or the University Office of Transportation at 340 Bonair Siding.

Bicycling

725-BIKE (2453)

bikes@forsythe.Stanford.edu

Biking is a very good way to get around this large campus. Information, bicycle safety tips, and rules about biking in California are available at the Transportation Programs office at 340

Bonair Siding. If you do rent or purchase a bicycle, do not forget to always lock up your bike even if you leave it for a few minutes; and follow the Bike Commuter Rules of the Road. Stolen Bicycles are to be reported to Stanford Police, 711 Serra Street, 723-9633, Monday - Friday, 8:30am-5pm.

Although we have listed three local bike shops, there are numerous bike stores as cycling is a very popular sport in California.

Campus Bike Shop

(650) 723-9300

Location: Tresidder ground floor, next to the CoHo

Hours: M-F, 9-5 and Sat. 9-3

New, Used and Rentals

The Bike Connection

(650) 424-8034

Location: 2086 El Camino Real, Palo Alto

Hours: Monday - Saturday 10am-8pm; Sunday 10am-6pm

New and Used Sales, Rental, Repairs-1 day service

Garner's Pro Bike Shop

(650) 327-6655

Location: 63 Town & Country Village, Palo Alto

Hours: Open 7 days a week.

Large selection of road and mountain bikes; also has a good service department.

Marguerite Campus Shuttle

723-9362

For Paratransit service for the disabled, call 723-4000.

Hours: Monday – Friday 6am-8pm excluding University holidays

Website: <http://transportation.stanford.edu/marguerite/MargueriteShuttle.shtml>

The Marguerite Shuttle is a free, public, very convenient way to get from one end of campus to the other, CalTrain stations, downtown Palo Alto, Menlo Park, the Stanford Linear Accelerator Center and Stanford Shopping Center.

Santa Clara County Transit System

(800) 894-9908

This bus system operates throughout Santa Clara County, including Palo Alto, Mountain View, and Los Altos, San Jose and cities further south. Maps and schedules are available at the Transportation office at 340 Bonair Siding and I-Center Information Desk. These buses essentially run southbound from the Stanford Shopping Center. Single fares are \$1.25 for adults, and exact change is required because bus drivers do not carry change. An all-day pass costs \$3.00. Each bus route is given a number. The #22 (Menlo Park - Palo Alto - Eastridge) travels up and down El Camino Real, stopping next to the Serra entrance to campus, and the #35 (Mountain View Train Station - Stanford Shopping Center) goes into Palo Alto, stopping at the Oval. You can catch most buses at the Palo Alto Caltrain Station on University Avenue and Alma Street.

SAMTRANS (San Mateo County)

(800) 660-4287

This is a network of north-south bus services on the Peninsula, from Page Mill Road in Palo Alto to downtown San Francisco. The three nearby bus stops are located on El Camino Real: opposite the Stanford Shopping Center, at Cambridge St, and at Middle Ave. SamTrans bus #KX will take you to the San Francisco Airport from the Stanford Shopping Center. Prices vary depending on where you are headed. The bus stops are red, white and blue SamTrans signs.

Schedules are available at the I-Center Information Desk and Transportation Office at 340 Bonair Siding.

CALTRAIN Peninsula Rail Service
(800) 660-4287 or (650) 508-6200

CalTrain provides train service between San Jose and San Francisco, and the cities in between. Fares are higher than bus fares. Train schedules and ticket information are available at Tresidder Memorial Union, at the station in Palo Alto at University Avenue and Alma Street, at the California Avenue station, or at the I-Center. The Marguerite Shuttle (both A and B lines) stops at the CalTrain Station.

Other Public Transportation phone numbers

Amtrak:	(800) 872-7245	http://www.amtrak.com
B.A.R.T.:	(415) 291-3377	http://www.bart.gov
Golden Gate Transit:	(415) 455-2000	
MUNI:	(415) 673-MUNI (673-6864)	

Airports:

SAN FRANCISCO INTERNATIONAL AIRPORT	(650) 761-0800
SAN JOSE INTERNATIONAL AIRPORT	(408) 277-4759
OAKLAND INTERNATIONAL AIRPORT	(510) 577-4000

Airport Shuttles

Bay Porter	(877) 476-1800	
South and East Bay Shuttle	(408) 225-4444 or (800) 548-4664	
Super Shuttle	(650) 558-8500	http://www.supershuttle.com
V.I.P. Shuttle	(408) 286-1800	

It is a good idea to call in advance and make a reservation for this service. Shuttles provide service to the Oval (in front of the Stanford Quad) and door-to-door to and from the International Airports.

