



More Than A Century of  
Women Leaders

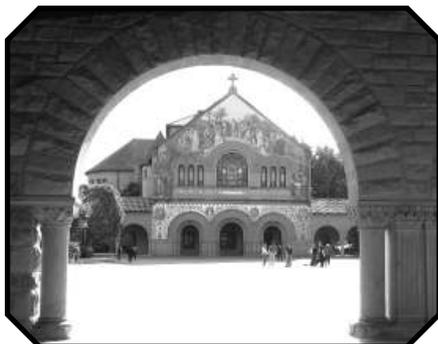
# Cap and Gown News

## Fall 2012



### Things To Do To Stay Connected

- Update your contact information such as your e-mail address and job with the Stanford Alumni Association. <http://alumni.stanford.edu>
- Join Cap and Gown's Facebook group. <https://www.facebook.com/groups/2212859585/>
- Attend events. Alumnae are warmly welcomed at the Tapping Tea, Winter Women's Welcome, Leadership Luncheon, and Graduation Tea!
- Stay involved in our mentoring program. Continue to get great advice from other alumnae and pass on your wisdom to actives. <http://capandgown.stanford.edu/mentorship/>
- Join our Cap & Gown Group on LinkedIn: <http://www.linkedin.com/groups?mostPopular=&gid=1979468>.
- Join the Board! Contact us through our website or email Kathy Chou for more information: [kathy.chou4@gmail.com](mailto:kathy.chou4@gmail.com)





# From the President of the Alumnae Board



I am very excited to begin my second year as Stanford Cap and Gown Alumnae president. I have learned so much in leading this wonderful organization which recognizes women leaders at Stanford from all generations. We continue to focus on our purpose of recognizing

and bringing together women leaders who have been constructively active in student affairs and the community and undertaking projects which support and enhance the opportunities for Stanford women students.

We have already gotten off to a great start. We conducted a visioning session in early September which led to the following four guiding principles:

### Guiding Principles:

- We will focus on events/activities that are unique to Cap and Gown. What makes us unique can be summarized as follows: Cross-generational relationships, Stanford, Women, Leadership and Tradition
- We will focus on high quality events
- We will focus on activities, events and communications that cross generations and create a sense of community
- We will focus on reaching out to Cap and Gown alumnae globally

### Key Goals for 2012:

- Strengthening our communication with alumnae and actives utilizing multiple communication vehicles including social media
- Engaging our remote alumnae by piloting a program with active Cap and Gown alumnae organizing one local event in the next year
- Foster ongoing relationships with university officials to leverage university resources and increase recognition on campus

- Continue to improve upon our four major events – Tapping Tea, Winter Welcome, Spring Luncheon, and Graduation Tea

We would like to thank several amazing women for their service to the Cap and Gown Alumnae Board. Erica Toews, Tiffany Castillo, Emma Laughlin, Elizabeth Burstein and Susan Bailey Harnden left the board this year to pursue other interests. We hope to continue to see them at Cap and Gown events. We are also fortunate to have several new Board members: Frances Wehrwein, Leslie Georgatos, Kimi Narita and Reagan Thompson. See the new (and continuing) Board members and their class years on page 19.

We have already had our first board meeting of the year and had active participation from new, returning and remote Board members.

Stanford Cap and Gown continues to honor and build women’s leadership at Stanford. I hope you will join us this year as we continue in Cap and Gown’s unique purpose to serve as a bond between the classes past and present. Please contact me at [Kathy.chou4@gmail.com](mailto:Kathy.chou4@gmail.com) with your thoughts and ideas on our goals for 2012 and how to strengthen our Cap and Gown community. I hope to see you at the Cap and Gown events this year!

Warmly,

Kathy Chou  
'85, MS'86



CAP AND GOWN

CONNECTING WOMEN AT  
STANFORD SINCE 1905



 <b>Cap and Gown Scholarships</b> Approximate value as of September 30, 2012		
	Market Value	Book Value
Rosamond Clarke Bacon	\$420,185	\$257,679.47
Bettye Luhnaw Bailey	\$479,866	\$392,791.59
Margaret C. Barr	\$838,325	\$187,449.00
Cap and Gown	\$1,976,718	\$725,954.33
Cap and Gown Centennial	\$541,855	\$446,279.31
Sandra Day O'Connor	\$563,612	\$214,331.40

All recipients of the Cap and Gown Scholarships share one common trait – an excellent academic record in keeping with Cap and Gown’s purposes. However, the following descriptions show that this year’s recipients also represent Stanford’s women by not being alike in almost every other way, as evidenced by their diversity of backgrounds and their widely varied goals for the future. In the words of a letter from Karen Cooper, the Associate Dean and Director of Financial Aid, “Your [Cap and Gown] funds are enabling these students to take full advantage of the wide range of opportunities at Stanford . . . Thank you for helping today’s students become tomorrow’s leaders.”

**Scholarship Recipients, 2012-2013**

**Rosamond Clarke Bacon Scholarship:** For junior or senior women. Established 1993.  
**Recipient: Elizabeth Ecker, '14**

**Bettye Luhnaw Bailey Scholarship:** Established 2002.  
**Recipient: Maria Alexis, '13**

Maria is a senior from New York, majoring in Biology and minoring in Computer Science. Her interests include teaching and biocomputational research. On campus, she is a member of Stanford EMS, a Section Leader for CS106A, and an RA in Gavilan (West Flomo). She loves traveling and learning languages and recently has come back from 6 months studying and interning in Germany.

**Margaret C. Barr Scholarship:** For women who participate in sports. Established 1985.  
**Recipient: Hannah Farley, '13**

Hannah is a senior Human Biology major with a concentration in human performance and nutrition. She is from Indianapolis and is a sprinter on the track team (400 meters).

**Cap and Gown Scholarship:** For senior women. Established 1924  
**Recipients: Angela Cenzone, '13; Shawnte Dutschke, '13; Victoria Yee, '13**

Victoria Yee is a senior majoring in Asian American Studies with Honors and minoring in Chinese. Co-terming in Sociology, she expects to receive both degrees in Spring 2013. This summer she was a Public Policy, International Affairs, & Law (PPIA) Fellow and conducted research with the San Francisco Chinese Progressive Association. This fall, she participated in Stanford in Washington and interned at the U.S. Department of Justice, Civil Rights Division, Voting Section. Post-graduation, Victoria wants to pursue public service.

**Cap and Gown Centennial Scholarship:** Established 2005  
**Recipient: Iris Jovel, '13**

**The Sandra Day O'Connor Scholarship Fund:** For women from towns of less than 25,000 who “exhibit a sense of respect for, and love of, the land” and “who would bring diversity to the student body because of their race, religion, home town, aspirations, physical limitations, and outlooks.” Established 1989.  
**Recipient: Amy Harris, '14**

Amy is originally from a small rural community in western Nebraska called Alliance. She is a junior, and plans to major in International Relations with two minors in Education and Modern Languages. Immediately after completing her undergraduate career she aspires to attend Stanford for a second time as a graduate student by applying to the university’s Master’s program in Education.



## From the Incoming Actives President



It is an honor to be chosen to serve as this year's President of Cap and Gown. I have been meeting weekly with Hannah Belitz (VP Mentorship) and Jacquelyn Wong (VP Finance) to plan programs for the 2012-2013 academic year. It is our intent to host events on campus which foster a sense of community while connecting Stanford women leader's across generations.

We were excited to introduce the new members of this year's Active class at the Tapping Tea on November 7, 2012. I am sure that you will agree that this incoming class exemplifies Cap and Gown's high standards of academics, community involvement and leadership.

We have been busy planning and executing a number of events. On September 28, 2012, we participated in the Stanford Annual Fall Activities Fair. At the Activities Fair we educated undergraduate students about Cap and Gown's mission of bringing together women who have demonstrated strong leadership and academic excellence throughout their time at Stanford. We are in the process of rolling out a mentorship program that will connect current Actives with Alumni members. The Actives are excited about the opportunity to meet with Alumni members to seek your advice on professional and personal development. We will also be organizing informal events throughout the year, where Actives can get to know each other with the objective of establishing life long friendships.

I am looking forward to working with the Alumni Board to make 2012-2013 a truly memorable experience for all Cap and Gown members. If you have any questions, comments or recommendations, I can be reached via email at [kglass@stanford.edu](mailto:kglass@stanford.edu).

