# Adaptive Modulation and Adaptive MQAM. Impact of Finite Constellations.

### Lecture Outline

- Introduction to Adaptive Modulation
- Variable-Rate Variable-Power MQAM
- Optimal Rate and Power Adaptation
- Impact of Finite Constellation Size

#### 1. Introduction to Adaptive Modulation

- Basic idea: adapt at transmitter relative to channel fade level (borrows from capacity ideas).
- Parameters to adapt (degrees of freedom) include constellation size, transmit power, instantaneous BER, symbol time, coding rate/scheme, and combinations.
- Optimization criterion for adaptation is typically maximizing average rate, minimizing average power, or minimizing average BER.
- Few degrees of freedom need be exploited for near-optimal performance.

#### 2. Variable-Rate Variable-Power MQAM

- Constellation size and power adapted to maximize average throughput given an instantaneous BER constraint.
- BER bound  $\text{BER}(\gamma) = .2 \exp[-1.5\gamma P(\gamma)/((M-1)\overline{S})]$  inverted to get adaptive constellation size  $M[\gamma]$  below with  $K = -1.5/\ln(5 \cdot \text{BER})$  that meets the BER constraint for any adaptive power policy  $P[\gamma]$ :

$$M[\gamma] = 1 + \frac{-1.5\gamma}{-ln(5 \cdot \text{BER})} \frac{P(\gamma)}{\overline{P}} = 1 + K\gamma P(\gamma)/\overline{P}.$$

#### 3. Optimal Rate and Power Adaptation for Maximum Throughput

- Optimal power adaptation  $P(\gamma)$  found by maximizing average throughput  $E[\log_2(M[\gamma])] = E[\log_2(1 + K\gamma P(\gamma)/\overline{P})]$  relative to  $P(\gamma)$ .
- Optimal power adaptation is the same waterfilling as the capacity-achieving strategy with an effective power loss K.
- Optimal rate adaptation found by substituting optimal power adaptation into  $M(\gamma)$ , yielding  $R(\gamma) = \log_2(\gamma/\gamma_K), \gamma > \gamma_K$ , where  $\gamma_K$  is cutoff value for the water-filling power policy.
- Same optimal power and rate adaptation as the capacity-acheiving strategies with an effective power reduction  $K = -1.5/\ln(5 \cdot \text{BER})$ . Throughput is within 5-6 dB of channel capacity.
- Different modulations and BER bounds result in different adaptive policies.

#### 4. Finite Constellations

- Constellation restricted to finite set  $\{M_0 = 0, M_1, \dots, M_{N-1}\}$
- Divide the fading range of  $\gamma$  into N discrete fading regions  $R_j$ .
- Within each region "conservatively" assign constellation  $M_j : M_j \leq M(\gamma) \leq M_{j+1}$ , where  $M(\gamma) = \gamma/\gamma_K^*$  for some optimized  $\gamma_K^*$ .
- Power control based on channel inversion; maintains constant BER within region  $R_i$ .
- Using large enough constellation set results in near-optimal performance.
- Additional power penalty of 1.5-2 dB if each constellation restricted to a single transmit power.

## Main Points

- Adaptive modulation varies modulation parameters relative to fading to improve performance (throughput, BER, etc.).
- Optimizing adaptive MQAM leads to the same variable-rate and power policy that achieves channel capacity, with an effective power loss K. Comes within 5-6 dB of capacity, and this gap can be bridged through coding.
- Restricting the size of the constellation set in adaptive modulation leads to negligible performance loss.