

# ACSR Studio - Spring Quarter 2008

(Subject to change due to special events)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30AM	Building Closed		Varsity Mens/Womens Golf 6:30-7:30	HIP: Yoga 8:00		HIP: Pilates Challenge 7:00-8:00	Building Closed
7:00AM				Mindful Yoga 7:00-8:00			
7:30AM							
8:00AM							
8:30 AM							
9:00AM							Club Sport: Taekwondo 9:00-12:00
9:30AM							
10:00AM	Special Events						Club Sport: Judo 12:00-2:00
10:30AM							
11:00AM							Open Mat 1:00-4:00
11:30AM							
12:00PM							
12:30PM							
1:00PM							
1:30PM							Open Mat 1:00-4:00
2:00PM							
2:30PM							
3:00PM							
3:30PM							
4:00PM							Special Events
4:30PM							
5:00PM							
5:30PM							
6:00PM							
6:30PM						Club Sport: Judo 5:00-9:00	
7:00PM							
7:30PM						Building Closed 9:00PM	
8:00PM							
8:30PM							
9:00PM							
9:30PM							
10:00PM						Building Closed 11:00PM	
10:30PM							
11:00PM							
11:30PM							
12:00AM							
12:30AM							
1:00AM	Building Closed 1:00AM						