Taxicabs

Taxis can be found at the train station, or can be called to your home. Most taxis have meters, but if not, the fare should be determined in advance. Here are a few companies with 24-hour service:

Ace Cab Co.	(650) 321-8989
Menlo Park Cab Co.	(650) 325-1234
Yellow Cab Co.	800-595-1222 or (650) 233-0100, Palo Alto: (650) 324-1234 Stanford: (650) 852-1CAB (1222)

Long-distance Travel (campus agency listing, see telephone book for others)

The following offices will help you with flight arrangements and ticketing, hotel reservations, and other travel plans:

- **Adventure Travel Network**
470-0050
pal@atntravel.com
Location: Upstairs in Tresidder Union, 459 Lagunita Drive
- **Navigant International Travel**
1-800-394-6440
<http://trip.stanford.edu>

Overseas Resource Center

725-0881

Location: Bechtel International Center, 2nd Floor

Hours: Monday - Friday 10am-5pm

This campus center has information about traveling in California, as well as traveling abroad.

Automobiles and California State Drivers License

Those who will be in the area for a long period of time may be interested in renting or buying a car. One convenient option is the Stanford branch of Enterprise, located at 460 Oak Road.

They often give discounts to individuals with a valid SU Identification card. Expect to pay more during the summer. Keep in mind that many companies require a major credit card and proof of insurance. Because California is the land of the automobile, it is also the land of automobile regulations. Please pay attention to the rules, laws and courtesies of driving in our state. *The I-Center* has information about getting a driver's license, where and what to look for when purchasing a car, buying auto insurance, etc. One local D.M.V. state driver's license examination location is at 300 Brewster Avenue, Redwood City, 94063. Call for an appointment or for general information: (800) 777-0133. You will need to show your passport and a social security card. In order to receive your permanent driver's license, you must first go through the steps of a written test, temporary license, physical and driving test. There is online information at <http://www.dmv.ca.gov/>.

Local Hotels and Motels

Do not arrive on campus after 5:00pm as you cannot enter campus housing and all university offices are closed. It is difficult to find a hotel off campus late in the evening. Two of the least expensive hotels near the San Francisco Airport are:

Travelodge Inn

583-9600

\$89 per night

El Rancho Inn

588-2912.

\$79 per night

Both provide transportation to and from the airport.

There is no shortage of accommodations in the Bay Area and this is by no means a complete list; for more hotels, please check the telephone book listings. Book in advance if possible if for some reason you are not able to check into your dormitory during university office hours or into other off campus housing. Rates listed below are for one night, standard double occupancy rooms and do not include tax. When you call to make reservations, be sure to ask about a Stanford affiliated discount; many hotels will give you a reduced rate if you present them with a valid SU Identification card. The following are listed by city and then in order of distance from campus.

Palo Alto (94306) - distances vary and are listed below from *very close* to 3.7 miles from campus:

Sheraton	625 El Camino Real	(650) 328-2800 or 1-800-WESTIN1	\$109
Stanford Terrace Inn	531 Stanford Ave	(650) 857-0333 or 1-800-729-0332	\$179 - \$189
Coronet Motel	2455 El Camino Real	(650) 326-1081	\$60
Super 8	3200 El Camino Real	(650) 493-9085	\$78-98
Palo Alto Travelodge	3255 El Camino Real	(650) 493-6340	\$69
Stanford Motor Inn	3305 El Camino Real	(650) 493-3153	\$89
Creek side Inn (a Best Western)	3400 El Camino Real	(650) 493-2411 or 1-800-492-7335	\$169 - \$259
Glass Slipper Inn	3941 El Camino Real	(650) 493-6611	\$59
Quality Inn	3945 El Camino Real	(650) 493-3141	\$75
Mayflower Garden Motel	3981 El Camino Real	(650) 493-4433	\$55
Town House Motel	4164 El Camino Real	(650) 493-4492	\$76
Sky Ranch Motel	4234 El Camino Real	(650) 493-7221	\$75
Days Inn Motel	4238 El Camino Real	(650) 493-4222 or 1-800-329-7466,	\$59
Dinah's Garden Hotel	4261 El Camino Real	(650) 493-2844 or 1-800-227-8220	\$245

Menlo Park (94025) - not so close, need to taxi or bike:

Best Western Riviera	15 El Camino Real	(650) 321-8772 or 1-800-632-7255	\$119
Stanford Park Hotel	100 El Camino Real	(650) 322-1234 or 1-800-368-2468	\$295 for a standard room
Menlo Park Inn	1315 El Camino Real	(650) 326-7530	\$115

Downtown Palo Alto (94301) - pretty close, long walk or easy bike ride

The Cardinal Hotel	235 Hamilton Ave	(650) 323-5101	\$135 (w/private bath).
Garden Court Hotel	520 Cowper St	(650) 322-9000 or 1-800-824-9028	\$339-\$525
Hotel California	2431 Ash St	(650) 322-7666 (south of campus, just off California Avenue)	\$80-\$95 Must book online at www.hotelcalifornia.com

Dry Cleaning and Laundromats

There are many good local cleaners, laundries and coin-operated laundromats. Here is a short list of those close by to keep your clothes and household items clean and fresh.

EMERSON LAUNDRY CENTER: 926 Emerson Street, Palo Alto, 326-6926.

BIANCO CLEANERS: 440 High Street, Palo Alto, 323-4371. Good prices and high quality.

HOLIDAY CLEANERS: 595 Bryant Avenue, Palo Alto, 325-7004.

