

Lifting and Moving Fragile People

Eric E. Sabelman, PhD

Kaiser Permanente Medical Group, Dept of Neurosurgery, Redwood City, CA 94063 Formerly: VA Palo Alto Rehabilitation R&D Center

VA projects on patient handling

Acute spinal cord injury patient transport
 Recording motion during patient care:

 Acute SCI patients in kinetic bed
 Weight relief to prevent pressure sores

Acute SCI patient transport Goals:

stable cervical traction during in-hospital & aeromedical (helicopter) patient movement
 Compatible with CT scanner (later: MRI)

- Components:
 - Backboard wood, fiberglass, carbon fiber
 - Traction unit (CFTU) 4 iterations using constant-force springs

Support:

 Iocal VA Rehab R&D, Paralyzed Veterans of America

Spinal stabilization equipment



Miller board (commercial)

Collins traction on Stryker frame

Carbon fiber board + 3rd generation CFTU

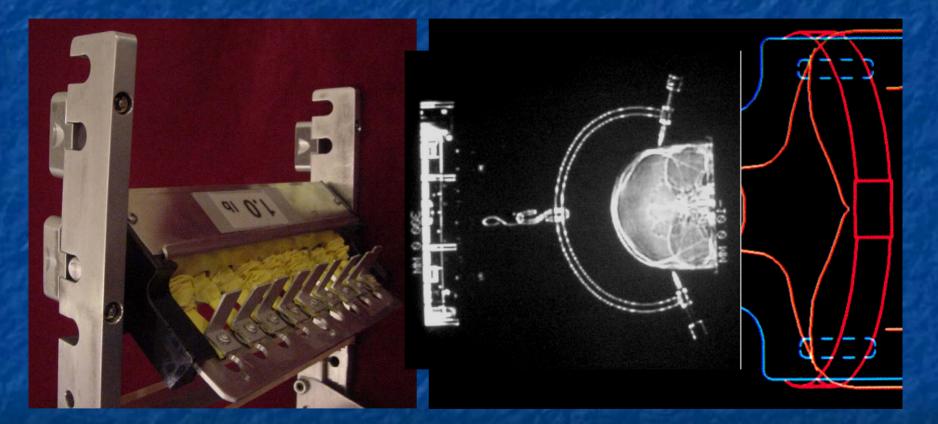
Design iterations



(above) wood board prototype 1982(right) fiberglass prototype 1986



CFTU Cervical Traction



2 to 9 2.5 lbf constant-force springs connected to Gardner-Wells skull tongs or halo

Testing of CFTU + C-fiber board

Loading simulated patient on Life Flight BK-117

Actual SCI patient arriving at Santa Clara Valley Medical Center



CFTU traction - Current status

In-hospital use by SCVMC Flight use by **REACH Air** Medical FDA license to manufacture MRI-compatible design done







Recording motion during SCI patient care

Goal:

Does motion environment put injured spinal cord at risk?

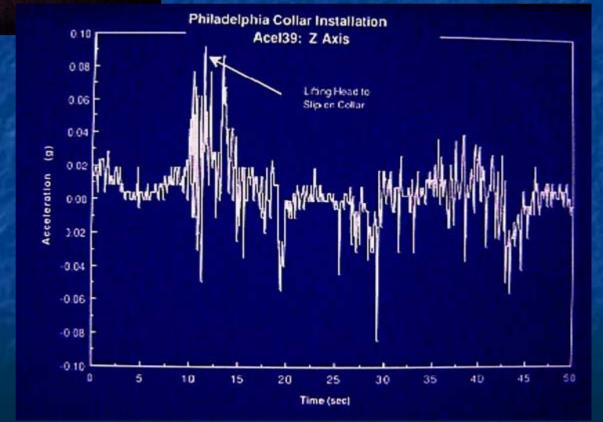
Method:

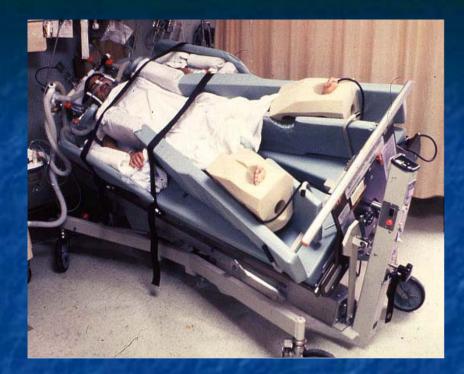
3-axis accelerometers at forehead and chest
Load cell in traction cable



Simulation of traction, turning & head restraint

(above) 1st generation CFTU (right) transient acceleration installing Philadelphia cervical collar nearly 0.1 g



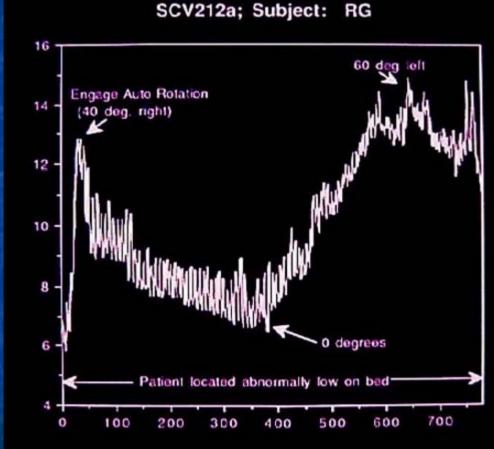


Continuous +/- 60° rotation
Prevents pressure sores, lung & venous complications
Stability of spine is at risk

SCI patient on "RotaRest" kinetic bed



Traction force on RotoRest bed



Force, Ib

Recording motion during inpatient or post-hospital skin care

Goals:

Prevent skin breakdown in SCI or frail individuals who need to monitor soft tissue pressure.

