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Stanford University
WorkLife Office**



LOVE AND LOGIC WITH TWEENS AND TEENS

Using Love and Logic, an approach to parenting and communication, this class focuses on finding practical solutions to everyday challenges of raising tweens and teens. Through this series, join a group of parents who are going through similar issues and challenges. By sharing and learning together, this class offers a built-in peer support as you apply 10 Love and Logic tools of parenting.

The series includes four sessions held once a month from January through April. All sessions are free and held in Redwood Hall, G19.

- Session I - Tuesday, January 24 - 11:30 a.m. to 1:30 p.m.
- Session II - Tuesday, February 28 - 11:30 a.m. to 1:30 p.m.
- Session III – Tuesday, March 20 - 11:30 a.m. to 1:30 p.m.
- Session IV – Tuesday, April 24 - 11:30 a.m. to 1:30 p.m.

Call 723-2660 or email jdyoung@stanford.edu to register for one or more sessions.

One Healthy Living [BeWell Berry](#) available for eligible Stanford employees.

Co-sponsored by [The Faculty and Staff Help Center](#).

Series provided by The WorkLife Office as part of [Stanford University Human Resources](#).