TOWN & COUNTRY CLEANERS: 42 Town & Country Village, Palo Alto, 329-0998. Dry cleaning as well as laundry service, special shirt service and household items cleaned or washed.

COLLEGE AVE. WASH & DRY: 564 College Avenue, Palo Alto, 858-1474. 5am-midnight.

STANFORD COIN WASH LAUNDRY: 2045 El Camino Real, Palo Alto, 324-3407. 7am-midnight, with large capacity washers.

EATING OUT

Because there are too many places to list we have included on-campus eateries, and then only a few favorites off-campus and in San Francisco. You can start with a few of these, and then have fun exploring new places on your own. Please let us know if you find a new favorite!

On Campus

At Tresidder Student Union:

TRESIDDER CAFE/UNION SQUARE

725-3182

Hours: Monday - Thursday 10am-5pm, Friday 11am-5pm (subject to change)

Cafeteria-International style foods open for breakfast and lunch, including sandwiches, hot entrees, a salad and soup bar, fruit, desserts and beverages.

THE COHO (coffee house)

723-3592

Location: Next door to Tresidder Café

Hours: Sunday - Thursday noon-midnight; Friday - Saturday noon – 8pm (subject to change)

Sandwiches, salads, nachos, breads and cookies, great coffees and teas, and a variety of other beverages including sodas, beer and wine. There's always music and a cozy atmosphere.

PEET'S COFFEE AND TEA

723-5959

Location: Within Tresidder Café

Hours: Monday - Friday 7am- 2am (subject to change)

Fresh pastries, gargantuan muffins and pastries, breads and cookies, coffee.

THE TREEHOUSE

723-4500

Hours: 10am-1am .

Mexican rotisserie chicken and taqueria foods, as well as hamburgers. Micro Brewed beer.

Other Campus Locations:

THAI CAFÉ

Location: Jordan Hall, in the basement of the Psychology department, building 420

Hours: Open for lunch only, Monday - Friday 11:30am-1:15pm

NUTS & MUD

Location: Terman Engineering Building

ARBUCKLE CAFÉ

723-2143

Location: Graduate School of Business

Hours: Monday - Friday, 7:30am-1:30pm

LAW SCHOOL SNACK BAR AND CAFÉ

725-2572

Hours: Monday - Friday, 8am-5pm

MOONBEANS

Location: Between Green and Meyer Libraries

Local Restaurants, Cafes and Bakeries

University and California Avenues in Palo Alto and Santa Cruz Avenue in Menlo Park are known for their wealth of restaurants, cafes, bakeries, and bar and grills. However, very few serve after 10pm. There are several fast food restaurants in the area as well, including

McDonald's, Burger King, Kentucky Fried Chicken, Taco Bell, Jack-in-the-Box, Golden Wok and more. Most are located along El Camino Real. Listed here are some informal student-friendly eateries; however, in this culturally diverse area you can find everything and in all price ranges!

Note: the website <http://www.mapquest.com> is very handy for finding directions to these restaurants and other places of interest.

DUTCH GOOSE

854-3245

Location: 3567 Alameda de las Pulgas, Menlo Park

Hours: 11am-midnight

A casual place to relax and have a beer with friends.

HOBEE'S

327-4111

Location: 67 Town & Country Village, Palo Alto

Hours: Monday - Friday 7am-9pm; Saturday Sunday 8am-9pm

A Stanford tradition. Great for breakfast, but arrive early or expect to wait a while.

PENINSULA FOUNTAIN & GRILL (THE CREAMERY)

323-3131

Location: 566 Emerson Street, downtown Palo Alto

Hours: Open 7 days a week, breakfast through dinner

The best place nearby to get an all-American hamburger and milkshake in a diner-style atmosphere.

JING JING

328-6885

Location: 443 Emerson Street, Palo Alto (off University Ave.)

Hours: Lunch and Dinner Monday - Saturday

The spiciest Szechwan Hunan-Chinese food this side of San Francisco!

SUSHI YA RESTAURANT

322-0330

Location: 380 University Avenue, Palo Alto

Hours: Lunch and Dinner Monday - Saturday

Tiny sushi bar that serves excellent sushi and sashimi, innovative presentations.

GOMBEI JAPANESE KITCHEN

329-1799

Location: 1438 El Camino Real, Menlo Park

Hours: Lunch Monday - Friday; dinner served daily

Very good cooked dishes (no sushi here) and cozy atmosphere. Only accepts cash.

PALO ALTO SOL

328-8840

Location: 408 California Avenue, Palo Alto

Hours: Lunch Monday - Friday; dinner served daily

Small, friendly, informal atmosphere. Good simple food, including take-out. Great salsas!

BANGKOK BAY

365-5369

Location: 825 El Camino Real at Broadway, Redwood City

Hours: Lunch Monday - Friday; dinner served daily

APPLEWOOD INN

324-3486

Location: 1001 El Camino Real at Menlo Avenue, Menlo Park

Hours: Lunch and dinner served daily

A pizzeria with a German flavor. Great food and quite casual.