-Kristen Glass





# Tapping: November 2012

Cap and Gown welcomes the following new members who were tapped in November, 2012

## Class of 2013

Kezia Alfred	Katherine Lee
Jessica Asperger	Ruby Lee
Shire Lynn Beach	Natalie Ruth Marks
Julianne Cirenza	Crystal Nwaneri
Meridith Colton	Evie Pless
Molly Field	Elizabeth Rosen
Jean Guo	Margaret (Molly) Welch
Caroline Hodge	Taylor Winfield
Arielle Humphries	Katie Wu
Healy Ko	Victoria Yee

## Class of 2014

Julia Barrero	Veronica Polin
Sirada Chayabunjonglerd	Janani Ramachandran
Valeria Fedyk	Kylie Rosenstock
Mailyn Fidler	Helena Scutt
Stephanie Glass	Kira Seiger
Molly Hayes	Mary Ann Toman-Miller
Andrea Hinton	Tara Trujillo
Jessica Holtzman	Isabella Uria
Ellora Israni	Stephanie Young
Madeleine McCartney	Laura Yuen

## Returning Actives

Hannah Belitz  
 Kristi Bohl  
 Doria Charlson  
 Natalie Dillon  
 Gena Eddy  
 Holly Fetter  
 Ernestine Fu  
 Meghan Gewerth  
 Kristen Glass  
 Rebecca Hinds  
 Deepa Kanappan  
 Nicole Kramer  
 Crystal Lee  
 Stephanie Han Yu Liou  
 Nitya Rajeshuni  
 Rhampapacht Vorapatchaiyanont  
 Rebecca Sachs  
 Elise TimTim  
 Megan Winkelman  
 Jacqueline Wong

# Congratulations!



## Cap and Gown Actives Board 2012-2013

*President, Kristen Glass*  
*Vice President of Mentorship, Hannah Belitz*  
*Vice President of Finance, Jacquelyn Wong*

The Actives Board serves as the liaison between the Actives and the Alumnae Board. In addition to selecting each year's incoming Actives class, the Actives Board helps organize and host events and activities of interest and relevant to Actives.



Kristen



Hannah



Jacqueline



# Cap and Gown New Inductees, November 2012

Tapping Tea was wonderful! Many thanks to Samantha Lasarow, Kristen Glass, the alumnae board and actives officers who worked hard to make last night such a delightful and welcoming evening! The room was beautifully decorated and there was plenty of food and drink for all!

We have 40 new Actives with diverse backgrounds who are extremely accomplished. Well done, Kristen, Hannah and Jacquelyn in your selection! Twenty-eight new Actives were 'tapped' last night and the remaining twelve, most who were studying abroad, were also recognized. There was a lot of energy and excitement in the room and ample time for socializing and mingling. The new Actives are excited to be a part of our Cap and Gown family.

We refreshed the Tapping Tea program by adding a roundtable discussion, a skit highlighting the creation of Cap and Gown in 1905 and an updated history of Cap and Gown. We had several local alumnae present and Naomi Waltman, our board member from New Jersey made a special effort to attend. One of our alumnae pronounced 'this was the best Tapping Tea she has attended!' Also, singing 'Happy Birthday' to Ellen Petrill was a nice touch.

Thanks to Melissa and Jessica for being our photographers for the evening. We look forward to seeing the photos!

**Congratulations to everyone for another successful event!**





# Photos from the tapping ceremony, November 2012





# From the Outgoing Actives President



This last year was terrific for Cap & Gown! A huge and well-deserved shout-out goes to all the Alumnae Board Members who work tirelessly for the organization, to the previous Actives leadership, and to Vice Presidents Sara Silberstein and Nruthya Madappa. I know of no other group at Stanford that is as well supported by its alums and we students are so grateful for the time and effort you all give. It was a special joy to work with Kathy Chou, Alumnae Board President, Samantha Lasarow, 2010 Actives President, and Madison Gilbertson, Alumnae Board member.

Sara, Nruthya, and I really wanted to build the Cap & Gown community this year so we focused on hosting events where our Actives could relax from the stresses of school and meet each other. We started off by delivering roses to each new Actives member at her dorm room when she was selected from a highly competitive applicant pool. Bonding over frozen yogurt on campus in the fall was a popular activity and the Actives class was able to get to know each other better. Winter quarter brought some rain, but also adorable puppies and relaxing massages during finals week. And in

the Spring, Cap & Gown co-hosted a screening of “Miss Representation,” a documentary which examines how women are misrepresented in the media, and what we can do to combat this.



Thanks to great planning by the Alumnae Board, Tapping Tea, Winter Welcome, and the Spring Luncheon were high quality events that many will remember for years. Shari Young Kuchenbecker was so creative and efficient in planning the speaker, raffle, jewelry sale, photographs, decorations, and the list goes on for our new and very successful Spring Luncheon.



I am confident the new Actives leadership, Kristen Glass, Jacquelyn Wong, and Hannah Belitz, will have an amazing year and I can't wait to hear about all they have planned.



I tearfully graduated in June and am currently in Beijing studying Chinese Diplomacy at Peking University as a Rotary Ambassadorial Scholar. I am studying Mandarin, and having a good time meeting new people and exploring the country. If you have any questions about the year, or will be visiting China, drop me a line at [Reagan.thompson.2012@gmail.com](mailto:Reagan.thompson.2012@gmail.com).

From my time as President, I personally learned a lot about leading an organization and am thankful to the Alumnae and Actives for their trust and patience. I look forward to being an active Cap and Gown member for many years.



Thank you!

Reagan Thompson



# Meet the New Actives

**Kezia Alfred • Class of 2013 • Majoring in Mechanical Engineering**



My academic focus is in Design and Manufacturing, which stems from my interest in creating user-centered solutions to address needs and solve problems as well as my proclivity for simply making things. My leadership roles on campus have been motivated by my desire to contribute to the communities, support structures and groups that have been critical to my development as an individual and intellectual. I want to help others in the ways that I have been helped and be a facilitator and encourager who can help those around me to grow and flourish. I am presently an RA in Crothers Memorial, on the leadership team of Chi Alpha Christian Fellowship, Banquet Co-Chair in SWE and a core member in the NAACP. Past positions include working with the international community, the Hume Writing Center and the Junior Class Cabinet.

**Jessica Asperger • Class of 2013 • Majoring in Philosophy and Literature**

I am a Philosophy and Literature major at Stanford with a concentration in Iberian and Latin American Literature. My academic interests extend to ethics as well; I am currently writing an honors thesis in the Ethics and Society program that focuses on the moral implications of volunteer tourism, a topic which arose after spending two months working for an NGO in Tanzania. Outside of class, my passions lie in singing and spending time outdoors. I sang for two years with Stanford Mixed Company A Cappella, serving one year as group President, and am currently studying private voice and singing with Stanford Chamber Chorale. My junior year, I led a Stanford Pre-Orientation Trip, and I work on campus as a writing tutor for the freshman Structured Liberal Education program, which I participated in my freshman year, and as an Oral Communications Tutor.



**Shire Lynn Beach • Class of 2013 • Majoring in Biology**



Though my academic work has piqued my interest in the medical sciences, it is my involvement in community and academic leadership roles that has motivated my pursuit of a career that unites public service and medicine. In the community, I serve as a volunteer with the baby cuddler program at the Lucile Packard Children's Hospital, working to meet the developmental needs of neonates in the intensive care unit. As a mentor with Henry's Place, I teach local elementary school students about science through engaging experiments. Additionally, this year and last I've worked as a residential science tutor in a freshman dorm. In this role, I help students navigate difficult coursework and the pressures that so often accompany a demanding academic load. I am so excited to join the distinguished women of Cap and Gown!

**Julianne Cirenza • Class of 2013 • Majoring in Sociology**

At Stanford I have pursued my longstanding interest in human rights and gained insight into issues of gender inequality, immigration policy, and access to education. By serving on the executive board of the ACLU, I have encouraged my community to take a stand against rights abuses by hosting talks by professors on topics such as the death penalty and reproductive rights. Coincidentally, the discussion on reproductive rights inspired me to write a senior thesis in Ethics in Society on "Access to Sex Education in American Public Schools as a Reproductive Right." In addition, I am currently an Academic Theme Associate for the education-themed dorm on campus, and work closely with professors from the School of Education to spread awareness about issues of gender inequity in STEM fields, and disparities in access to education.





**Meredith Colton • Class of 2013 • Majoring in English Literature, Minor in Political Science**



At Stanford, I have focused on public service leadership, beginning my freshman year as an Executive Fellow for the ASSU's Wellness Team. This stoked my passion for women's health and an interest in non-profit management and I became the executive assistant intern at the Center for Relationship Abuse Awareness. This summer as a fellow for New Sector Alliance I led the development of strategy for a new unit on infographics at the Kaiser Family Foundation to help them share vital health policy research. I have spent quarters studying at Stanford in Washington and Stanford in Madrid. This year, I am excited to be a co-president for the Latter-day Saint Student Association. I look forward to a lifetime of leadership!

**Molly Field • Class of 2013 • Majoring in Psychology**

More than anything, my leadership positions reflect my passion for understanding people's stories. As a Student Advisor for Stanford in Berlin, I interact with a diverse set of individuals, each with her own impetus for studying abroad. It's my privilege to help students prepare for their time in Germany and for the ways in which their quarter abroad will impact their future. My desire to assist people in exploring their own stories is also reflected in my position as an InterVarsity Small Group Leader. Each week I meet with freshmen to consider how scripture pertains to our lives and share our personal struggles and joys. In a similar way, working in the Behavioral Medicine Lab is helping me understand people who struggle with issues like body image concerns and disordered eating, and I hope that, one day, my own story will involve serving and reaching out to this population.



