

# CAREER EXPLORATION RESOURCES

Career Development Center / 563 Salvatierra Walk / (650) 725-1789 / [cdc.stanford.edu](http://cdc.stanford.edu)



<p style="text-align: center;"><b>Career Counseling Appointments</b></p> <p>Career Counselors and Peer Counselors offer a wide range of services to help you clarify your interests and skills, learn about career options, and find work that is meaningful and satisfying for you. Register with the CDC at <a href="http://studentaffairs.stanford.edu/cdc/jobs-internships">studentaffairs.stanford.edu/cdc/jobs-internships</a> to schedule an appointment.</p>	<p style="text-align: center;"><b>Stanford Alumni Mentoring Program</b> <a href="http://mentoring.stanford.edu">mentoring.stanford.edu</a></p> <p>This program connects students with alumni in long term, one-on-one relationships for career guidance and advice about life after Stanford.</p>	<p style="text-align: center;"><b>CareerConnect</b> <a href="http://alumni.stanford.edu/get/page/career">alumni.stanford.edu/get/page/career</a></p> <p>Search this database of alums who have volunteered to talk about their career paths. Get information on how they chose their major, strategies for looking for internships in their field, and advice on career areas to explore.</p>
<p style="text-align: center;"><b>Register with the CDC</b> <a href="http://studentaffairs.stanford.edu/cdc/jobs-internships">studentaffairs.stanford.edu/cdc/jobs-internships</a></p> <ul style="list-style-type: none"> <li>• Schedule an appointment with a counselor (registration is required)</li> <li>• Access the job/internship database</li> <li>• Receive information on jobs/internships of specific interest</li> <li>• Receive CDC Connect, a weekly e-newsletter and other targeted career information</li> <li>• View and sign up for workshops and events</li> </ul>	<p style="text-align: center;"><b>Internship/Summer Job Programs</b></p> <p>The CDC offers several events to help you prepare for your internship/summer job search.</p> <p>Log in to your CDC account at <a href="http://studentaffairs.stanford.edu/cdc/jobs-internships">studentaffairs.stanford.edu/cdc/jobs-internships</a> and check the calendar for more information.</p>	<p style="text-align: center;"><b>Internship Resources</b></p> <p>The CDC Career Resource Center has many internship resources covering a wide variety of fields. Book titles include: Ferguson's Career Resource Guide to Internships and Summer Jobs; Vault Top Internships; National Internship Guide; and others.</p> <p>Search <a href="http://studentaffairs.stanford.edu/cdc/services/career-library">studentaffairs.stanford.edu/cdc/services/career-library</a> to locate more titles.</p>
<p style="text-align: center;"><b>Career Planning Handbook</b></p> <p>This booklet contains information about all of the CDC's services and the career planning process. It also includes internship/summer job guidelines, resume and cover letter examples, and interviewing tips. Be sure to pick one up at the CDC or view the online version at <a href="http://studentaffairs.stanford.edu/cdc/services/handbook">studentaffairs.stanford.edu/cdc/services/handbook</a>.</p>	<p style="text-align: center;"><b>Majors &amp; Careers Web Page</b> <a href="http://studentaffairs.stanford.edu/cdc/identify/exploring">studentaffairs.stanford.edu/cdc/identify/exploring</a></p> <p>The Majors and Careers Web page provides you with resources to help choose, and find out what you can do with, a particular major.</p>	<p style="text-align: center;"><b>Learn About Careers Web Page</b> <a href="http://studentaffairs.stanford.edu/cdc/research">studentaffairs.stanford.edu/cdc/research</a></p> <p>This site contains career field overviews compiled by the CDC's Career Counseling staff.</p>
<p style="text-align: center;"><b>Myers-Briggs Type Indicator &amp; Strong Interest Inventory</b></p> <p>These tools can help identify your personality preferences and help link your interests to jobs, work settings, and career fields. To take the Myers-Briggs and/or the Strong Interest Inventory, schedule an appointment with a career counselor.</p>	<p style="text-align: center;"><b>StrengthsQuest</b></p> <p>StrengthsQuest is a tool that can help you identify your natural talents in order to maximize your opportunities for success in a variety of settings. To take StrengthsQuest, schedule an appointment with a career counselor or register for the CDC's "What Drives You?" workshop.</p>	<p style="text-align: center;"><b>Guided Career Path</b> <a href="http://stanford.edu/dept/CDC/gcp/">stanford.edu/dept/CDC/gcp/</a></p> <p>The new Guided Career Path is an interactive, online tool that will move you through the career process and help you understand more about what you might be looking for in a major, internship or job. Included are interactive career exercises, steps, and tips.</p>