RAMONA'S

326-2220

Location: 2313 Birch Street, Palo Alto

Hours: Lunch and dinner served daily

Ramona's is most often enjoyed as the "classy" alternative to Domino's order-out pizza. They deliver, but the restaurant is nice, too.

THE OASIS ("The O")

326-8896

Location: 241 El Camino Real, Menlo Park

Hours: Monday - Friday 11am-1am; Sunday 11am-11:30 pm

Beer and burgers in a friendly tavern atmosphere. Leave your peanut shells on the floor!

ALPINE INN (aka "Rosotti's")

854-4004

Location: 3915 Alpine Road, Portola Valley

Hours: Monday - Saturday 11:30am-9pm; Sunday 11:30am-5:30pm

Greasy but good food, and a large outdoor eating area. Another student hangout.

COLONEL LEE'S MONGOLIAN BARBECUE

968-0381

Location: 304 Castro Street, Mountain View

Hours: Lunch Monday - Friday; dinner served daily

All you can eat for one low price. You choose the meats, vegetables and sauces, and a cook prepares it for you on the grill.

Some more formal restaurants in the Palo Alto Area:

IL FORNAIO CUCINA ITALIANA

853-3888

Location: 520 Cowper Street, downtown Palo Alto

Hours: Open daily, breakfast through dinner

Features moderately-priced pasta and grilled foods in an elegant setting.

MACARTHUR PARK

321-9990

Location: 27 University Avenue (at Alma near the train station)

Hours: Bruch and lunch Sunday - Friday; dinner served daily

A popular restaurant for special occasions. They specialize in barbecued ribs.

LAVANDA

321-3514

Location: 185 University Avenue, downtown Palo Alto

Hours: Lunch Monday - Saturday; dinner served daily

Great Californian cuisine with an impressive wine list.

For Something Sweet, Light, Quick, or Late

OH, CROISSANT

322-1700

Location: 125 University Avenue, Palo Alto

Hours: Monday - Friday 6:30am - 6pm; Saturday 10am-4:30pm

Serves sandwiches, pastries, juice, and delicious croissants.

THE PROLIFIC OVEN

326-8485

Location: 550 Waverley Avenue.

Hours: Sunday 8:30am-7pm; Monday 7am-7pm; Tuesday - Thursday 7am-10pm; Friday - Saturday 7am-11pm

All kinds of pastries and coffees. It smells so good, you may never want to leave.

NOAH'S BAGELS

328-5429

Location: 278 University Avenue

Hours: Monday - Friday 6am-5pm; Saturday 7am-4pm; Sunday 7am-3pm

Probably the best bagel shop in Palo Alto.

PEET'S COFFEE AND TEA

Locations:

-899 Santa Cruz Avenue, Menlo Park (325-8989)

-153 Homer Avenue, Palo Alto (325-2091)

- 77 Town and Country Village, Palo Alto (328-4771)

The place to go for great coffee and teas, sweets, fancy makers and artsy cups and mugs.

PRINTER'S INK CAFÉ

323-3347

Location: 310 California Avenue, Palo Alto

Hours: Open daily, breakfast through dinner

A coffee shop within an art gallery, serves mostly baked goods and beverages, as well as good light lunches and dinners- some vegetarian. Try the scones toasted with butter and jam.

PALO ALTO BAKING CO.

321-3224

Location: 381 California Avenue, Palo Alto

Hours: Monday - Friday 6am-6pm; Saturday 6am-4pm; Sunday 7am-3pm

Bakery and coffee shop.

In San Francisco

"The City" is packed with restaurants - every kind you can imagine. Many regard San Francisco the gourmet capital of the country. North Beach (near Fisherman's Wharf) and Geary Boulevard are two places with a high concentration of eateries. Marin County and the Napa-Sonoma-Mendocino Wine Country have other delicious places to visit. Here is a list of some San Francisco favorites, but there are millions more!

SAM WOH CHINESE RESTAURANT

(415) 982-0596

Location: 813 Washington, in the heart of Chinatown.

Hours: 11am-3am

The service is quite fast here, but not very friendly. Somehow that only adds to the charm of the place. Large servings at a low price. Come here with an empty stomach and a sense of humor.

GIORGIO'S PIZZERIA

(415) 668-1266

Location: 151 Clement (at 3rd Ave.)

Hours: Lunch to late, daily

Casual atmosphere and delicious Italian food.

ANGELINA'S ITALIAN DELI, CAFE AND CATERING

(415) 221-7835

Location: 22nd Ave. and California.

Hours: 6:30am-5pm daily

A small corner cafe with pasta salads, sandwiches, great coffee and terrific muffins.

BROTHERS RESTAURANT

(415) 387-7991

Location: 4128 Geary at 6th St.

Hours: 11am-12am daily

A very popular Korean restaurant specializing in BBQ grilled with mesquite (wood), instead of gas powered grills. There are two sites right down the street from each other. Expect to spend \$10-15 per person.

THEP PHANOM

(415) 431-2526

Location: 400 Waller St. at Fillmore

Hours: 5:30pm-10:30pm daily

Considered by many food critics to be the best Thai restaurant in California. Moderately priced and a cozy atmosphere.