**Jean Guo • Class of 2013 • Majoring in Human Biology and Economics**



As a double major in Human Biology (with a concentration in International Health Development) and Economics, I hope to leverage my knowledge and experience in public health, economics, and policy to design and implement solutions in the field of international health policy. In addition to working as an editor for the Stanford Journal of Public Health, my experiences shadowing physicians in Paris as a medical intern, co-authoring articles on women's health and global obesity in the Huffington Post with the former Assistant Surgeon General, and studying the oral polio vaccine in an infectious diseases lab in the School of Medicine have all strengthened my desire to work towards addressing the disparities in health and access to health care that can have huge consequences for any community or country.

**Caroline Hodge • Class of 2013 • Majoring in Philosophy and Religious Studies, Minor in Psychology**

I am a senior majoring in Philosophy & Religious Studies and minoring (and writing a thesis) in Psychology. As a freshman, I served as a Committee Member for the Stanford Green Fund, which provides grants to small-scale student sustainability projects. I currently serve on the leadership team of the Stanford Farm Project, which is a student group dedicated to raising awareness about sustainable food and agriculture issues. I also helped to found and develop the SPOT Farming program, which sends small groups of incoming Stanford freshmen to spend five days living and working on organic farms before on-campus orientation begins. This fall, we ran 4 trips with 9 upperclassmen leaders and 43 freshmen and hope to expand the program even more this year. I have co-led two SPOT Farming trips at Pie Ranch, an organic educational farm in Pescadero.





**Arielle Humphries • Class of 2013 • Majoring in International Relations**



My academic interests include human rights, the role of international law and international organizations, and foreign policy. I am combining some of these interests through my honors thesis on women’s access to justice in post-conflict situations. At Stanford, I have been a member of the Black Student Union since freshman year, working as Co-Chair for Women’s History Month and Political Action. As a sophomore, I was Chair of Marketing and Outreach for Stanford’s Conference on Women’s Political Empowerment. This year, I am the Women at Work Coordinator at the WCC; student liaison for “Elect Her,” which provides student government training for women; and campus ambassador for the “Half the Sky” movement on international women’s rights.

**Healy Ko • Class of 2013 • Majoring in History and Asian American Studies**

Growing up in Philadelphia as the daughter of Korean immigrants, I have been deeply interested in the issues that affect the Asian American, immigrant, and low-income communities. At Stanford, I have been involved in the Stanford Asian American Activism Committee where I helped coordinate student campaigns, including the 2010 Living Wage Campaign. I have served as a trip leader for Alternative Spring Break and Thanksgiving Back through the Haas Center. This year, I am Co-Chair of Stanford’s annual Asian American issues conference and the Korean Students Association. My involvement in these activities is motivated by my desire to raise awareness of the issues facing marginalized communities. After I graduate, I hope to continue this line of work in different sectors, including nonprofit, law, and government.



**Katherine (Kat) Lee • Class of 2013 • Majoring in Human Biology, Minor in Spanish**



My Honors Thesis, through my Human Biology major, is based on my two years of research on a novel drug for tissue regeneration in the lab of Dr. Jill Helms. This academic year, I am the Outreach Coordinator at the Stanford Women’s Community Center and serve as the liaison between the center and the women’s groups on campus. This is my second year working at the center; I was one of the two Stanford Women’s Leadership Conference Coordinators two years ago. Last year, I studied abroad in Madrid, Spain, in the fall and participated in the Bing Stanford in Washington Program in the winter in D.C., where I interned at the National Campaign to Prevent Teen and Unplanned Pregnancy.

**Ruby Lee • Class of 2013 • Majoring in Bioengineering, Pursuing MS in Computer Science**

Growing up in Shrewsbury, Massachusetts, I was a math team nerd, clarinet player, and tennis captain. By the time I moved across the country to attend Stanford, I knew I wanted to be an engineer. I settled down with my bioengineering major, which quickly progressed into a fascination with decoding the genome, and then I took up computer science so that I could work on challenges in bioinformatics. Meanwhile, I joined BASES as the Valley became my home. I’ve co-directed the BASES E-Bootcamp, a national student entrepreneurship conference, and I became president of BASES last spring. In my free time, I’m a big sports fan (thanks to my upbringing in Boston), and I’m always down to play beach volleyball!





**Natalie Ruth Marks • Class of 2013 • Majoring in Human Biology and French Literature**



As a double major in French and Human Biology aiming to pursue a dual M.D./Ph.D. degree in medical humanities, I have had a wide spectrum of opportunities to lead in and out of the classroom. Following my sophomore year, I led groups of 30 nine to ten year old children at Stanford Sierra Camp along with 4 other counselors, before serving as SCA for the Oregon Shakespeare Festival Sophomore College course. I also served as an informal but crucial leader during the production of *Our Town*, in which I was both a cast member and interpreter for the French-speaking director of the production. This year, I have combined my interests to culminate in an honors thesis about the portrayal of doctors in early 20th Century French plays. I hope to translate and stage one of the plays during spring quarter.

**Crystal Nwaneri • Class of 2013 • Majoring in Communications, Minor in Science, Technology and Society**

Raised in Maryland, I grew up with a love of books and writing. When I started working at my local library I learned about my distinct passion for technology and its ability to provide people with access to media and information. It was then that I learned about issues with the Internet and intellectual property. What was just a vague interest solidified into a career path when I arrived at Stanford. On campus I've channeled this passion into my major and minor. I've worked for Verizon and Dell's Government Relations office, but I also still want to continue my passion for writing. I am a blogger for the Unofficial Stanford Blog and have been a member of the Quad Yearbook staff all four years at Stanford. I am currently the editor-in-chief. My long term goal is to become a lawyer to help shape future policy concerning the Internet.



**Evie Pless • Class of 2013 • Majoring in Biology**



Within my Biology major, my concentration is in Ecology and Evolution. I study ant colonies and complex networks with the Gordon Lab, and I'm measuring the decay rate of interactions between ants using a model from neuroscience for my honors thesis. Besides ants, I'm really excited about ecology and clinical research, and I hope to pursue these interests further after graduation. Outside of academics, my most valuable activities and communities at Stanford have been living in a co-op (Terra) for three years, playing on the Stanford Women's Rugby team during my sophomore and junior years, and studying abroad in

Australia my junior year. In my free time, I love to read, write, be outside, and stay active. As a local to the area, I grew up idolizing Stanford, and I still feel so lucky to be here.

**Elizabeth Rosen • Class of 2013 • Majoring in Anthropology, Minor in Modern Languages**

Since coming to Stanford, I've had the opportunity to cultivate two of my lifelong passions - archaeology and skiing - through independent research and as a part of the Ski and Snowboard Team. As an Anthropology major with a concentration in Archaeology and a minor in Modern Languages (Spanish and French), I've spent the past two and a half years conducting honors thesis research in Guatemala, Peru, and Turkey on the feasibility of archaeology as a tool for international development. Outside of class, I'm an active member of the Ski and Snowboard Team, where I've served two terms as Fundraising Coordinator and one as President. Additionally, I'm a member of Chi Omega sorority, a peer advisor in the Anthropology Department, and a shameless cinephile.





**Margaret (Molly) Welch • Class of 2013 • Majoring in International Relations, Minor in Comparative Literature**



Originally from Washington, D.C., though I lived overseas in the Middle East for parts of my childhood, I came to Stanford with interests in political economy, development, and international literature. In the time since, I have chosen to pursue a major in International Relations and a minor in Comparative Literature. Currently, I am the president of the ISC Greek Letter organization Kappa Kappa Gamma; a student assistant in Dr. Condoleezza Rice's office at the Hoover Institution, where I contribute in a research capacity; and one of two Senior Nights Chairs on the 2012-13 Senior Class Cabinet. Previously, I have been a campus coordinator for Tanzania-based NGO Support for International Change, and in the 2009-10 school year, I received the President's Award for Academic Excellence in the Freshman Year. In my time on the Farm, I have sought to invest myself deeply in the Stanford community and am pleased and honored to join Cap and Gown this year.

**Taylor Winfield • Class of 2013 • Majoring in Sociology, Minor in Economics, African Studies and Anthropology**

My first year at Stanford, I got involved with promoting health and wellness on campus after I realized that students were struggling to manage their stress. I became the ASSU Chair of Health and Wellness and initiated and executed programs to improve well-being in graduate and undergraduate communities on campus. I also became the Stanford Dining Wellness Intern, where I worked with the Nutritionist to guide students towards healthy eating habits. Additionally, I served on the Stanford Mental Health Task Force, where I worked with administrators to address the prevalence and complexity of student mental health issues at Stanford. My academic interests mirror my extracurricular interests, as I conduct research on how spirituality leads to well-being, I have had the opportunity to address my research question through an inter-disciplinary lens in India, Spain and South Africa.



