



## Financial Resources on the Peninsula

### Subsidy Agencies

**California State Subsidy and City of Palo Alto Subsidy**  
Palo Alto Community Child Care  
Contact: Subsidy Coordinator – Diana Paulding  
650-492-2361  
[www.paccc.com](http://www.paccc.com)

**Choices for Children** (Alternative Payment Program)  
[http://www.choices4children-santaclara.org/program\\_1.aspx](http://www.choices4children-santaclara.org/program_1.aspx)  
408-297-3295

**Child Care Programs in Palo Alto with Scholarships**  
Sharon Murphy, Family Resources  
650-329-2221

### Housing Assistance

**Homeowners and Renters Assistance**  
For senior citizens, disabled and blind  
with incomes under \$44,096 in 2007.  
Call 800-868-4171  
TDD for Hearing impaired: 800-822-6268.

**Palo Alto Housing Corporation**  
Low- and moderate-income housing in Palo Alto.  
Below Market Rate program  
E-mail: [cgonzalez@paloaltohousingcorp.org](mailto:cgonzalez@paloaltohousingcorp.org).  
650-321-9709

### Counseling – Free and Low Cost Counseling and Support

**Faculty and Staff Help Center**  
Email: [helpcenter@lists.stanford.edu](mailto:helpcenter@lists.stanford.edu)  
<http://www.stanford.edu/dept/helpcenter/index.html>  
650-723-4577

**Office for Religious Life**  
<http://www.stanford.edu/group/religiouslife/>  
650-723-1762

### Health Care and Insurance

**Santa Clara Family Health Plan – Free and Low Cost Insurance**  
Medi-Cal, Healthy Families, Healthy Kids, Healthy Generations  
<http://www.scfhp.com/>  
408-874-1888

**Stanford University Faculty and Staff Child Care Subsidy Grant Program**  
WorkLife: 650-723-2660  
[http://worklife.stanford.edu/child\\_grant.html](http://worklife.stanford.edu/child_grant.html)

**Santa Clara County Office of Education HeadStart of Santa Clara County**  
1290 Ridder Park Drive MC 225  
San Jose, CA 95131-2304  
Phone: (800) 820-8182  
<http://www.sccoe.org/depts/headstart/>

### **Student Housing**

<http://www.stanford.edu/dept/rde/shs/>  
Email: [studenthousing@stanford.edu](mailto:studenthousing@stanford.edu)  
650-725-2810

**Community Housing** (off-campus)  
[communityhousing@lists.stanford.edu](http://communityhousing@lists.stanford.edu)  
650-723-3906

**Vaden Counseling and Psychological Services (CAPS)** - for Students only  
650-498-2336  
<http://vaden.stanford.edu/index.html>

**Family and Children Services**  
<http://www.fcservices.org/>  
tel 650-326-6576

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Students: **Cardinal Care Health Insurance**  
<http://vaden.stanford.edu/insurance/cardinalcare.html>  
(650) 723-2135

Insurance for Dependents:  
[http://vaden.stanford.edu/insurance/dependent\\_ins.html](http://vaden.stanford.edu/insurance/dependent_ins.html)

### **Cell Phone (Personal Use) Discounts for Stanford Employees**

AT&T - [https://www.wireless.att.com/business/authenticate/link\\_expired.jsp?requestid=43442](https://www.wireless.att.com/business/authenticate/link_expired.jsp?requestid=43442)  
Sprint – <http://www.sprint.com/index.html>

### **Free or Low Cost Goods, Services, Activities**

**Palo Alto Children's Library**  
650-329-2436  
Palo Alto Main Library Web page  
<http://www.cityofpaloalto.org/depts/lib/default.asp>

**Palo Alto Online** (free activities posted weekly)  
<http://www.paloaltoonline.com/index.php>  
Restaurant coupons and discounts – Go to Pizazz Coupons

**Palo Alto Weekly** online classifieds  
Freebies section and "Kids Stuff" Items for Sale  
<http://www.fogster.com/>

**Parent-Net** (Stanford only parent email group/advertise for items needed)  
To join:  
[http://worklife.stanford.edu/staff\\_contact.html](http://worklife.stanford.edu/staff_contact.html)

**Office for Religious Life**  
Free Activities, Concerts and Services  
<http://www.stanford.edu/group/religiouslife/>  
650-723-1762

### **Food – Free or Discount**

**Bread of Life EPA**  
1852 Bay Road, East Palo Alto. Serves meals to 250 people, including homeless, families with young children, shut-in seniors, children, working poor and recently unemployed, four days a week. Also has a clothes closet.  
E-mail: [director@breadoflifeepa.org](mailto:director@breadoflifeepa.org).  
Call 650-326-9796; fax 650-326-9797 .

**InnVision/Urban Ministry Breaking Bread hot meals program**  
Palo Alto and Menlo Park. Hot meals daily, located at various churches in Palo Alto and Menlo Park. Call for locations.  
E-mail: [urbanministry@innvision.org](mailto:urbanministry@innvision.org).  
Call 650-853-8697; 650-852-8672.

**Second Harvest**  
1-800-984-3663  
<http://www.secondharvestfood.org/needfood/index.php>

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### **Student Financial Services**

#### **Student Financial Services**

632 Serra Street, Suite 150

Hours: Monday-Friday, 8am - 5pm

Phone: (650) 723-2181

Fax: (650) 725-0310

HelpSU: [HelpSU.stanford.edu](http://HelpSU.stanford.edu) (select category: student services, type: University Bill/Student Account) -- please include your SU ID number and a phone number you can be reached at M -F, 8am -5 pm and an email address

Web: [fingate.stanford.edu/students/](http://fingate.stanford.edu/students/)

Pay your bill on line at [Stanford ePay](#)

#### **Financial Aid Office**

355 Galvez Street

Phone: (650) 723-3058

E-mail: [financialaid@stanford.edu](mailto:financialaid@stanford.edu)

Web: <http://www.stanford.edu/dept/finaid/graduate/index.html>

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