YANK SING

(415) 957-9300

Location: 101 Spear St. at Mission

Hours: Monday-Friday 11am-3pm; Saturday-Sunday 10am-4pm

One of the best dim sum restaurants in SF, but somewhat expensive. Try a specialty tea.

CHA-CHA-CHA

(415) 386-7670

Location: 1801 Haight St.

Hours: 11:30am to late, daily

A very fun (lively, noisy) and crowded Caribbean restaurant. Try the fried plantains and their famous sangria (a fruity red wine) that is made on the premises.

Tippling in the U.S.

Service charges or gratuity (tips) are usually not added to bills in America but they are expected in most situations. Always tip 15% of the total bill in a taxi, restaurant, or bar. Tip a person who helps you carry your suitcase. Tip a parking attendant at least \$1.00 if he parks your car and brings it back to you when you are ready to go. Tip the person who cuts your hair 10%. Do not tip gas station attendants, bus drivers, theater ushers or parking attendants who do not park your car. Absolutely DO NOT tip postal workers, government employees, customs officials, driver's test examiners, police, or anyone associated with a public service job. This is illegal and unethical in this country.

SHOPPING

Grocery Stores close to campus

TRESIDDER EXPRESS (TRES EX)

723-9224

Location: Tresidder Union

Hours: 7:30am-midnight daily (hours subject to change during the summer)

Deli and dairy items, snacks, beverages and groceries, plus some health and beauty products, household supplies, and more. It is small and expensive but convenient.

JJ&F FOOD STORE AND DELICATESSEN

857-0901

Location: 520 College Ave. in Palo Alto south, just off El Camino Real

Hours: Monday-Friday 9am-8pm; Saturday 9am-7pm; Sunday 9am-6pm

Friendly atmosphere, choice meats, fish and roasted chicken.

ANDRONICO'S

327-5505.

Location: 500 Stanford Shopping Center, close to residences on West campus.

Hours: 7am-10pm daily

A grocery store for the gourmet, it has a great deli, an extensive selection of wines, and a variety of other specialty foods. It's a little pricey, but very easy to get to on the Marguerite.

COUNTRY SUN NATURAL FOODS

324-9190

Location: 440 California Ave. in Palo Alto (south of campus just east off El Camino Real)

Hours: 8am-9pm daily

Complete selection of natural and organic foods, cruelty-free body care products, and the largest department of vitamin and herb supplements around. Great salad and sandwich deli.

SIGONA'S FARMER'S MARKET

329-1340

Location: 399 Stanford Shopping Center, across from Max's Cafe.

Hours: Monday-Saturday, 9am-8pm; Sunday 9am-7pm

The best variety in fruits and vegetables.

OAKVILLE GROCERY

328-9000

Location: 715 Stanford Shopping Center.

Hours: Monday-Saturday 10am-7pm; Sunday 10am-6pm

A delicatessen market with international foods, wines and beers.

WHOLE FOODS MARKET

326-8676

Location: 774 Emerson in Palo Alto.

Hours: 8am-10pm daily

A real California experience, for sure. Organic foods and produce, fresh seafood, rice, whole grains and granolas, a bakery and deli, meat market, as well as great wine and beer selection.

SAFEWAY

324-8630

Location: 525 El Camino Real, Menlo Park

Hours: 24 hours a day, 7 days a week

A very complete store, including a bakery, a wide variety of frozen foods, beer, wine and liquor, household supplies, pet foods, health and beauty products, school and office supplies, plants and flowers, and a pharmacy.

"SECRET" SAFEWAY

854-3056.

Location: 325 Sharon Park Dr, Menlo Park

Hours: 24 hours a day, 7 days a week

Smaller but usually less crowded than the other Safeway. So close, it is almost on campus.

Note: it does not include a pharmacy.

TRADER JOE'S

325-2134

Location: 720 Menlo Avenue in Menlo Park (west of El Camino Real)

Hours: 9am-9pm daily

Inexpensive food store with few groceries, but has a good frozen foods, beer & wines, and snack foods with fair prices.

NAK'S ORIENTAL MARKET

325-2046

Location: 1151 Chestnut in Menlo Park (just off Santa Cruz Avenue in Menlo Park)

DRAEGER'S SUPERMARKET

688-0677

Location: 1010 University Drive, Menlo Park

Hours: 7am-10pm daily

Expensive, but great for hard-to-find imported and gourmet foods. They also have organic and health foods, wines, a bakery, and a deli.

Drug Stores and Pharmacies

VADEN MEDICAL CENTER PHARMACY

723-6160

Location: 866 Campus Drive, Stanford

Hours:

- June 18 - July 31: Monday - Friday 9:30am-12:30pm, 1:30pm-4:30pm

- August 1 - August 31: Monday - Thursday 9:30am-12:30pm, 1:30pm-4:30pm

LONG'S DRUG STORES

Location:

- 2701 Middlefield Rd. 330-0128

- 352 University Avenue 324-1667

Hours: Monday-Friday 9 to 9, Saturday 9 to 6, and Sunday 10 to 6.