**Katie Wu • Class of 2013 • Majoring in Human Biology**



At Stanford, I have pursued three broad interests: health, teaching, and writing. As a Peer Health Educator in Freshman-Sophomore College, I encourage my residents to lead healthier lifestyles, focusing in particular on emotional health, stress management, and physical care. Furthermore, as a Human Biology major, I am currently pursuing an honors thesis on the genetics of food addiction, and have worked as a developmental psychology research assistant at Bing Nursery School. In addition, I have served as an Arts Intensive Program Assistant for a Fiction Writing course, and am the editor-in-chief of the Leland Quarterly, Stanford's literary magazine. I am also currently an active member of Phi Beta Kappa, and recently spoke at the Faces of the Community program during the Class of 2016 New Student Orientation.

**Victoria Yee • Class of 2013 • Majoring in Asian American Studies, Minor in Chinese**

I am a senior majoring in Asian American Studies with Honors and a minor in Chinese. I am also co-terming in Sociology, and expect to receive both degrees in Spring 2013. On and off campus, I am very involved in social justice issues, and have co-led the Stanford Living Wage Campaign and served on the Youth Advisory Board for the Asian American Justice Center. This summer, I was a Public Policy, International Affairs, & Law (PPIA) Fellow and conducted research with the San Francisco Chinese Progressive Association. Fall 2013, I am participating in Stanford in Washington and interning at the Department of Justice, Voting Section, Civil Rights Division.





**Julia Barrero • Class of 2014 • Majoring in History**



The leadership positions I've held at Stanford, as Member Development Chair of my sorority, or as a researcher with the Bill Lane Center for the American West for the last year and a half, or as a volunteer in various service organizations on campus, or interning at law firms or municipal departments through service-learning classes in the History Department, these positions are merely the beginning, not the peak. And being a History major has only reinforced this broader perspective of what my Stanford education means. My classes have taught me to be analytical, open-minded, and approach questions in an interdisciplinary fashion. I am so thankful for the academic and extracurricular opportunities I've had at Stanford, including my new responsibility within Cap and Gown, and I am eager to learn as much as possible about being a successful leader.

**Sirada Chayabunjonglerd • Class of 2014 • Majoring in Public Policy**

As an international student, born in Thailand, but raised in Indonesia, I have always enjoyed meeting new people and exposing myself to new experiences. As such, I have engaged in a variety of activities, ranging from my work with the Labor Rights Promotion Network (LPN) in Thailand, an NGO that protects the rights of immigrant workers, to interning with PricewaterhouseCoopers and Deloitte, and working as a Banking Associate at the Stanford Student Enterprises. I have also been involved with many student groups at Stanford, such as being the financial officer for the Stanford Pre-Business Association. And currently, I am a part of Stanford Marketing Group's Executive Board. Though my experiences seem somewhat spread out, I have fully enjoyed these opportunities to explore my own interests.



**Valeria Fedyk • Class of 2014 • Majoring in Math and Economics, Minor in Computer Science**



Since freshman year, I have tried to make the most of my Stanford experience. I took on a double major and minor, and have averaged more than 20 units every quarter of my Stanford career. At the same time, I worked part-time at the Sunnyvale start-up Lexity, as an OAE tutor, and as a Math 53 grader, and was accepted to a number of clubs, such as BASES, SIG, SPBA, Women in Business, *The Stanford Daily*, and TUSB. This year I have taken on leadership roles as Copy Editor of the *Stanford Quad* yearbook and as the Financial Manager of Durand House, where I manage our house finances, organize social events, and help establish a close community for our residents. Alongside academics and extracurriculars, I have also tried my best to pursue my career aspirations, and interned at Goldman Sachs and Google over my freshman and sophomore summers, respectively.

**Mailyn Fidler • Class of 2014 • Majoring in Science, Technology and Society**

I am a policy wonk with a scientific bent seeking to use both areas to advance social good. I enjoy bringing interdisciplinary perspectives to the VPUE's Student Advisory Group and CS department efforts to improve gender balance and attention on social implications of CS. I can also be found in the d.school designing ubiquitous computing technologies, in Old Union working on the *Stanford Journal of Public Health*, which I co-founded and co-edited, in San Francisco interning with a political advocacy group for small and mid-sized startups, and soon, in the LAIR, where I will section lead for introductory CS courses. Right now, I am in Beijing, where I'm finishing research for my thesis on emerging governance mechanisms in the U.S., EU, and China for ubiquitous computing technologies. I look forward to meeting the Cap & Gown community when I return.





**Stephanie Glass • Class of 2014 • Majoring in Science, Technology and Society**



At Stanford I developed a passion for technology entrepreneurship. I was excited to be selected for Stanford’s Mayfield Fellows Program, a nine-month work/study program that provides twelve students with in-depth training and experience in high-tech entrepreneurship. As a Mayfield Fellow, I interned at Jive Software, where I sourced and evaluated potential companies to acquire and built social media marketing programs. I also worked as an MS&E research assistant, and in 2011 and 2012, I had the opportunity to serve as a teaching assistant for “The Lean Launch Pad,” a class focused on teaching entrepreneurship to 21 National Science Foundation-backed teams. I have also served as both VP of Finance and VP of Sales and

Marketing for the Stanford Chapter of 85 Broads, a global network of women executives.

**Molly Hayes • Class of 2014 • Majoring in Energy Resource Engineering, Minor in Classics**

I grew up in Arlington, VA and attended high school in Washington, D.C. As the youngest of three, I was initially more reserved and first grew into leadership in high school when I was elected president of the senior class. Here at Stanford, I have pursued different outlets of leadership. I am the current treasurer of two sustainability groups on campus, Strategies for Ecology Education, Diversity, and Sustainability (SEEDS) and Green Events Consulting (GEC). Also as an Intersorority Council chair, I am organizing Panhellenic Sorority Recruitment, which will involve seven sororities and over 1,000 women, in April 2013.



**Andrea Hinton • Class of 2014 • Majoring in Chemistry, Minor in Creative Writing**



I am a premedical student passionate about science and art. I have explored both fields from a young age, from a piano performance at Carnegie Hall in fifth grade to a Distinguished Research Award at the Kansas City Regional Science Competition in high school. After being selected as a U.S. Presidential Scholar in 2010, I have engaged in the scientific community at Stanford as a research assistant under Dr. Lynette Cegelski, as Practice Section Editor of the *Stanford Journal of Public Health*, and as Medical School Liaison of the Stanford Black Premedical Organization.

As an artist, I tutor underprivileged children and serve as Financial Officer for the musical service organization MELODY, and I have held Desk and Managing Editor positions at *The Stanford Daily*. I enjoy writing, and I was selected as a Boothe Prize finalist for Excellence in Undergraduate Writing. I hope to continue my studies as a medical student specializing in neurology.

**Jessica Holtzman • Class of 2014 • Majoring in Human Biology**

I am a pre-medical student with an academic concentration in the cellular basis of human disease. As Co-President of Stanford Colleges Against Cancer/Relay for Life for the past two years, I helped raise over \$65,000 each year for the research and care-giving programs of the American Cancer Society. I now serve as Editor-in-Chief for the *Stanford Journal of Public Health*, which serves to unite the Stanford public health community, and volunteer regularly as a Spanish-English interpreter at the Cardinal Free Clinics, allowing limited-English ability and low-income patients access to higher quality healthcare. In my free time, I enjoy playing the electric jazz violin and partaking in intramural sports at Stanford.





**Ellora Israni • Class of 2014 • Majoring in Computer Science**



I am a junior Computer Science major, but I never intended to be a ‘techie’ when I entered Stanford. I was motivated to pursue CS by the wonderful mentors and role models on campus; this is what inspired me last year to co-found she++, Stanford’s first and only movement for women in technology. she++ aims to inspire women to empower computer science. We host annual conferences, maintain an online portal for the community of female technologists, and are currently producing a short documentary featuring the stories of Stanford women in tech who inspired us. The success seen by she++ (we have been featured in Forbes and Women 2.0, among others) has fostered my development as a leader and as a woman in tech. In my free time, I enjoy listening to house music, running, and travelling – in fact, I am spending this quarter abroad in Berlin, Germany.

**Madeleine McCartney • Class of 2014 • Majoring in French**

I was born in Chicago and raised in Chicago and Paris, France; I speak French fluently, Spanish proficiently, and am currently studying Italian. In high school, I played soccer on both school and travel teams, competing in national tournaments, lettering, and winning awards for both athletics and sportsmanship. My junior year, I led a project to raise money to build wells in Sudan; I designed a water bottle for the cause and had the founder of Water For Sudan speak to my community. We raised over \$8,000 to build a well! At Stanford, I was involved in a community service singing group called Side by Side and organized performances at local nursing homes as the run coordinator my freshman year. I also held positions as fundraising and marketing officer for the Stanford Ski Team and am a SLE writing tutor. Finally, I walked on to the Varsity Women’s Rowing team and am currently in my second year as a member.



