

“Briefcase to Baby Carrier...and Back”
Finding the Balance Between Work and Family

Internet Resources

www.Bluesuitmom.com

(advice to help executive mothers balance work and family)

www.workoptions.com

(finding flexible work arrangements)

www.womans-work.com

(help with finding professional alternative work arrangements such as job-sharing, telecommuting, part-time work from home, etc.)

www.athomemothers.com

(balancing family, at-home work, and time for yourself)

www.workfamily.com (Work & Family Connection)

(work-life balance, studies and trend reports – worldwide information clearinghouse for work-life professionals)

www.en-parent.com (Entrepreneurial Parent)

(community and career resources for parents looking to balance work and family on their own terms)

www.fathersdirect.com

(resource for fathers interested in achieving work-family balance)

www.stanford.edu/dept/ocr/worklife/

(Stanford University Office helping you achieve a comfortable balance in your work, study, personal, and family lives)

