

Maternity/Childbirth/New Parent Resources

Birth Support/Parent Education Agencies

Blossom Birth*
650-321-2326
<http://blossombirth.org/>

Day One
650-322-Day1 (3291)
<http://www.dayonecenter.com/>

Parents' Place of the Peninsula
<http://www.parentsplaceonline.org/>

Town and Country Resources *
(650) 326-8570
<http://www.tandcr.com/>

Stanford Park Nannies
650- 462-4580
www.spnannies.com

WorkLife Office 650-723-2660
-Parent Education Brown Bags monthly on campus
-Childcare resource and referral
-Financial assistance programs for Stanford employees with children
-ParentNet – email list for Stanford Parents
http://worklife.stanford.edu/parent_resource.html
shallibu@stanford.edu

Birthing Clubs/Mothers Clubs

Attachments Parents of the Peninsula
<http://www.appen.org/>

Blanket Babies – Blossom Birth
bbbabies@gmail.com
<http://blossombirth.org/>

Parents' Club of Menlo Park and Palo Alto
<http://www.bigtent.com/groups/pamp/>

Parent-Net (Stanford-only parent email group)
Call WorkLife at 723-2660 to sign-up

Doulas, Nurses, Mid-Wives

Blossom Birth Doulas
http://blossombirth.org/blossom_doulas.html

Doulas of North America
<http://www.dona.org/>

San Francisco Doula Group
<http://www.sfdoulagroup.com/index.html>

Silicon Valley Doulas
(408) 781-4775
<http://www.siliconvalleydoulas.com/>

Exercise/Activities

Baby Boot camp
<http://www.babybootcamp.com/>

Mom and Baby Fitness – Day One
http://dayonecenter.com/fitness/yoga_pa.php

Lamaze International
800-368-4404
info@lamaze.org

Palo Alto Enjoy!
<http://www.cityofpaloalto.org/recreation/enjoy.asp>

Stroller Hikes Club
<http://www.strollerhikes.com/>

*Discounts available for Stanford employees.