**Veronica Polin • Class of 2014 • Majoring in Economics and International Relations**



I am currently the Vice-President of Stanford’s Chapter of International Justice Mission (IJM), a student group dedicated to raising awareness of human trafficking and other forms of injustice, and taking action to serve the victims in our local bay area community. I also work for International Rescue Committee in San Jose, helping assimilate foreign refugees by teaching English classes, creating their resumes, and teaching them business skills. I helped found a nonprofit called Diabetes and Sports Health, Inc. (DASH), which teaches youth with Type 1 diabetes how to play sports safely and effectively with their disease through camps and various programs. Finally, I serve on the leadership committees for Reformed University Fellowship (RUF) and Cardinal Life, two Christian student groups at Stanford that are dedicated to uniting the student body and serving the local community.

**Janani Ramachandran • Class of 2014 • Majoring in International Relations**

Originally from the Bay Area, I have lived in Bangalore, India for the past few years. I have been fortunate enough to further my global exposure and enthusiasm for international politics by interning at institutions such as US State Department, United Nations, and Embassy of India. I am passionate about serving the Stanford community, and have done so this past year as an ASSU Senator, chairing the Academic Affairs Committee. On campus, I have also been actively involved in Chi Omega sorority, Stanford Women in Business, and various theater productions. In my free time, I enjoy nothing more than discussing global politics, feminism, food, or fashion over a cup of frozen yogurt!





**Kylie Rosenstock • Class of 2014 • Majoring in Psychology, Minor in Spanish**



Within the Psychology major I am following the Mind, Culture, and Society track because I love studying the way people behave, communicate, and relate. Currently I'm studying in Madrid and enjoy comparing Spaniards' behavior and relationships to that of Americans. On campus, I was a part of the varsity diving team until I had to medically retire last year. Since then, I've worked as a research assistant in the Interpersonal Perception and Communication Psychology lab and as a teaching assistant for the Sophomore Seminar "Mental Health in Collegiate Athletes." Also in my sorority, Delta Delta Delta, I served as the Academic Development Chair.

**Helena Scutt • Class of 2014 • Majoring in Biomechanical Engineering**

My passions are design and human movement, hence my major in Biomechanical Engineering and my hopes of restoring freedom and independence to others through prosthetics and other devices. High performance sailing is a huge part of my life: This is my second year as captain of the Varsity Sailing Team and I am also on the US Sailing Olympic Development Team (campaigning for the 2016 Olympics). When I'm not sailing or studying I love to write, run, snowboard, paint and do yoga. I really enjoy my position as the Community Service Committee Co-Chair for Cardinal Council, Stanford's student-athlete advisory committee, because I help facilitate community service events for busy student-athletes. This summer I did research at Stanford on classroom practices to retain more women and girls in engineering.



**Kira Seiger • Class of 2014 • Majoring in Human Biology**



As a pre-medical student majoring with an academic concentration in Social Determinants of Health and Health Policy, I am interested in how societal infrastructure and cultural taboos impact access to necessary resources across the globe, especially for women. As a leader on both Sophomore and Junior Cabinets, I have had the privilege to organize large events on campus for students and faculty, generate academic opportunities, and innovate creative events to encourage safe behavior and class inclusion. My time at Stanford has also been spent as a research assistant, a freshmen RA, a Stanford Service Ambassador, and an actor in many theater productions. I am energized to conduct my own research at the Stanford Reproductive Endocrinology and Infertility Center on fertility preservation for female cancer patients.

**Mary Ann Toman-Miller • Class of 2014 • Majoring in English and French, Minor in Political Science**

Originally from California, I attended high school in Paris. I'm President of the Stanford College Republicans, Co-President of The French Club and a Research Assistant in the French Department. I was a News Desk Editor at *The Stanford Daily* last year. I'm on the Stanford Investment Responsibility Committee and the Human Research Administrative Panel on Human Subjects. My Stanford research grant last summer focused on French women in politics, specifically how to have women become 50% of France's legislative branch. As a Congressional Intern this summer, I witnessed effective leadership in action, and learned so much about how women can be effective leaders. I love golf, ballroom dancing and am active in California State politics.





**Tara Trujillo • Class of 2014 • Majoring in Human Biology**



I am a Human Biology major with a concentration in Brain and Behavior. From April 2011 to April 2012 I served as an elected senator for the ASSU student body, as well as Chairman of the Advocacy Committee. In my freshman year, I also became a member of Stanford Delta Delta Delta, and since I joined I have served as an officer in the chapter. I joined Dr. Karen Parker's laboratory in the Psychiatry and Behavior Sciences Department in April 2012 as a research assistant, and I plan on completing an Honors Thesis in the lab. I participated in the Stanford Biosciences Summer Research Program/Amgen Scholars Program at Stanford University this past summer.

**Isabella Uria • Class of 2014 • Majoring in International Relations**

Before coming to Stanford, I helped to create a microfinance non-profit organization called MI3, which has expanded to more than ten different campuses, collectively assisting young entrepreneurs in impoverished areas around the world. At Stanford, I became the Mentor Director for a mentoring program for 7th and 8th grade girls in East Palo Alto called WYSE. I am also involved in Latino culture communities on campus, helping to found the Cuban-American Students Association (CASA) and Latinos Unidos. I have been on the Alpha Phi Executive Council since its colonization on campus in 2011, and this year, I am serving as an RA in Mirrielees. My passions also include singing and theater, and I act in various productions on campus. My long term goals are to apply my language and leadership skills to negotiate U.S. foreign policy around the world.



**Stephanie Young • Class of 2014 • Majoring in Bioengineering, Minor in Psychology**



I'm incredibly excited about my major and all the incredible potential that it offers. I think that there is so much hope that in the near future, we're going to be able to be able to create healthier lives and lifestyles. I like working on small projects on my own, because it feels great to be able to create something from scratch. I love sports: skiing, racing cars, anything that provides adrenaline and speed. If I wasn't a student here at Stanford, my dream would be to race cars for a living.

**Laura Yuen • Class of 2014 • Majoring in Bioengineering, Minor in Psychology**

In my time at Stanford, I have really enjoyed pursuing my interests in music, psychology, and Mandarin. My greatest leadership experience has been serving as financial officer of the Stanford Wind Ensemble, in which I have been playing the flute since freshman year. As a research assistant in Professor James Gross's lab, I helped conduct studies on emotion regulation. I am majoring in psychology and minoring in biology, with the hope of becoming a psychiatrist or neurologist. This quarter I am studying abroad in Beijing, where I've been enjoying steamed dumplings, a martial arts class, and the genuine friendliness of Beijing University students.



*Congratulations!*



## Cap and Gown Alumnae Board for 2012-2013

### Executive Committee

Kathy Chou '85, '86, *President*  
Ellen Cerf '11, *Vice President*  
Michelle Galloway '86, '89, *Vice President; Winter Welcome Committee*  
Jessica Mahler '04, '05, *Winter Welcome Committee*  
Ellen Petrill '77, '78, *Vice President, Winter Welcome Chair*  
Julia Gregory '10, *Treasurer*

### Other Board members:

Emily Bachelder '10, *Communications Committee*  
Karen Chan '01, *Remote Events*  
Jean Coblentz '47, *Co-Liaison with Actives*  
Leslie Georgatos '09, '13  
Madison Kawakami '11, *Mentoring Co-Chair*  
Kathryn Kilner '08, *Communications Committee, Co-chair Leadership Luncheon*

Shari Kuchenbecker '70, *Events Photographer, Co-chair Leadership Luncheon*  
Samantha Lasarow '11, *Communications Committee, Tapping*  
Jean McCarter Leonard '57, '60  
Melissa Luu-Van '06  
Athena Mak '06  
Ellie Mansfield '58, '60, *Newsletter, Photographer*  
Janice Mau '11, '14, *Mentoring Committee*  
Riddhi Mittal '11  
Kimi Narita '07, '11, *Communications Committee*  
Samantha Quist Crow '03, *Communications Committee*  
Susan Beth Phillips '70, '72  
Carmen Vice Sebro '09, *Luncheon Committee*  
Reagan Thompson '12  
Naomi Waltman '85, '88, *Winter Welcome Committee*  
Frances Wehrwein '12

## Come Join the Board

Would you like a chance to reconnect with Cap and Gown alumnae and current students? When you join the board, you have an instant set of friends spanning eight decades! You have the opportunity to practice and grow leadership skills.

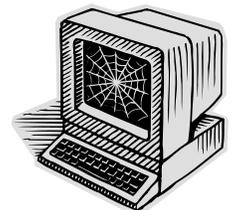
As a board member, you commit to attend four board meetings per year. Events (Tapping Tea, Spring Luncheon and Graduation Tea among others) are held throughout the academic year.

