

What is occupational therapy?

Living Life To Its Fullest™

AOTA The American Occupational Therapy Association, Inc.

OCCUPATIONAL THERAPY

Occupational therapy is a health care profession that focuses on helping people of all ages regain, develop, or master everyday skills in order to live independent, productive, and satisfying lives.

Living Life To Its Fullest™

Independence Is Increased Through
Functional Activities That Are
Meaningful to the Individual.

Occupational Therapists Treat the
Whole Person!

Living Life To Its Fullest™

Where do occupational therapy practitioners work?

Living Life To Its Fullest™

AOTA The American
Occupational Therapy
Association, Inc.

O C C U P A T I O N A L T H E R A P Y

An OT practitioner could work in physical disabilities...

- Hospitals
 - Acute care
 - Inpatient rehab
 - Specialty units (e.g. spinal cord injury)
- Nursing homes
- Home health
- Work rehabilitation

Living Life To Its Fullest™

An OT practitioner could work in mental health...

- Psychiatric facilities
- Psychiatric units in hospitals
 - Adults or adolescents
- Community mental health programs
- Specialty units in nursing homes (e.g. dementia units)

Living Life To Its Fullest™

An OT practitioner could work in pediatrics...

- Schools
- Pediatric units in hospitals
 - Oncology, burn units, neonatal intensive care, etc.
- Hospital-based outpatient clinics
- Private clinics
- Private practice

Living Life To Its Fullest™

An OT practitioner could work in specialty areas such as...

- Hand therapy
- Driver rehabilitation
- Low vision rehabilitation
- Wheelchair seating
- Assistive technology
- Design & accessibility consultation

Living Life To Its Fullest™