MAXIMART PHARMACY

327-3922

Location: 240 Cambridge Ave., Palo Alto

Hours: Monday-Friday 10am-7pm; Saturday 10am-6pm

A small discount pharmacy within walking distance of the California Avenue shopping area and near Mollie Stone's Market. Insurance prescriptions welcome.

WALGREEN DRUG STORES

Location:

- 300 University Ave, Palo Alto 322-7753
- 121 El Camino Real, Mountain View 961-7555

Hours:

- Palo Alto: Friday 7:30am-10pm; Saturday 7:30am-10pm; Sunday 9am-9pm.
- Mountain View: 24 hours a day, 7 days a week

SAFEWAY

324-8630

Location: 625 El Camino Real, Menlo Park.

Prescriptions, cosmetics, toys, sewing supplies, school and office supplies, household items, and a 24-hour supermarket.

Books, Newsstands and Stationery

Although the national chains - Barnes & Noble, B. Dalton, Waldenbooks, and Crown Books - dominate the mall scene, independent bookstores and used-book dealers can be found in Palo Alto, Menlo Park and beyond into Los Altos and Mountain View.

STANFORD BOOKSTORE

329-1217 or **(800) 533-2670**

Location: White Plaza

Hours: Monday-Friday 7:45am-9:00pm; Sat 9am-6pm; Sun 11am-6pm.

Books, academic and technical textbooks, cards, Stanford apparel, film, gifts, Apple computers, computer supplies, cosmetics, clothing, maps, school and office supplies, art supplies, etc

STANFORD BOOKSTORE IN PALO ALTO

614-0280

Location: 135 University Ave., Palo Alto

Hours: Monday-Friday 9am-9pm; Saturday 10am-6pm; Sunday 11am-6pm

Features Stanford apparel and lots of books that are of interest to medical students.

BARNES & NOBLE

299-0117

Location: 1091 El Camino Real, Redwood City

Hours: 9am-10pm daily

BORDERS

326-3670

Location: 456 University Ave, Palo Alto

Hours: Monday-Thursday 9am-11pm; Friday-Saturday 9am-12am; Sunday 9am-10pm

The store, which used to be a theater, is two stories tall and includes a music (CD) section and a cafe with some outdoor seating.

BOOKS, INC.

321-0600

Location: Stanford Shopping Center.

Hours: Monday-Friday 9:30am-9pm; Saturday 10am-8pm; Sunday 10am-7pm

A good selection and many at discount prices.

STACEY'S BOOKSTORE

326-0681

Location: 219 University Ave, Palo Alto

Hours: Monday-Thursday 9am-9pm; Friday-Saturday 9am-10pm; Sunday 11am-6pm

Great for computer books.

KEPLER'S BOOKS

324-4321

Location: 1010 El Camino Real, Menlo Park

Hours: Sunday-Thursday 9am-11pm; Saturday 9am-12am

Has Everything That Is Good Enough To Print -- plus great browsing.

KNOW KNEW BOOKS

326-9355

Location: 415 California Avenue, Palo Alto

Hours: Monday-Friday 10am-10pm

Large selection of inexpensive used books.

EAST WEST BOOKSHOP

988-9800

Location: 324 Castro St., Mountain View

Hours: Monday-Thursday 10am-10pm; Friday-Saturday 10am-11pm; Sunday 11am-8pm

Clothing, Shoes, Music and other necessities of life

Nearby shopping areas include:

STANFORD SHOPPING CENTER: A beautiful open-air mall with many restaurants, shops, and department stores. You can find almost anything here!

DOWNTOWN PALO ALTO, University Avenue and adjacent streets: A very pleasant area to wander through with a wide variety of clothing shops, newsstands (check out Mac's Smoke shop on Emerson for international publications), bookstores, photography and art supply stores, galleries, florists, hair salons, optical services, hardware stores, and eateries of all kinds.

TOWN & COUNTRY VILLAGE, El Camino Real and Embarcadero: A wide variety of smaller shops, most are quite unique and some are expensive.

DOWNTOWN MENLO PARK, Santa Cruz Avenue and adjacent streets: Offers everything from soup to nuts and bolts in an eclectic range of cultures: Chinese, Italian, Scandinavian, Mediterranean, Mexican, Japanese and Californian.

CALIFORNIA AVENUE, PALO ALTO, south of campus: Not as large or varied as other districts, but a wide variety of interesting shops and restaurants from one end all the way to the other. The street offers a homey, unrushed, small-town-friendly atmosphere. It is known for its bookstores.

SAN ANTONIO SHOPPING CENTER, El Camino Real and San Antonio Rd., Mountain View: This center is farther away than the others, but there are several discount (including Ross) and department stores here, including Sears and Mervin's, and just across Showers Drive is Target. For music, check out Tower Records, across the street from Sears.

Sporting Goods (just a few)

STANFORD TRACK HOUSE

327-8870

Location: Campus Dr. and Galvez, Palo Alto

Shoes, clothing, and equipment.

COPELAND'S SPORTS

321-2277

Location: 375 University Ave., Palo Alto

Clothing, shoes, and equipment.