If you are interested in learning more about serving on the board or helping on a special program, please contact us through our website or email Kathy Chou at [kathy.chou4@gmail.com](mailto:kathy.chou4@gmail.com).

## Cap and Gown Website

<http://capandgown.stanford.edu>

Are you looking to see what is going on with Cap and Gown? Our website is a wonderful way to see all the many things the actives and the Alumnae Board are doing. There are helpful links to pay dues or make scholarship donations and applications for Stanford undergraduates as well as a section on the history of Cap and Gown. Check it out!





# Mentoring



Madison Gilbertson

Greetings from the Mentoring Committee! My name is Madison Gilbertson, and I, along with Janice Mau, will be co-chairing the Mentoring Committee for the coming academic year. Janice and I are both proud members of the Class of OH-Leven! Janice is currently a second-year student at Stanford Law School, and I work in the Career Management Center at the Stanford Graduate School of Business. Hannah Belitz is the Actives' VP of Mentoring this year. We all couldn't be more excited about mentoring!

We will continue to partner with the Stanford Alumni Mentoring (SAM) program to provide mentoring for Cap and Gown actives. This is a great opportunity to leverage a university-wide, online program, especially since we can take part in it for no additional group charges. It's easy to sign up, and you are welcome to review the attached document for detailed instructions. It only takes 5-10 minutes and will have a huge impact! Please remember to note your Cap and Gown affiliation so that it will be easy for actives to find you! We also encourage those of you who signed up last year to update your profiles if necessary.

Next, we have been working on a new piece of programming called "Mentor Families." We plan to run a pilot program this fall, and then assess the effectiveness of the initiative. The idea is that a Cap and Gown alumna would volunteer her time to meet with a group of students once a quarter and answer questions about her industry and career. If you are interested in participating in this pilot program, please email me ([madison.gilbertson@gmail.com](mailto:madison.gilbertson@gmail.com)) or Janice Mau ([jmau@stanford.edu](mailto:jmau@stanford.edu)). It's a great way to get involved with current actives and help students learn about your industry! Industries with the most interest from actives include: finance, consulting, law, government, public service, and entrepreneurship.



Janice Mau

Again, we are excited for the upcoming year, and we hope you will take advantage of these opportunities to play a critical role in students' lives. Please feel free to email Janice and me if you have any questions.



## Cap and Gown – Getting Together Away from The Farm

We always look forward to seeing our members on campus. However, we have members all over the United States and around the world. This year, we have alumnae who are going to try to have "remote events" – a chance for local Cap & Gown alumnae to meet one another. We will be piloting such an effort in Chicago and one in the Seattle area. If you are interested in meeting other Cap & Gown members in your area, please let us know by emailing [mgalloway@stanfordalumni.org](mailto:mgalloway@stanfordalumni.org) or "contact us" at the Cap & Gown website. We can help provide a list of Cap & Gown members in your area and some suggestions to get started!



# Cap and Gown Spring Leadership Luncheon 2012

## A Long Bright Future

For those of you who were fortunate enough to attend the Spring Luncheon, I'm sure you'll all agree that it was an event to remember!

From the ambiance of the beautiful tables highlighted by the exquisite centerpieces to the wonderful traditional Tapping of Dr. Carstensen to Dr. Carstensen herself to the amazing inter-generational panel. Many said the panel was the highlight to the invisible threads and group photo, the event was **magical**.

**Shari Kuchenbecker** and **Kathryn Kilner** – a **standing ovation** for your outstanding dedication, hard work and beautiful execution of this event! Our goal of bringing our Cap & Gown community closer was exceeded! BRAVO!

In the era of doubt around support for the annual Cap and Gown luncheon, this year's event undid all doubt and reestablished the event firmly in Cap and Gown tradition.

Our guest speaker, Dr. Laura Carstensen, challenged us to envision, design, diversify, and invest to ensure that when find ourselves aged, we are not surprised by the extra years in our lives, but embrace them with enthusiasm and wherewithal. Our life expectancy has increased 30 years over the last century. Laura encouraged us to be proactive and plan so that we will be mentally sharp, physically fit, and financially secure. Laura's advice:

- Envision: Imagine, don't cope, aim higher, daydream about your future.
- Design: Design your life so that default choices are good: exercise, eat well, save.
- Diversify: Diversify your social network, your interests, your capabilities so that if you lose one thing you are not lost.
- Invest: Invest in yourself, in what will sustain you. Educate yourself throughout life.

President Kathy Chou interviewed a cross-generational panel to uncover their perspectives and preparations for long bright futures. The three panel members, Jean Coblentz, '47, Ellen Petrill, '77, and Reagan Thompson, '12 revealed how differences in the eras of their beginnings impacted their experiences but not their positive outlooks, a trait we find typical for Cap and Gown women.

Cap and Gown surprised Laura Carstensen by tapping her as an honorary Cap and Gown member. The luncheon ended with Kathy Chou sharing a pearl for everyone to remind each woman that we are tied together with the invisible thread of our stories and dreams and actions for a long bright future. Shari Kuchenbecker made a photograph of the group from the roof.

In a change from past events, this luncheon was open to all, which led to a capacity crowd in the main Faculty Club dining room. The Cap and Gown members and guests delighted in the tasty lunch, cross-generational conversations, and the opportunity to have Laura Carstensen sign her book *A Long Bright Future*.

Thank you to the committee led by co-chairs Kathryn Kilner and Shari Kuchenbecker for designing and executing this lovely event.



# Photos from the Cap and Gown Spring Leadership Luncheon 2012





## More about our newest Honorary member



**Laura Carstensen**, newest Cap and Gown Honorary member, is the founding director of Stanford's Center on Longevity whose goal is redesigning a long bright future for us all. Author of over 120 studies, award winning professor, Guggenheim Fellow, and supported by the National Institute on Aging, Dr. Carstensen explains in the last century, 30 years have been added to our life expectancy. Summarizing Dr. Carstensen's presentation, "To the degree that people reach old age mentally sharp, physically fit, and financially secure, the problems of individual and societal aging fall away."

Dr. Carstensen was tapped in the old fashioned way at the Cap and Gown Spring Luncheon. As Cap and Gown Members Ellie Mansfield, '58, '60, Carmen Vice Sebro, '09, and Samantha Crow Quist, '03 wove in out of the tables wearing the traditional black graduation gown, Michelle Greer Galloway '86, '89 presented our history as the oldest student group at Stanford. The group stopped behind her chair and she was welcomed by Alumnae President Kathy Chou, '85. Dr. Carstensen became our 33<sup>rd</sup> honorary member in 10 years.

While membership in Cap and Gown is awarded only to Stanford undergraduate women through leadership, community service, and academic achievement, Honorary membership can be conferred upon women faculty, faculty wives, and women actively involved in the Stanford community making valuable contributions to our organization. Our Active members choose honorary Cap and Gown members.



Cap and Gown Members Carmen Vice Sebro, '09, Ellie Mansfield, '60, Samantha Crow Quist, '03, President Kathy Chou, '85 with Dr. Laura Carstensen (center)



# Welcoming Women to the Community of Stanford Women 7th Annual Stanford Women Winter Welcome January 25, 2012

On Wednesday, January 25, 2012, Stanford women gathered in the elegant Faculty Club main dining room to get acquainted, as Cap and Gown founders would say, or hang out, as current frosh and sophomores would say. The Seventh Annual Stanford Women Winter Welcome buzzed with excited conversation among thirteen tables full of Stanford women spanning all ages: freshmen and sophomore undergraduates, faculty and staff, and Cap & Gown actives and alumnae.



Pam Matson

The evening began with a rousing opening from Julie Lythcott-Haims, Dean of Freshmen and Cap and Gown honorary and a poignant welcome from Cap and Gown president Kathy Chou. Kathy reminded us that the evening was a gift – how often do you get to talk with women deans, professors, seniors, and alumnae? Ellen Petrill introduced Cap and Gown honorary Pam Matson, Dean of Earth Sciences. Pam entertained us and also provoked examination of our beliefs about life after college by telling us her story. Pam’s zig-zagging road led from being a motivated student at Stanford to one after the other fun and interesting jobs, and finally to today’s fulfilling role as Dean of the School of Earth Sciences. In each role, she loved the job and also realized that this was not what she wanted to do for her entire career. Each time she took action that led to another exciting job, each bringing critical skills and lessons along the way. A clear message from Pam’s career path is that a woman can change, grow, and take new directions. Take note: each decision will not be your last!

The room then buzzed with lively table discussions about finding your road. The event appears to have achieved the status of an annual event, thanks to the support of founders of the event, Deans Julie Lythcott-Haims and Pam Matson, as well as the School of Humanities and the Women’s Community Center. When we see our seniors and juniors passionate about the Winter Welcome because they attended as freshmen and sophomores, we know it has become a tradition.

