

# Viral Hepatitis Fact Sheet

January 2002

Hepatitis Foundation International

L.A. Gay & Lesbian Center's Sexual Health Program

## Hepatitis Testing and Vaccine Facilities 1/2002

	<b>Hepatitis A (HAV)</b>	<b>Hepatitis B (HBV)</b>	<b>Hepatitis C (HCV)</b>	<b>Hepatitis D (HDV)</b>	<b>Hepatitis E (HEV)</b>
<b>What is it?</b>	HAV is a virus that causes inflammation of the liver. It rarely leads to chronic disease.	HBV is a virus that causes inflammation of the liver. It can cause liver cell damage, leading to cirrhosis and cancer.	HCV is a virus that causes inflammation of the liver. It can cause liver cell damage, leading to cirrhosis and cancer.	HDV is a virus that causes inflammation of the liver. It only infects those persons with HBV.	HEV is a virus that causes inflammation of the liver. It is rare in the U.S. There is no chronic state. It is similar to hepatitis A.
<b>Incubation Period</b>	2 to 7 weeks. Average 4 weeks.	6 to 23 weeks. Average 17 weeks.	2 to 25 weeks. Average 7 to 9 wks. Window period for accurate testing is about 6 months.	2 to 8 weeks.	2 to 9 weeks. Average 40 days.
<b>How is it Spread?</b>	Transmitted by fecal/oral route, through oral sex, rimming (oral/anal sex) or ingestion of contaminated food and water.	Contact with infected blood, semen, and vaginal secretions, sharing needles, including tattoo and body-piercing tools. Infected mother to newborn. Human bite. Sexual contact.	Contact with infected blood, contaminated needles, razors, and tattoo or body-piercing tools. Infected mother to newborn. Sexual transmission is rare but possible when blood is exchanged.	Contact with infected blood, contaminated needles. Sexual contact with HDV infected person.	Transmitted through fecal/oral route. (Same as hep A.) Outbreaks associated with contaminated water supply in other countries.
<b>Symptoms</b>	May have none. Others may have light stools, dark urine, fatigue, fever, nausea, vomiting, abdominal pain, and jaundice.	May have none. Some persons have mild flu-like symptoms, dark urine, light stools, jaundice, fatigue and fever.	Same as HBV	Same as HBV	Same HBV
<b>Treatment of Chronic Disease</b>	Not applicable.	Interferon and Lamivudine with varying success. May have side effects.	Interferon and combination therapies with varying success. May have side effects.	Interferon with varying success. Treatment may have side effects.	Not applicable.
<b>Vaccine</b>	Two doses of vaccine to anyone over 2 yrs of age or older now and in 6 months.	Three doses may be given to persons of any age. (0, 1 and 6 months)	None	HBV vaccine prevents HDV infection.	None
<b>Who is at Risk?</b>	Household or sexual contact with an infected person or living in an area with HAV outbreak. Travelers to developing countries, persons engaging in anal/oral sex and injection drug users.	Infants born to infected mother, having sex with an infected person or multiple partners, injection drug users, healthcare workers, persons engaging in anal/oral sex, and hemodialysis patients.	Blood transfusion recipients before 1992, healthcare workers, injection drug users, hemodialysis patients, infants born to infected mother, multiple sex partners.	Injection drug users, persons engaging in anal/oral sex and those having sex with an HDV infected person.	Travelers to developing countries, especially pregnant women.
<b>Prevention</b>	Vaccine. Immune Globulin within 2 wks of exposure. Washing hands with soap and water after use of toilet. Use household bleach (10 parts water to 1 part bleach) to clean surfaces contaminated with feces, such as changing tables. Use barriers for rimming and condoms.	Vaccine. Immune Globulin within 2 wks of exposure. Clean up infected blood with household bleach and wear protective gloves. Do not share razors, toothbrushes, or needles. Safer sex.	Clean up spilled blood with household bleach. Wear gloves when touching blood. Do not share razors, toothbrushes, or needles with anyone. Safer sex.	Hepatitis B vaccine to prevent HBV infection. Safer sex.	Avoid drinking or using potentially contaminated water

1. **Bienestar (East L.A.)**  
5326 E. Beverly Blvd. (Atlantic cross street), Los Angeles, CA 90022  
323-727-7896  
No cost Hepatitis A, B, and C, HIV and TB Testing, Hepatitis B Vaccination  
Walk-in Friday from 9-11am
2. **Valley Community Clinic**  
5648 Vineland Ave., North Hollywood  
818-763-1718 x108 ask for Helen to schedule an appointment  
818-763-8836 general phone line  
Hep A Vaccine Free / Hep B Vaccine Sliding Scale  
Hepatitis A, B, and C Free or sliding scale depending on income (\$52 max)
3. **T.H.E. Clinic**  
3860 W. Martin Luther King Blvd. 1<sup>st</sup> Floor, L.A.  
323-295-6571  
Hepatitis A and B Vaccine \$35 per dose  
Hepatitis A, B, and C Testing - Possible Sliding Scale otherwise \$70
4. **L.A. Free Clinic – Testing Only**  
8405 Beverly Blvd., Los Angeles, CA 90048  
323-653-1990
5. **South Bay Clinics –Testing Only**  
Redondo Beach Facility or Gardena Facility  
2114 Artesia Blvd. Redondo Beach or 742 W. Gardena Blvd., Gardena  
Must call for appointment – 310-802-6170
6. **Hollywood Sunset Clinic – Testing Only**  
3324 W. Sunset Blvd., Silver Lake  
323-660-2400
7. **Lambda Medical Group**  
5757 Wilshire Blvd. Promenade Suite 2, Los Angeles  
877-4-LAMBDA  
Sliding Scale Vaccine and Testing
8. **Pasadena Health Department**  
1845 N. Fair Oaks Ave. Pasadena  
626-744-6005  
Hep A & B Vaccine and Testing Walk-in Wed. 1:30-4:30pm  
Hepatitis A & B Vaccine only Fri. 8-11am.  
Hep A \$75/shot, Hep B \$65/shot
9. **Long Beach Health Department**  
562-570-4222 – Call for more information
10. **Hepatitis C Home Testing Kits available at local pharmacy for about \$75**

#### **HOTLINES, RESOURCES, AND WEBSITES**

1. 888-4hepABC
2. 888-85-LIVER—So. CA Resource
3. 949-654-4250—Hep C Support Group by Carol Craig (USC Hep Research Clinic)
4. [www.hepccalifornia.org](http://www.hepccalifornia.org)—info on other hep C support group info
5. 800-Go-LIVER—American Liver Foundation Hotline—[www.liverfoundation.org](http://www.liverfoundation.org)  
310-670-4642—L.A. Area Chapter
6. Hepatitis Foundation International 800-891-0707—[www.hepfi.org](http://www.hepfi.org)
7. CDC—[www.cdc.gov/ncidod/diseases/hepatitis](http://www.cdc.gov/ncidod/diseases/hepatitis)
8. HCV Global Foundation—[www.hcvglobal.org](http://www.hcvglobal.org)
9. Hepatitis Central—[www.hepatitis-central.com](http://www.hepatitis-central.com)
10. HIV and Hepatitis—<http://hivandhepatitis.com>
11. NIH—<http://medlineplus.nlm.nih.gov/medlineplus/hepatitis.html>