THE NORTH FACE

327-1563

Location: 217 Alma St., Palo Alto

Clothing, shoes, and other gear for the outdoors.

PALO ALTO SPORT SHOP & TOY WORLD

328-8555

Location: 526 Waverley (off University), Palo Alto

METROSPORT

321-6453

Location: 37 Town & Country Village, Palo Alto

In **San Francisco**, you will find nice shopping areas at Union Square, Embarcadero Center, Ghirardelli Square, and North Beach. For second-hand, less-traditional, and more unusual clothing, the Haight-Ashbury District is an interesting area. San Francisco is also the home of many clothing manufacturers (such as Esprit, Gunne Sax, Levi-Strauss & Co., C.P. Shades, etc.), and most have outlet stores which sell their clothing at discounted prices.

Entertainment and Recreation

Stanford hosts many performing groups and entertainers throughout the year. To find out what is going on around campus, check the Stanford Daily, bulletin boards and kiosks. The Coffee House often brings in live music in the evenings, so you might ask them about upcoming events, or check their calendar. Bechtel International Center also hosts a variety of performers, movies, and other social events. The Stanford Ticket Office in Tresidder, next to Jamba Juice, sells tickets to performing arts events and lectures (Hours: Monday-Friday 10am-5pm; Saturday 12pm-4pm. Call 723-4317 to purchase tickets or listen to recorded information on upcoming events.)

For more information on the arts at Stanford:

<http://www.stanford.edu/dept/artsguide/>

For information about concerts, movies, plays, museums, nightclubs, and any other diversions in the Bay Area, check the pink "Datebook" section of the San Francisco Chronicle, the SF Guardian, or the SF Weekly. The Tresidder Memorial Student Union Ticket Office can also help you. Below is a brief list of local movie theaters, museums, and night spots, as well as recreation facilities on and around campus.

Local Movie Theaters

AMC MERCADO 20	3111 Mission College Blvd.	(408) 871-2262
STANFORD THEATER	221 University Avenue, Palo Alto	(650) 324-3700
LANDMARK AQUARIUS THEATER	430 Emerson (off Univ. Ave. in P.A.)	(650) 326-8643
CENTURY PARK 12	557 Bayshore, Redwood City	(650) 365-9000
LANDMARK GUILD THEATER	949 El Camino Real, Menlo Park	(650) 326-8643
PALO ALTO SQUARE	3000 El Camino Real, (just South of campus)	(650) 326-8643
LANDMARK PARK THEATER	1275 El Camino Real, Menlo Park	(650) 326-8643
CENTURY 16	1500 Stierlin Rd., Mountain View	(650) 960-0970

For information on movies and entertainment, the following websites may also be useful:

www.bayareacitysearch.com

www.citysearch.com

www.sfweekly.com

www.moviefone.com

www.landmarktheaters.com

Museums

STANFORD RODIN SCULPTURE GARDEN

Location: Northwest of The Oval, on campus

CANTOR CENTER FOR THE VISUAL ARTS

723-4177

Location: Lomita Drive and Museum Way, off Palm Drive, on campus

Hours: Wednesday-Sunday 11am-5pm; Thursday 11am-8pm

Admission: Free

Website: <http://www.stanford.edu/dept/ccva>

HOOVER TOWER

Hours: 10am-4:30pm daily. There are tours daily at 11am and 3:15pm. You can ride to the top and view the area; on a clear day you can see from the foothills to the Bay.

Admission: Free

HOOVER INSTITUTION ON WAR, REVOLUTION AND PEACE

723-2053

Location: Hoover Tower

Hours: 10am-4:30pm daily

Admission: Free

Peruse the collection of historic documents that date from the Russian Revolution to World War II. Other memorabilia can be seen at the HOOVER PAVILION.

STANFORD LINEAR ACCELERATOR CENTER (SLAC)

926-3300

Location: 2575 Sand Hill Road, Menlo Park

Hours: 2-hour tour offered; reservations are required, often two to three weeks in advance.

EXPLORAMA

723-4351

Location: Basement of the Varian Physics building

There are many fine art and historical museums in San Francisco. See "Places to Go" section in the phone book or the pink Datebook section of the Sunday newspaper. Of special note is the San Francisco Museum of Modern Art at the Yerba Buena Center located on 3rd Street near Market Street. Golden Gate Park is "Museum Central" with the M.H. de Young Memorial Museum, Asian Art Museum, the California Academy of Sciences, Steinhart Aquarium and the Morrison Planetarium.

Parks and Open Space

The Bay Area has a wide variety of terrain, wildlife, plant communities, and vistas. To the west, you can enjoy beautiful coastline and beaches and the redwood forests of the Santa Cruz Mountains. Closer to home, along the Skyline corridor, is a chain of open space preserves and county parks, each within its own special point of interest. TRAIL CENTER in Palo Alto (phone: 650-968-7065, MTuThF 10:30am-2:30pm), is a volunteer organization that provides information

about local trails and trail activities. For information, you can email info@trailcenter.org, or check out www.trailcenter.org.