Thanks to the actives for motivating freshmen and sophomores to attend and to the alumnae for welcoming the freshmen and sophomores and leading fantastic discussions, and to the committee for your time and effort to make this a success.

Don’t miss it next year - we look forward to your support at the 8<sup>th</sup> annual Stanford Women Winter Welcome!



Julie Lythcott-Haims



Always good food



Actives Nruthya Madappa, Reagan Thompson and Sara Silberstein



Alum Shari Kuchenbecker

Julie Lythcott-Haims and under grad



Alum Nancy Sharp





## Cap and Gown Graduation Tea — 2012

The Graduation Tea is a tradition that began in the 1990s as a way to honor Cap and Gown Graduating Actives. The Tea is an opportunity for the families and guests of our graduating Actives to learn more about their graduate's experience in Cap & Gown. And, it is a time of leisure and respite from the bustle of the campus during Graduation weekend. In addition, our graduates were recognized with red and black honor cords to wear during the Graduation ceremonies and we celebrated their accomplishments with an ad in the Stanford Daily. We welcome our newest alumnae!





# Scholarship Donors

The following donations were made to Cap and Gown-sponsored scholarship funds from October 1, 2011 to September, 2012. Every donation, regardless of size, contributes to the success of our scholarship program. Thank you for your generosity and support.

## 1940s

Betty White Andrews  
Lois Keister Bevins  
Jean Galt Coblentz  
Shirley Rose Ely  
Helen Jones Gebhardt  
Virginia Anne Sterry Hislop  
Maria Elena Wagner Krenz  
Leslie F. Langnecker Luttgens  
Ruth Atkins Rickard  
Elizabeth Rabbitt Pomeroy

David G. Harnden, M.D.  
Joan Gustafson Haworth  
Deanna Walker Iltis  
Alice Anne Martineau  
Arunima Sharon Orr  
Henrietta Bartizal Pons  
Dr. Linda Cohen Roemer  
Mary Ann Somerville  
Carol Hill Sox  
Patricia C. Unger Spaght  
Georgia Lee Sutherland  
Sara Syer  
Lynn Templeton Touton

## 1950s

Jean Christian Nordstrom August  
Alice Kwong-Bolocan  
Katharyn Leitzell Clyde  
Donaldine Stewart Finegold  
Barbara Hetherington  
Genevieve McDuffeeJacobson  
Judith Scholtz Kays  
Harriet Thomas Lawrence  
Ellie Weiss Mansfield  
Brenda Sorey Miller  
Shirley Douglass Patton  
Professor Karlene Hahn Roberts  
Judy Wharton Robertson  
Nancy Clark Sharp  
Patricia Terry von Bibra  
Mrs. John Younkin

## 1970s

Sarah Gemma Flanagan  
Nanette K. Gartrell, M.D.  
Susan Bailey Harnden, M.D.  
Esther Ball Hewlett  
Melinda DeBriyn Johnson  
Karen L. Loomis  
Laura Jean Masunaga

## 1980s

Margaret Colter Donovan  
Dr. Cynthia Stotts Howard

## 1990s

Jesse Marie Boyett Anderson

## 1960s

Martha Collins  
Susan Peters Couch  
Kathleen Norris Crawford  
Marcia Cohn Growdon, Ph.D.

## and thanks also to

Mrs. Albert H. Hastorf  
Mr. William R. Hilker  
Luisita S. Itchon

## In Memoriam 2012



Edith J. Smith '30  
Katharine Moran Cashman '37  
Isabel Goldthwaite Dockendorff '38  
Margaret Wallace Graham '43  
Geraldine FitzGerald '44  
Patricia Whittemore Wallace '46  
Nada Skidmore Kovalik '47  
Patricia Brown Fank '49  
Nini Moore Horn '53  
Janeene Knipe Coleman '54  
Sue Howard Larson '54  
Sara McGrath Lundberg '60  
Ann Cillely Hanson '62  
Melissa Foster Bowerman '64  
Lynette Lee Seward '68  
Elizabeth A. Sensabaugh

## Online Dues Paying and Scholarship Donations



Alumnae dues and scholarship donations allow Cap and Gown to continue to support and recognize talented women of Stanford University. Save hassle and time by paying dues and donating to scholarships online. Visit our website: <http://capandgown.stanford.edu> and click on "Donate" at the top menu bar for instructions. Membership with the Stanford Alumni Association is required to donate online.



# Wonderful Stories and Class News

(Please use the back page to send us your news.)

## Cap and Gown in Paris

“Paris is always a good idea.” Having been to Paris before, I never doubted this line that Audrey Hepburn delivers in the movie, *Sabrina*. However, I didn’t fully understand it until through a twist of events I found myself buying a Eurostar ticket from London to Paris this past July. I had tacked on a business trip to London to a family vacation in Greece and Turkey after my boss returned from her holiday in Paris and told me that I just had to go see these art exhibits in Paris. I could work from the London office for a few days and then go to Paris for the weekend.

That’s hard to turn down. So I reconfigured my travels plans and bought a ticket to Paris with no plans for what to do when I would get there besides see a couple art exhibits. I was a bit nervous about not knowing anyone in Paris and searched through my Facebook friends to see if someone I knew had by chance moved to Paris and set my status to “looking for anyone who knows anyone in Paris.”

Then it occurred to me that there was a larger network I could tap into: Cap and Gown alumnae. I asked Michelle Galloway if there were any Cap and Gown members in Paris and she connected me with Deborah Rubenstein, Class of 1989. I was delighted and a bit surprised when Deborah responded to my out-of-the-blue request to meet in Paris. We arranged to meet near the Boston Consulting Group office where Deborah manages EMEA marketing.



Working in marketing myself, we had plenty to talk about, building on the instant connection that Stanford provides. As we sipped kir from a sidewalk café, we chatted easily about life at Stanford, building a career in marketing, living abroad and traveling. It was lovely to discover similar experiences even though our times on the Farm were separated

by about two decades and we were sitting on the other side of the world.

You’re never quite sure what will happen in Paris, but there is always something surprisingly charming. I thoroughly enjoyed walking through eight museums, immersing myself in a novel based on the life of Degas and savoring crème brule, but the highlight was connecting with a fellow member of Cap and Gown and experiencing what a good idea Cap and Gown is.



Kathryn Kilner '08

## I have a wonderful story to tell.

Attending my 50th Reunion October 4-7, I was invited to a reception at President Hennessy’s home on campus, The Lou Henry Hoover House. There by happenstance, I met Jean Coblentz, Class of '47. I had never met Jean in person before but recognized her name and face from Cap and Gown Newsletters over the years. What a wonderful encounter. I simply said that I recognized her name from Cap and Gown!

I promised Jean that I would write a note to Cap and Gown immediately when I got home – needless to say, I am a little late – but I want to wish Jean the best and send warmest regards. Our chance meeting made my 50th Reunion really special. And, Jean, I look forward to seeing you again!

Thank you Cap and Gown!

Henrietta Bartizal Pons '62



Jean Coblentz





**Carol Hurwitz Polk '45** writes: I am still honored to be in Cap and Gown. Living at the beach provides much serenity and I keep busy mentally and physically, grateful to be able to do so: walk 45 minutes and do home exercises every day, tutor reading at an elementary school weekly, belong to a discussion group, play bridge and enjoy family, friends, art and music. Plan to attend the auditions for our annual Hurwitz/Polk music award on campus in April. Retired as class correspondent for the Stanford mag last year. My husband, Peter, also '45, and I just had our 67th wedding anniversary, another memorable event. We stay involved as possible w/ Stanford, getting up to the campus as often as possible (we have attended every reunion since graduation) and to go to the auditions for the annual music award in our name and I was class correspondent for the Stanford Mag for 12 yrs.

**Lois Bevins '49** writes: I like to tell people I'm one of the oldest living veterans of a Stanford Women's Basketball team, so I'll make my donation to the Margaret Barr scholarship this year.

**Diane Cooley '50** writes: My contribution to Cap and Gown is to honor my class of '50 frosh classmates at Branner and the friendships forged with the outstanding women at Stanford who have continued to inspire, enrich and enliven my life.

**Joyce Temby '51** writes: Our 60th class reunion was a real pleasure. I do encourage that the members of Cap and Gown be part of the Reunion Committees. It makes seeing old friends so much easier.

**A.J. Natrass '53** writes: Thanks to all for your continued hard work and services. Very much appreciated! Many wonderful memories of Stanford and Cap and Gown days.



**Anita Nooger Nichols '54** writes: I am enjoying retirement, but spend lots of time keeping my dad in his home in Scottsdale, AZ. Les and I live in Mountain View and make frequent trips to mind the companions and give them a break. We enjoy our two grandchildren who live 2 hours away in Elk Grove. Our last "BIG" trip was to India with Stanford Travel in 2007.