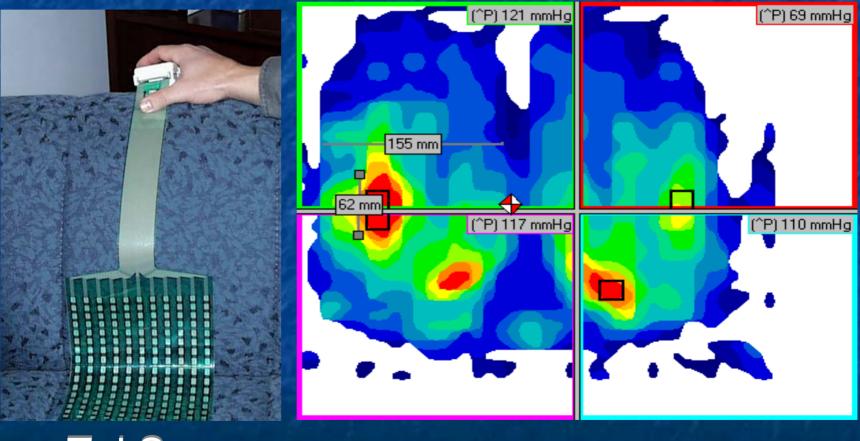
 Tell individual or caregiver if activity intended to reduce pressure sore or ulcer risk is correctly performed.

Method:

3-axis accelerometers on waist & edge of bed.

Pressure sensors under body segment not at risk.

Commercial seat pressure sensor arrays

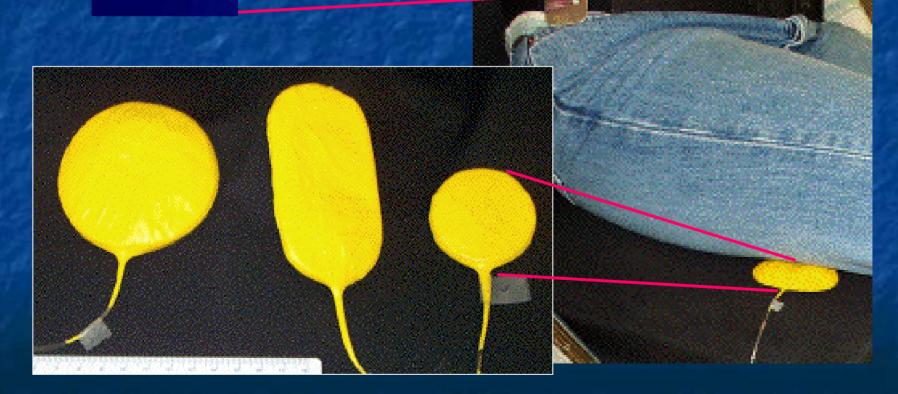


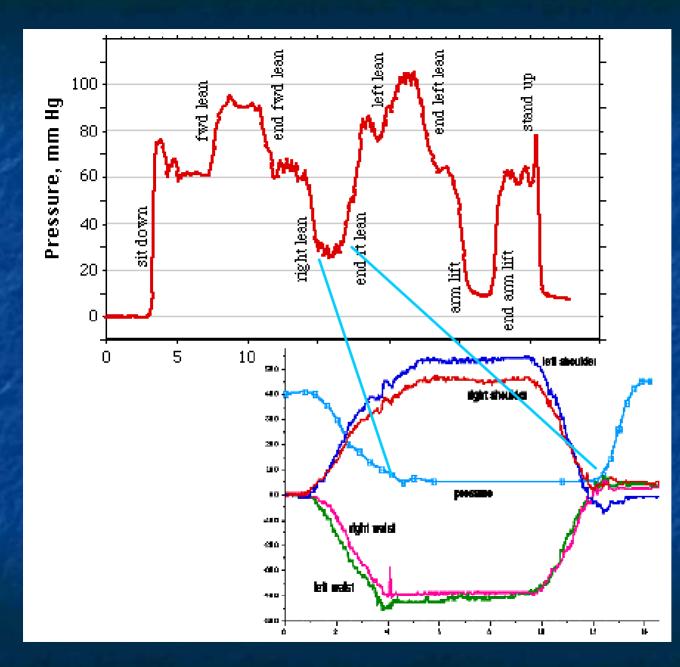
TekScan

Xsensor

Acceleration sensor & pressuresensing balloons







mid-thigh pressure during simulated weight relief activities

VA Long-Term Care residents require assisted pressure relief



Assisted turning (left) and axial shifting upon sitting up (right) were done using a draw-sheet.

Pressure/motion monitoring Current status

VA released intellectual property to inventors. 4th generation wearable computer designed. Preliminary patent for analysis algorithm filed. Possible integration with telemedicine system. Pressure sensors adapted for measuring pressure under tourniquets for snakebite treatment.

