The Transdisciplinary Team: Bridging the Gap between Consumer and Products in Rehabilitation Medicine

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## **Occupational Therapist**

- Assisting people people who are unable to function independently or are not functioning as independently as possible in the areas of daily living, work, play, and leisure.
- Independence is increased through functional activities that are meaningful to the individual.
- > Occupational Therapists treat the whole person!

## The Transdisciplinary Team

Consumer Family/Tutor/Caregiver **Rehabilitation Counselor** Director **Orientation Coordinator** Service Coordinator Fabrication/Adaptation Technician Teachers/Professors/Special Educators **Training Coordinator Physical Therapists Prosthetists** 

**Computer Engineer Occupational Therapist** Speech-Language Pathologist Assistive tech Specialist for Blind/Low Vision Medical Consultants/Nurse Practitioners Administrative Assistant/Secretaries **AT Equipment Venders/Employers** Audiologists/hearing device specialist Social Workers

## **Transdisciplinary Team Philosophy**

- > The person is what is important to the transdisciplinary team.
- Life circumstances are taken into account during the treatment process.
- The person's wants, needs and desires, for recovery are what the team will address.
- The treatment goals are developed by the rehab team in conjunction with the individual and their significant.

• Will allow the individual to:

> Discharge to home

> Return to independent activities of daily living

• Will allow the individual to:

> Discharge to home

Return to independent activities of daily living Mobility

• Will allow the individual to:

> Discharge to home

Return to independent activities of daily living Mobility Self Care

• Will allow the individual to:

> Discharge to home

Return to independent activities of daily living Mobility Self Care Communication

• Will allow the individual to:

> Discharge to home

 Return to independent activities of daily living Mobility
Self Care
Communication
Leisure

• Will allow the individual to:

> Discharge to home

 Return to independent activities of daily living Mobility Self Care Communication Leisure Vocation

## Levels of Assistive Technology: Some Practical, Working Definitions

- Assistive technology devices can be classified by levels of technology and life skill areas.
- Devices can also be classified by the level of technical training that the user requires to implement the equipment.

## Levels of Assistive Technology: Some Practical, Working Concepts

Low tech devices: equipment that is easy to use and do not require electrical power. Users may require a short training period in order to learn how to use them. For example a non-electronic communication board.

Levels	Characteristics	Examples
Low-tech	Strategies, methods and/or techniques that rely primarily on user's ability to move or utilize various body parts	Sign language; finger spelling Knocking on a door Scooting up and down steps in modified way
	Unaided or endosomatic	Eye or finger pointing
	Can be free, no expense	Tapping or squeezing hand
	Commonly transparent or translucent in use	Vocalizing and speaking

## Levels of Assistive Technology: Some Practical, Working Concepts

Middle or Elementary tech devices: they include most battery-operated devices. User requires a moderate training period in order to manipulate them. Some examples of middle tech devices are visual aids such magnification and environmental control devices.

#### Levels

Middle/ elementary

#### Characteristics

Incorporates strategies, methods, and/or techniques, as above, with relatively simple materials and equipment commonly found in living and working environments

Can rely on off-the-shelf, inexpensive consumer technologies

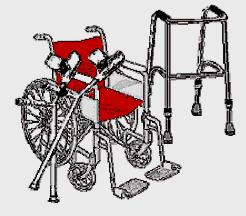
Commonly simple; transparent or translucent in use

#### Examples

Handwriting with pen or pencil Modified eating utensils Picture or symbol communication boards Adjustable or reclining chair

Elevated or adjustable countertops Basic wheelchair; stroller

Modified knobs on faucets



## Levels of Assistive Technology: Some Practical, Working Concepts

High tech devices: include complex and programmable equipment, such as an augmentative communication device or a computer that can be operated by eye-gaze control. These items require specific training in order for the user to take full advantage of their capabilities.

#### Levels

#### High-tech

#### Characteristics

AT user integrated with complex, typically expensive electronic, mechanical, and/or hydraulic technologies to accomplish user's purposes

Complex combinations of above technologies

Commonly translucent or opaque in use

#### Examples

Sending a fax or e-mail Operating a speech-output computer Operating a motorized wheelchair

Using an electric stair lift Modified controls and lifts for car or van

Voice-operated ECU

# Steps needed to issue an assistive device

- Selection of a device for an activity
- Site and method of instruction
- > Time to introduce device during hospitalization
- Reinforcement of its use
- Written justification to insurance company

## **Equipment suitability**

- Age
- Gender
- Perception of self
- Culture
- Support
- Pre prescription home visit

# Instruction in the use of the assistive device

Repetition is key

Types of instructional demonstration practicing actual skills in hospital environment written video

## Reinforcement

Transition of skills to community/home environment

Follow-up

Support groups

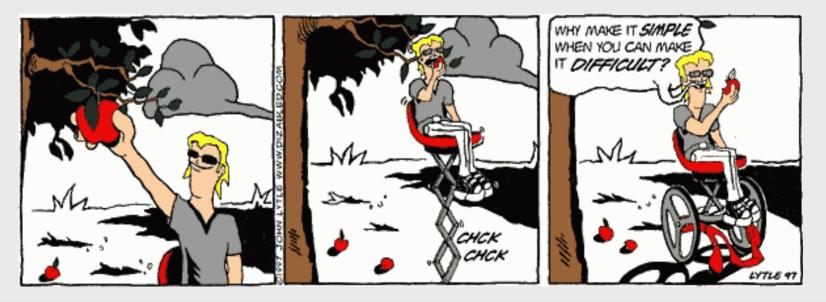
Refresher training may be necessary

## Who pays?

- User
- Insurance
  - Private
    - managed care fee-for-services
  - Medicare
- VA

## Other factors associated with nonuse of assistive devices

- Too many devices!
- Change in habits to make ADLs easier



# Access to equipment and rehabilitation services

(Bingham and Beatty, 2003)

>50% needed assistive equipment in last 12 months 30% were unable to get needed equipment

40% needed rehab services in last 3 months >50% did not receive those services