**Luisita Sandoval Itchon '55**, Cap and Gown/ASSU Scholar 1953 - 1954, tapped as an honorary member in 1954. She writes that her work at the Central Bank of the Philippines from 1955 to 1986 was largely motivated and inspired by the Cap and Gown ideals of excellence and leadership. She retired as Director of Economic Research - International of the Central Bank of the Philippines. After 1986 she was a co-organizer of Marinducare Foundation. "I reiterate my appreciation for having been a Cap and Gown/ASSU scholar. Words cannot express the effect in my life of the interaction between and amongst the ASSU Scholars, the Stanford students, as well as with local and international organizations. Then to be tapped as Honorary member of Cap and Gown!"

**Jane Fetter '58** writes: I have always been so proud of my membership in Cap and Gown. You can imagine the great pleasure it gave me to have my granddaughter, Holly Fetter, "tapped" this past year. I do hope that we will have an opportunity to attend some function together. I have been a "career volunteer" to use Jing Lyman's term. I am still over involved on Boards and with causes dear to my heart. It was a pleasure to chair our class of 1958 45th and 50th reunions. My husband Tom '56 MBA '58 and I have been fortunate to be allowed to live wonderful, fulfilling lives with great health and support from friends and family.

**Shirley Patton '58** writes: Life in Ashland, Oregon is good as I adjust to being without my husband of 52 years. My activities continue as in the past - doing the occasional play, regularly performing variety shows in care facilities, being the voice of "As it Was," a history program on our NPR station, travel, grandmothering. Church and garden also call me into action.



**Barbara Carey '60** writes: My husband Roy and I will celebrate our 50th wedding anniversary in August 2012. We plan a family holiday in Costa Rica with our three children, their spouses, and our three grandchildren. We continue to live in Carlsbad, NM where I still teach voice and piano lessons, and sing in the Carlsbad Chorale and the Episcopal church choir. The Virginia Gildersleeve International Fund (VGIF), a grant making organization supporting projects benefitting women and girls in underdeveloped countries, continues to take me to New York twice a year for board meetings. I also serve on the board of the online organization, Women Graduates - USA (WG-USA), the official representative for the United States within the International Federation of University Women (IFUW). All three groups have excellent websites that will give you information, if you might be interested in participating. All three groups participate annually in the UN Committee on the Status of Women as well as having their own unique projects, most of which concern interacting with women internationally, and dealing with issues that affect all women. The next IFUW triennial Conference will be in August 2013 in Istanbul. These conferences have provided me with many long-lasting friendships through the years and have been among my most valued experiences.

**Martha Collins '62** writes: My sixth book of poetry, *White Papers*, was published by the University of Pittsburgh in 2012. It follows my previous book, *Blue Front*, which focused on a lynching my father witnessed as a kid: This book, too, focuses on race. I'm now writing full time: I retired from Oberlin College in 2007 – though I subsequently taught at Cornell as Distinguished Visiting Writer in 2010, and continue to serve as editor-at-large for Oberlin's *FIELD* magazine."

**Gail Stevens '64** writes: Greetings, all! I remember my active days in Cap and Gown with great pleasure. What a privilege it was to be chosen to be a part of this outstanding organization! I'm sad to live too far away to be part of the alumni support group. My husband, Dr. John H. Stevens, retired in 2005 after 34 years as Senior Minister of the 5,000 member First Presbyterian Church of Colorado Springs. We loved serving that great church - we are now loving being retired from it! These have been very precious years together enjoying each other. We are both cancer survivors, so we consider every day together to be a wonderful gift. Personally, I am still active at the church (when we are in town!), singing in our sanctuary choir. We have 2 sons and 4 granddaughters (age 9, 5, 5, and 3 months), and they are the light of our lives! We are blessed to live in the same city and can enjoy them any time we want to!

**Susan Cabrera '71 & '72** writes: Since 2003, in addition to my regular work, I have been conducting lectures and seminars which combine spiritual and psychological topics such as forgiveness, balance, empathy and fulfillment. My next two talks will be on "Forgiveness: The Healing Act" with a half day retreat on Saturday, January 19, in Capitola and an evening lecture on Tuesday, February 26, in Palo Alto. More info is at [www.LSusanCabrera.com](http://www.LSusanCabrera.com) under "Items of Interest."

**Melinda Johnson '78**, writes: Our son Davis is enjoying his sophomore year at Stanford, living in the Theta Delt house, and playing club lacrosse. We enjoyed several trips to Palo Alto to see football games and were fortunate to go support the Cardinal at the Fiesta Bowl in Phoenix.

**Joan Passarelli '84**, writes: I'm delighted to be working at Stanford! After being a full-time mom for 20 years, I started working for VPUE (Office of the Vice Provost of Undergraduate Education) in 2008 as administrative staff. It's wonderful to be back on campus and back in touch with students (who are my kids' age). I'm uniquely able to help both Stanford students and my own kids, who are at USC and Scripps College.

**Cindy MacPherson '88** writes: I always enjoy reading the annual newsletter and learning about the amazing young women who are in Cap and Gown! I continue to be a full-time mom and love watching my children develop and grow. My husband and I are happy to be living in Los Angeles surrounded by our families.



Are you on Facebook? Join our group! Search "Cap and Gown Actives and Alumns" or enter <https://www.facebook.com/groups/2212859585/> and request to join. We post information on upcoming events, and it's a great way to keep in touch.



The Stanford Cap and Gown Society strives to connect women leaders committed to contributing to their communities and to Stanford University. Founded in 1905, Cap and Gown is one of Stanford's oldest organizations. Membership is based on high standards of academic excellence, community involvement and leadership experience, and spans current students and alumnae including Sandra Day O'Connor and Edith Mirrielees.

### Cap and Gown History Booklet

A new and expanded history booklet is available. The booklet follows the history of Cap and Gown and contains some never-seen-before as well as familiar campus photographs.

After more than a year of revising and rewriting, Georgia Sutherland has compiled a new history booklet. It's available for \$10 (see page 27 to order).



### Your Dues Are Important

Dear Alumnae,

Thank you all for your continued and generous support of Stanford Cap and Gown, our active leaders on campus, and the young women we support through our scholarship fund. As the oldest continuous student group at Stanford, it means so much to our actives and scholarship awardees to know that those coming before still care and invest in their futures.

We rely on your membership dues and gifts to fund events and activities around the year – now you can contribute through our brand new online payment system! Please visit [capandgown.stanford.edu](http://capandgown.stanford.edu) and click on the "Dues" tab at the top.

Of course, you can still mail a check (attaching the donor form in this newsletter) to us at P.O. Box 19005, Stanford, CA 94309.

We are grateful for your stewardship and commitment to Stanford Cap and Gown. I look forward to hearing from you – both through direct correspondence and depositing your checks!

Warmly,

Julia Gregory  
Treasurer, Stanford Cap and Gown



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_

Graduating Class \_\_\_\_\_

Name when you were tapped into Cap and Gown \_\_\_\_\_

- The address above is more recent than the mailing label on this newsletter
- Here are my dues to help defray Cap and Gown operating expenses:  
 \$35 or more (\$25 if graduated in last 5 years) \$ \_\_\_\_\_  
 (Please make check for dues to "Cap and Gown" or donate online)
- I am adding an additional amount to sponsor an active \$ \_\_\_\_\_
- I wish to donate to a Cap and Gown Scholarship \$ \_\_\_\_\_  
 (Please make check for scholarship to "Stanford University" or donate online)  
 Please list name of scholarship:  
**Cap & Gown, Centennial, Sandra Day O'Connor, Ros Bacon, Margaret Barr or Bettye Bailey**  
 \_\_\_\_\_
- Please send me the new history booklet (\$10) \$ \_\_\_\_\_

I make my scholarship donation in honor of: \_\_\_\_\_

I make my scholarship donation in memory of: \_\_\_\_\_

**Total Enclosed** \$ \_\_\_\_\_



MORE THAN A CENTURY OF WOMEN LEADERS

**Cap and Gown News**

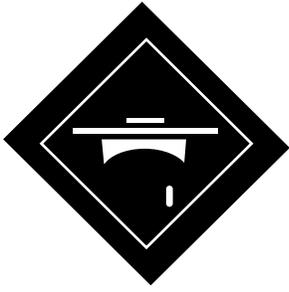
Cap and Gown News is an annual publication of, by and for the Cap and Gown Society of Stanford University. Published and mailed to all members each year, the Cap and Gown News serves as a vehicle for disseminating information, receiving news from members and collecting operating funds and scholarship donations. Photos in this issue (unless otherwise attributed) are by Shari Kuchenbecker, Melissa Luu-Van, Jessica Mahler and Ellie Mansfield.

Mailing address for all Cap and Gown business is:  
**Cap and Gown, P.O. Box 19005, Stanford, CA 94309**

Include one or two checks with this form and mail to:

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**Notes for next year's newsletter:**