Palo Alto City Parks (there are quite a few, but here are some that are close to campus):

Rinconada Park on Embarcadero and Newell roads.

Peers Park on Park Blvd and Leland Ave.

Palo Alto Baylands: left at the end of Embarcadero Road in Palo Alto.

For information on these and other local parks, please contact the Palo Alto Recreation office: (650) 329-2261.

For a nice walk and a view of Stanford and its surrounding areas, escape to the foothills, preferably with a friend (for safety reasons, we recommend that you avoid walking alone, especially at night.) A good walk is to hike up to the "THE DISH," a largely unused, satellite dish, visible from highway 280 and many parts of the campus. To reach the paths, enter through any of the four gates; near the light on Junipero Serra, near Campus Drive East, or at the Stanford Avenue light.

Stanford's JASPER RIDGE BIOLOGICAL PRESERVE, located a few miles west of campus on Sand Hill Road. Expert guides will fill you in on the flora and fauna as well as the geological evolution of the area. Office is located on the 3rd floor of Herrin Hall, Biological Sciences Department. For reservations: (650) 327-2277.

Local Night Spots

The campus COFFEE HOUSE (COHO) often has live musical entertainment in the evenings. A good meeting place.

Downtown Palo Alto-University Avenue, has a variety of restaurants and late night (but not too late: Palo Alto is still a small town and it tends to shut down around 10pm on weekdays and before midnight on weekends--but there are exceptions) places to hang out and relax with friends.

Recreation on Campus

There are many playing fields, tennis courts, basketball courts, and volleyball courts scattered around campus. Most are available for your use, as long as athletic teams or sports camps are not using them. Swimming pools, racquetball and squash courts, weight rooms, and a golf course and driving range are also open to you with a Stanford I.D. card. All of these facilities are free of charge, except for the golf course.

Website: <http://gostanford.collegesports.com/school-bio/index.html>

Recreation schedules are online at

http://www.stanford.edu/dept/pe/facilities/summer_rec_schedule.html

ROBLE GYM, POOL AND PLAYING FIELDS

723-4895

Location: West side of campus behind Terman Engineering Building

Hours: Pool hours are Monday, Wednesday, and Friday, 3:15pm-6pm

Roble houses an outdoor swimming pool, tennis courts, a large playing field, a dance studio, and a weight room. Once a month, on a Friday night from 9pm-1am, a big social dance event called "Jammix" is held at Roble Gym. The music includes swing, waltz, Latin, and ballroom, and admission is only 2 dollars.

DEGUERRE POOL AND COURTS

Location: Near the football stadium, and Maples Pavilion, on the north end of campus. There are two outdoor swimming pools, squash, a climbing wall, and racquetball courts. Bring your Stanford ID.

Hours: Avery Pool: Monday - Friday 2pm-6pm; Saturday-Sunday 12pm-6pm

For information on the tennis courts, please call 725-5648; and to reserve racquetball courts, call 725-0729. The racquetball courts must be reserved in advance.

TRESIDDER GYM

Location: Next to the Treehouse restaurant in Tresidder

Hours: Monday - Friday 8am-7pm; Saturday 10am-2pm

ARRILLAGA CENTER FOR SPORTS AND RECREATION

Location: Galvez Street, across from the Alumni Center

Hours: Monday-Friday 6:30am-10pm; Saturday 9am-8pm; Sunday 10am-8pm

Includes basketball courts, squash courts, and fitness center.

GOLF COURSE

323-9516

Location: At the edge of campus; entrance is off Junipero Serra past the lake. The driving range is next to Lake Lagunita at the west end of campus, on Campus Drive Loop West.

Call the Pro Shop at 323-0944 for a reservation. There is a small fee for use of the course.

Bay Area/Wrap-Up

The Bay Area is a wonderful place to explore. And we usually have good weather in which to enjoy it all. If you venture into San Francisco, be sure to take a jacket. San Francisco can be foggy, cold, windy, and even rainy in summer on days when Stanford is beautiful and warm. Throughout the Bay Area there are scenic beaches, parks, and mountains, as well as cultural attractions, fine dining, and entertainment. Before you leave, be sure and take a walk or a jog up in the foothills behind campus. From the top, you can see all of campus, Palo Alto, the Bay, and on a clear day, San Francisco.

North Beach, the Marina, Union Square, Haight/Ashbury, Russian Hill, Chinatown, Golden Gate Park, Japanese Tea Garden, Fort Mason, the Exploratorium, and Fisherman's Wharf are only a few of the places you should visit in San Francisco. You will never run out of things to do and see there! The beaches of Half Moon Bay, Santa Cruz, Monterey, Big Sur, and Carmel are not too far for day trips.

We hope you can take advantage of the many opportunities here. Enjoy your summer!

Compiled and written by Vivian Su, Cristy Carlson Juencke, Dalia Kim, and Caitlin Berka
Updated June 12, 2007

Neither Stanford University nor the Language Center, nor any of their employees, makes any warranty, whatsoever, implied, or assumes any legal liability or responsibility regarding any information in this publication.

Please send any corrections to efs@stanford.edu.